

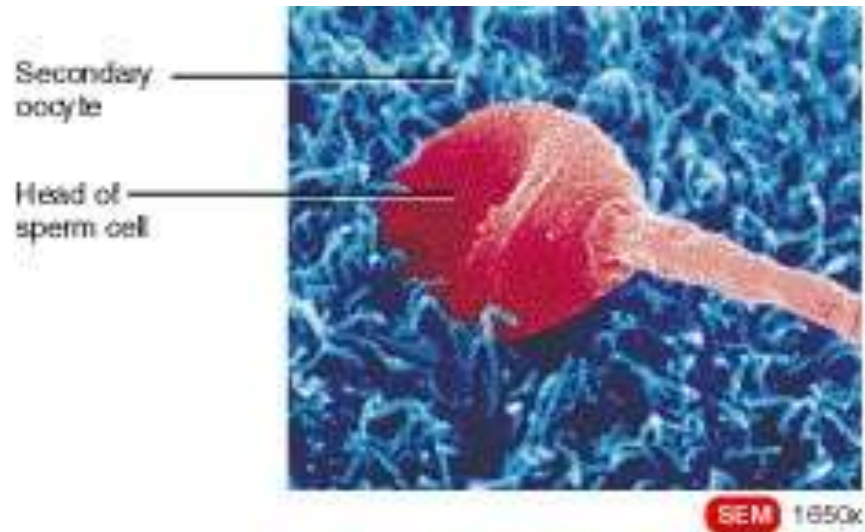
GUYTON AND HALL. 13TH EDITION

Reproductive System

Male: P996-1021-1026, 1028-1033

Female: 1037-1051, 1055-1061, 1066-1068

Fig. 29.01b



(b) Sperm cell in contact with a secondary oocyte

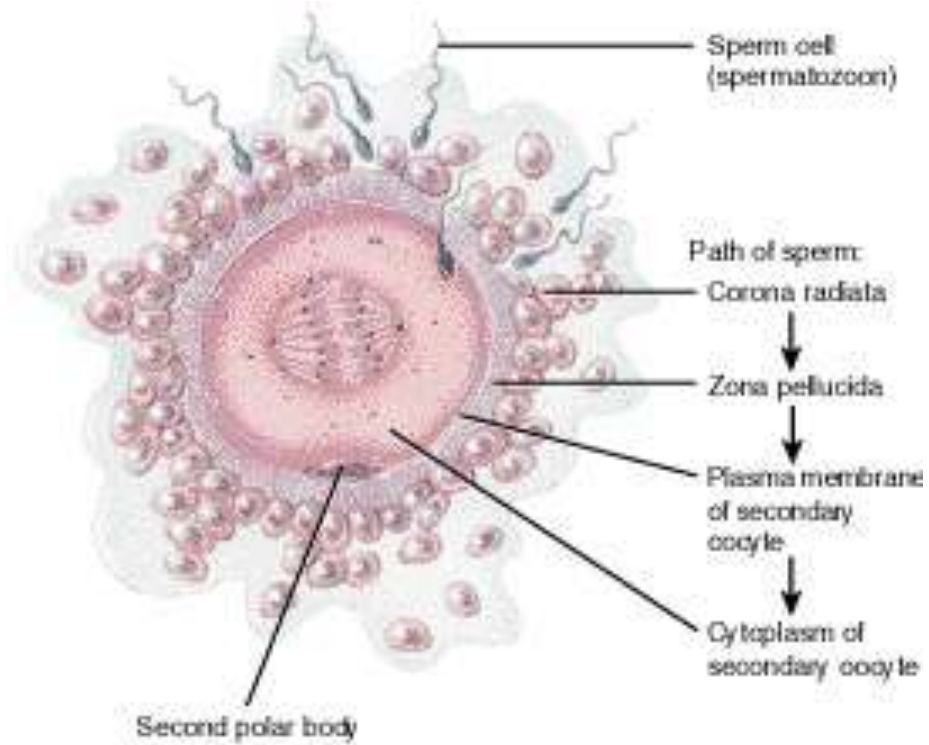


shape and motility are important

Copyright © The McGraw-Hill Companies, Inc. Permission required for reproduction or display.



Fig. 29.01a



(a) Sperm cell penetrating a secondary oocyte

Fig. 29.01c



Pronuclei

(c) Male and female pronuclei

Fig. 29.02

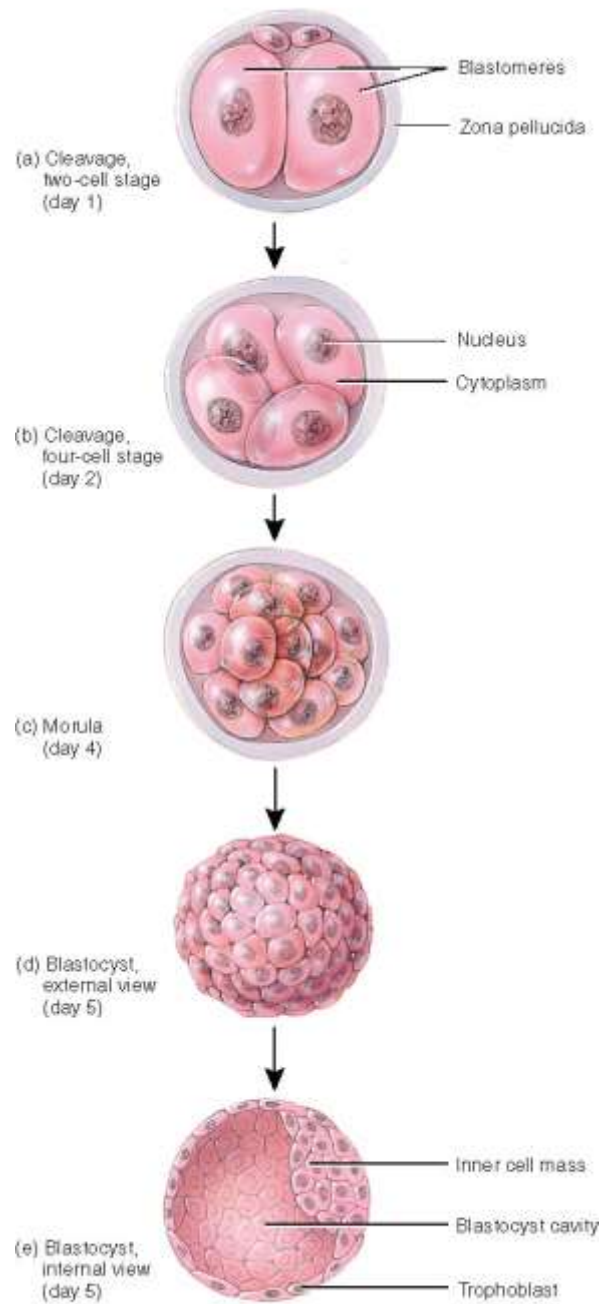
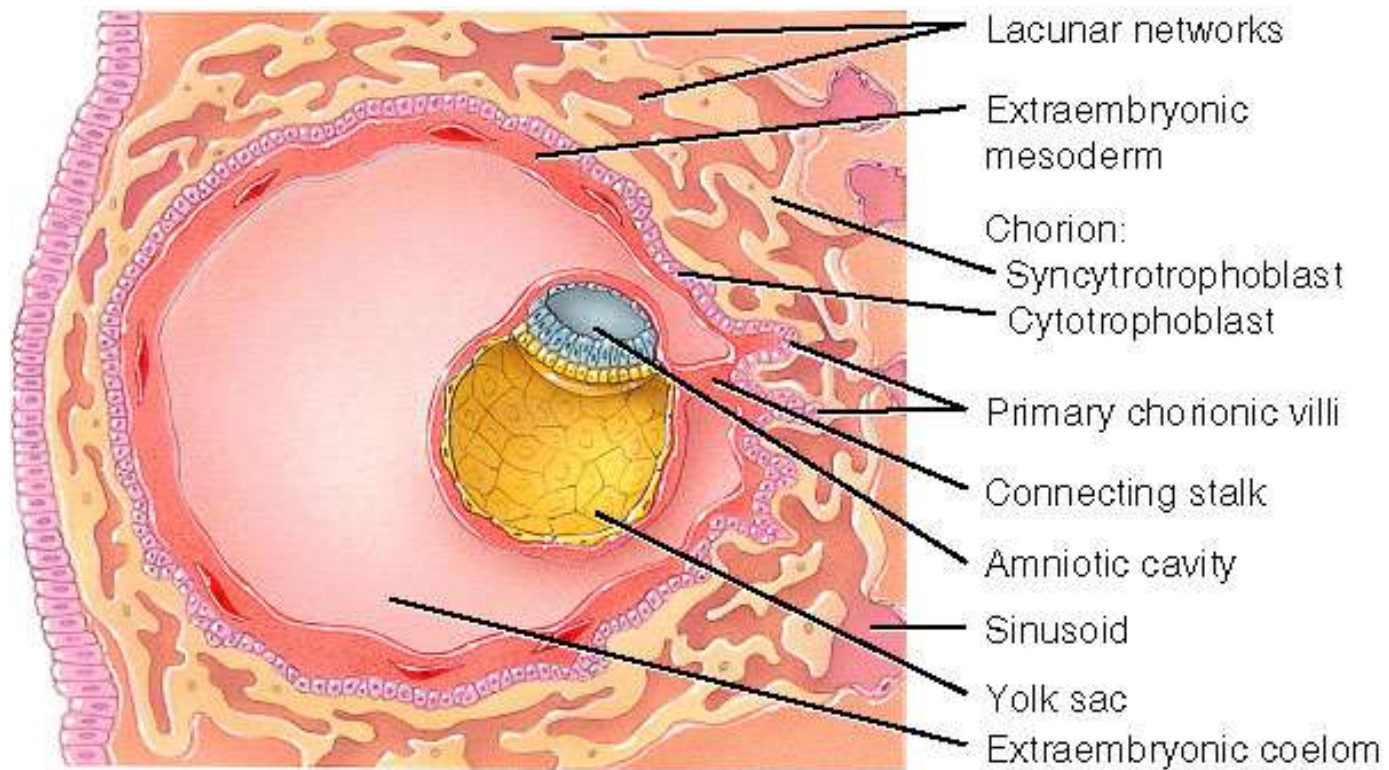


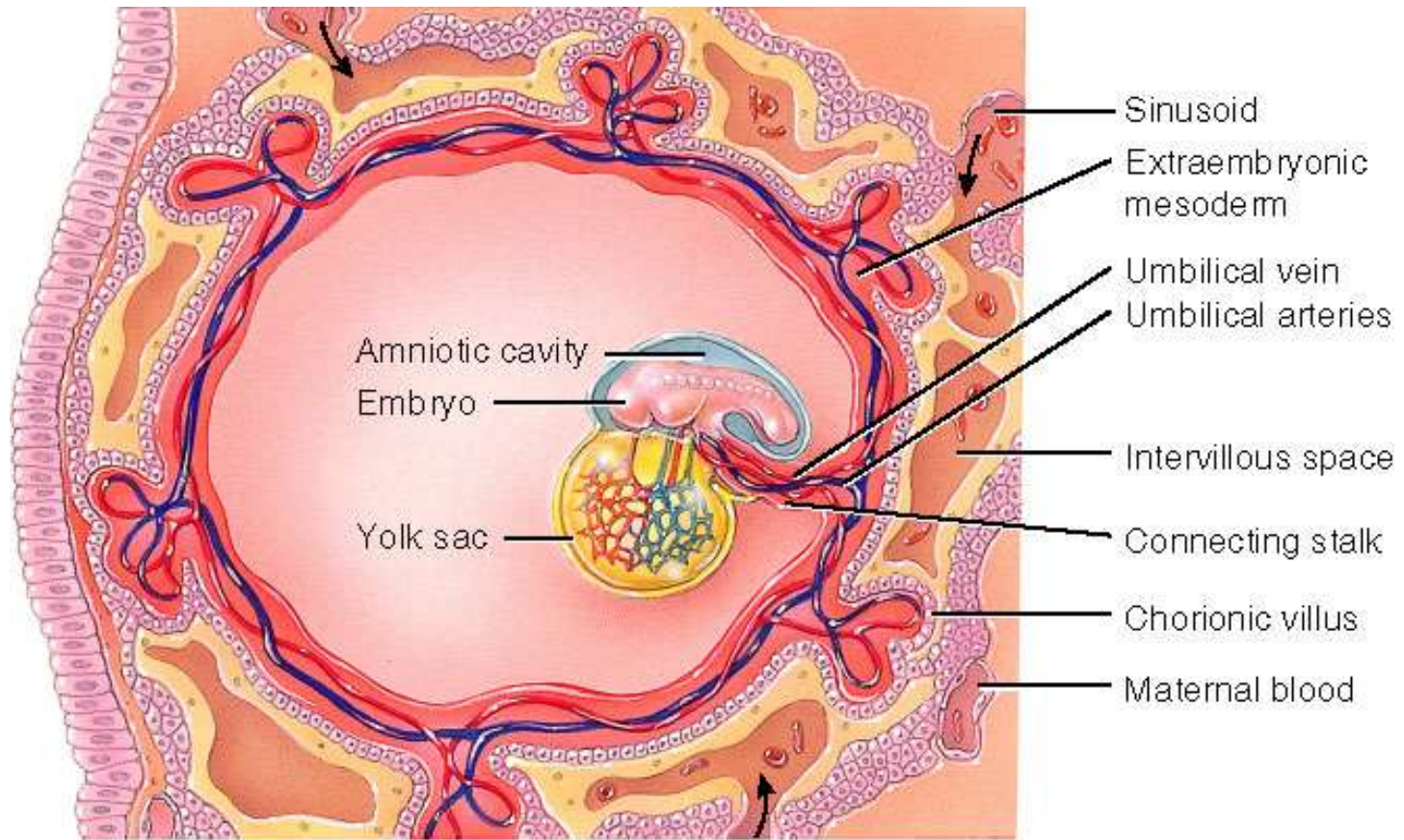
Fig. 29.10a



(a) Transverse section of blastocyst, about 13 days after fertilization

29.10a

Fig. 29.10c

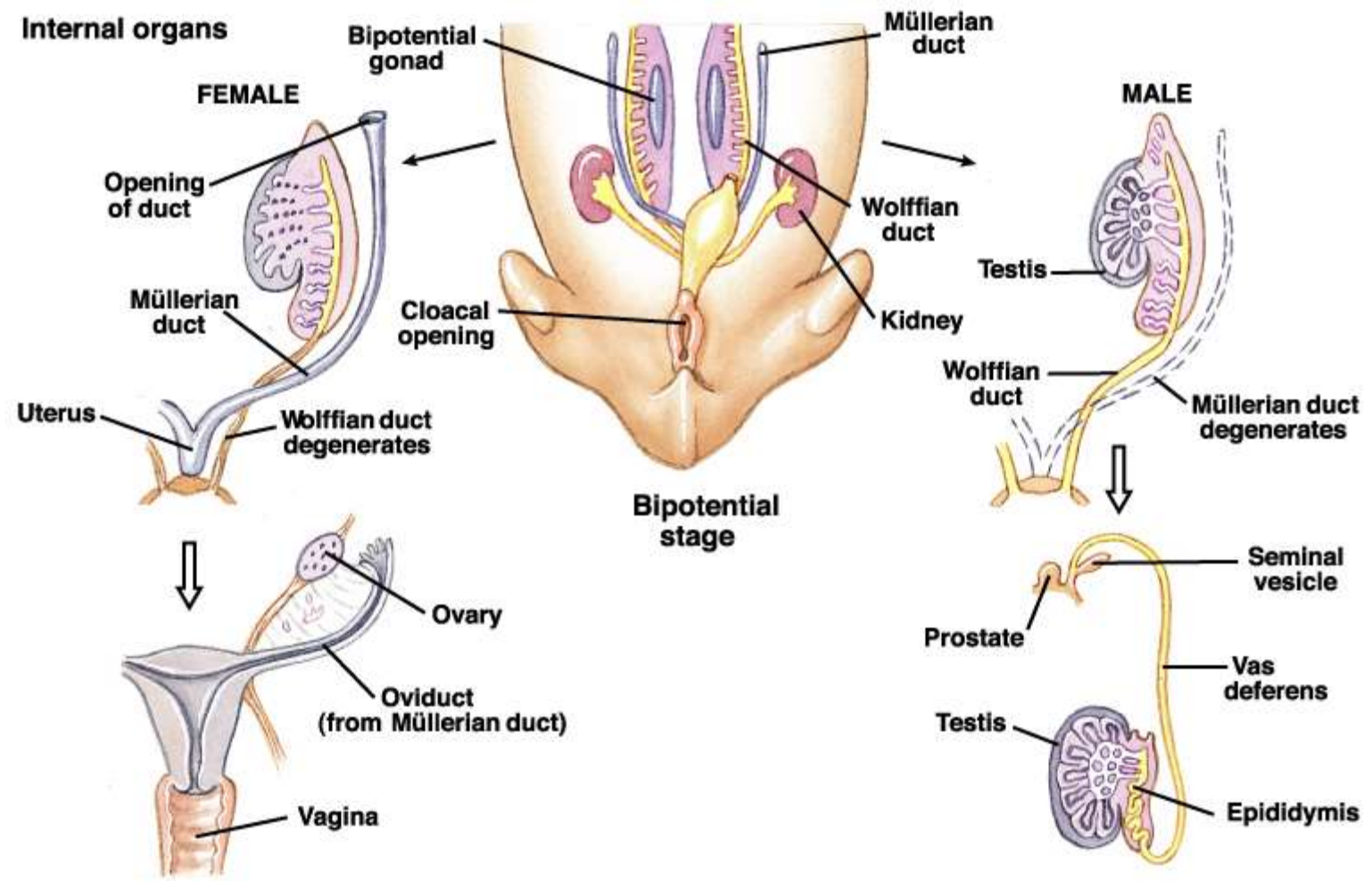


(c) Transverse section of an embryo and its vascular supply, about 21 days after fertilization

Fig. 29.T02



Internal organs



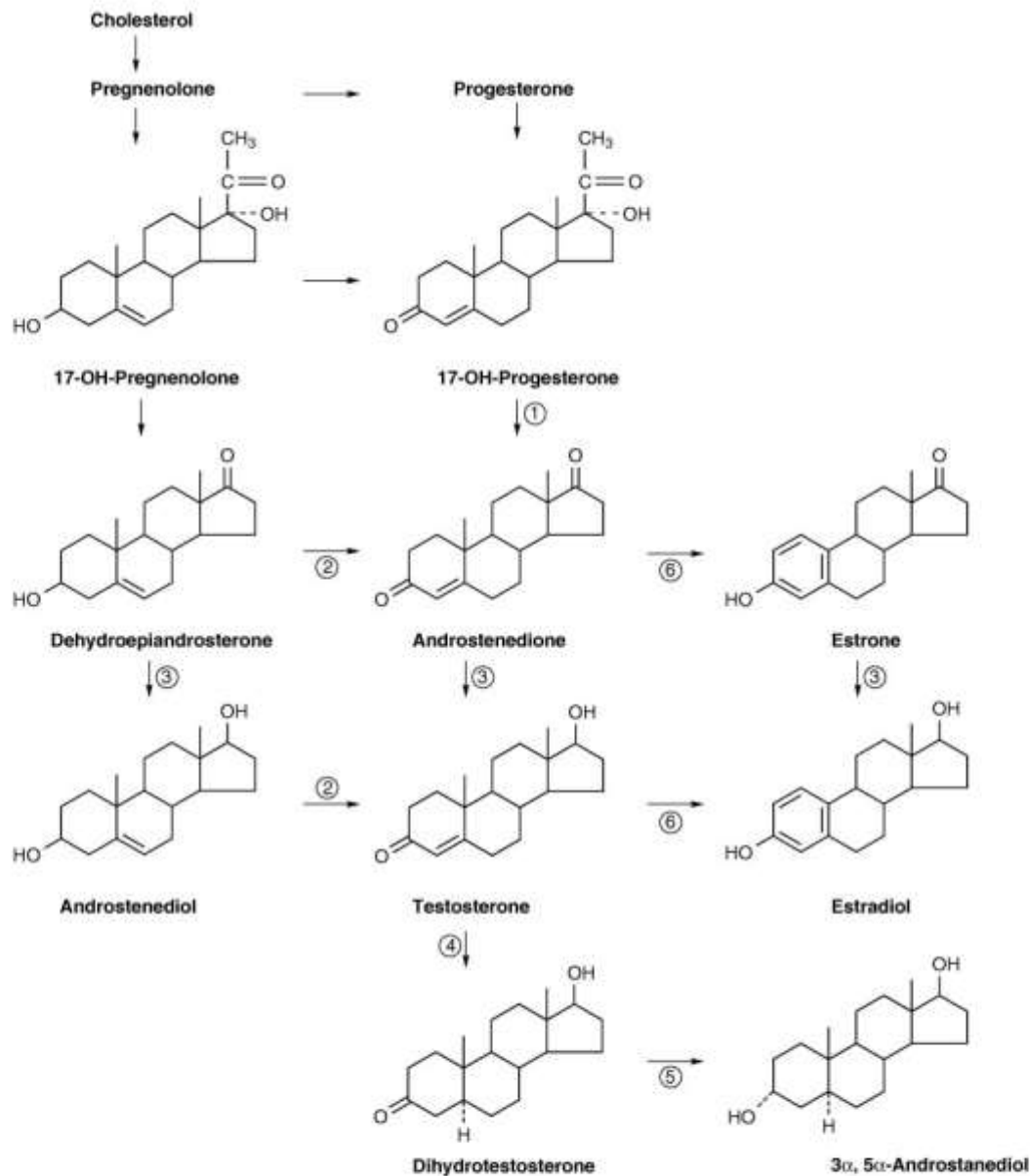
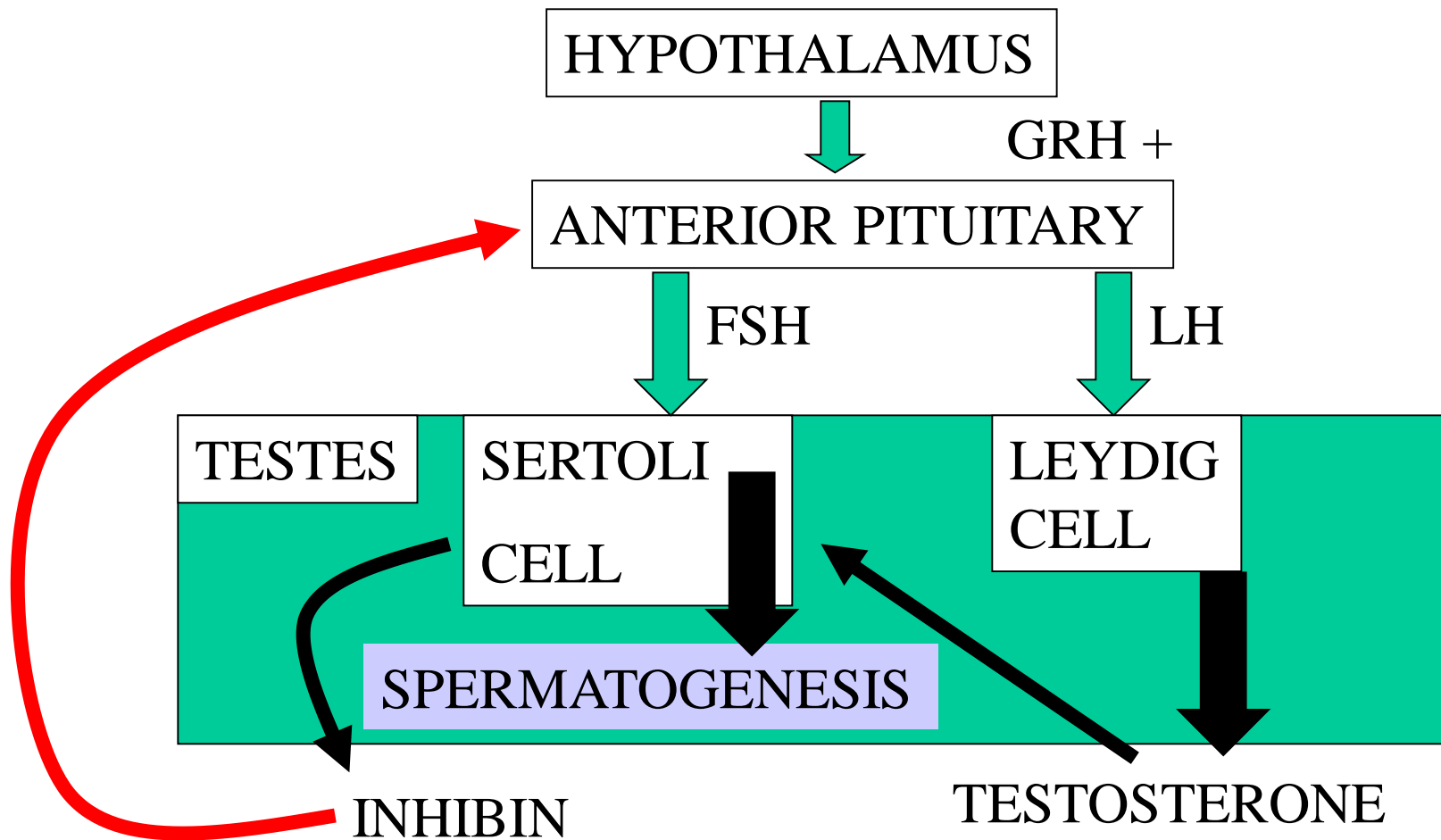
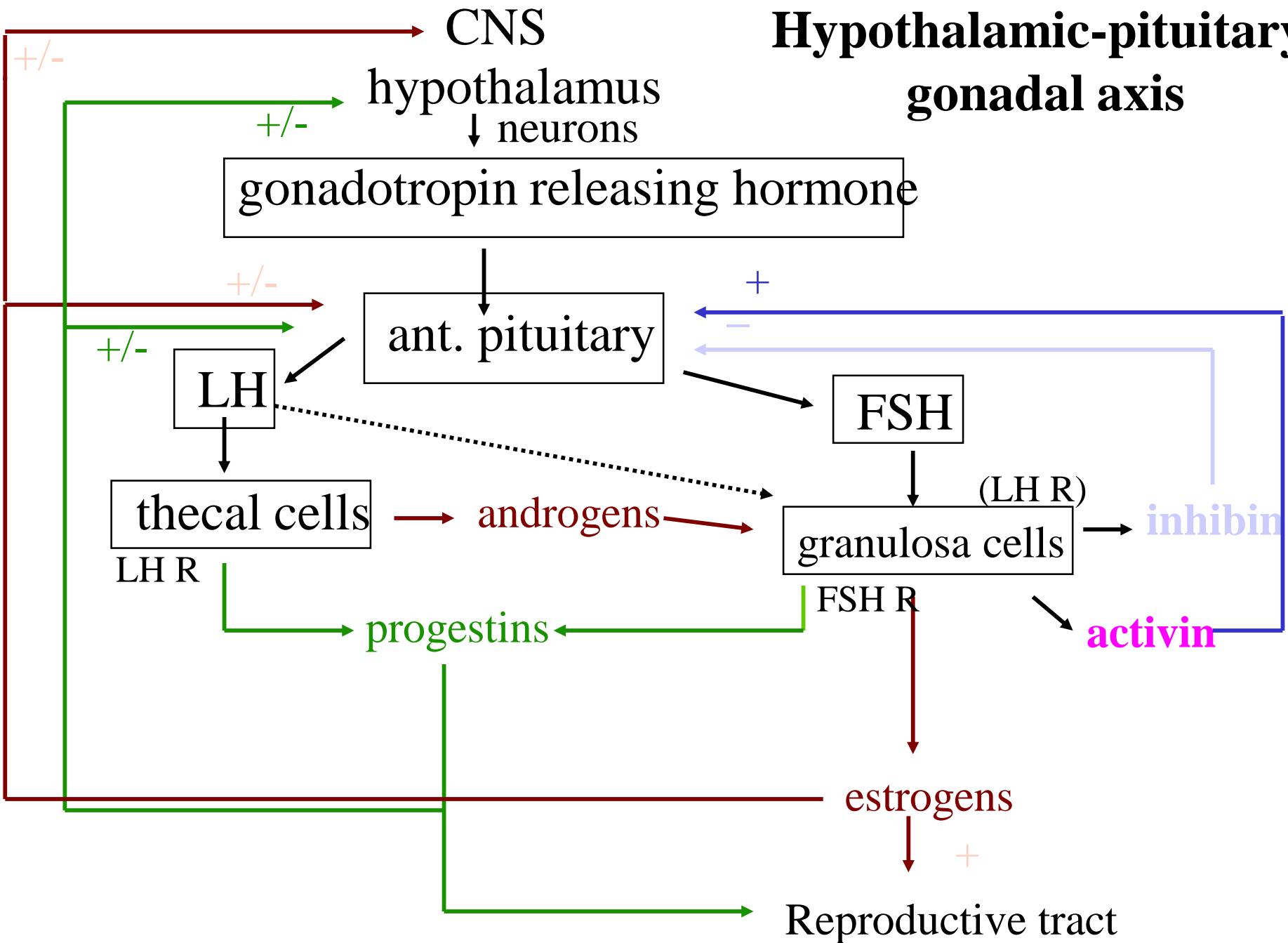


Figure 23.39. Conversion of cholesterol to sex hormones.

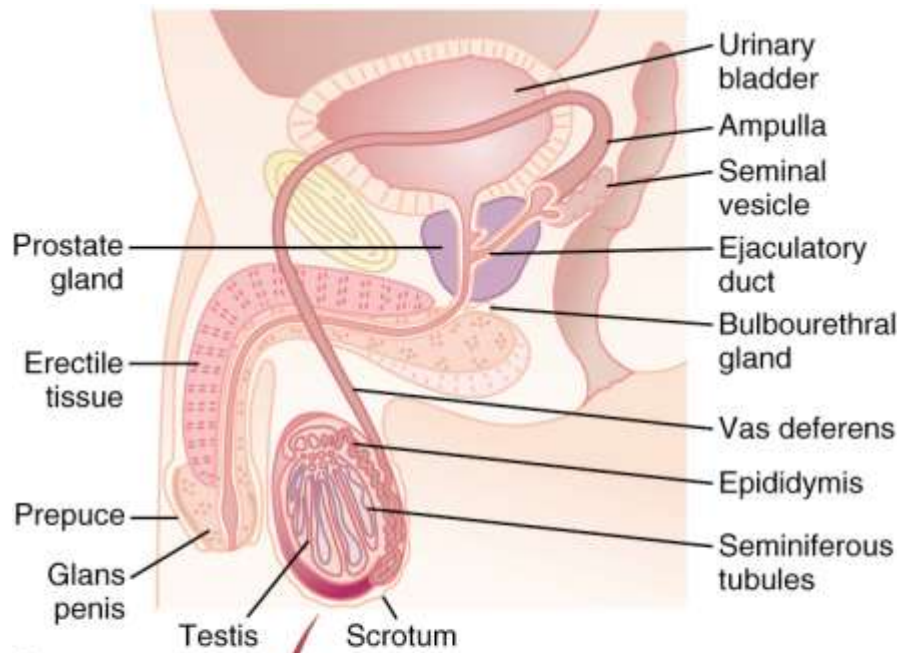
CONTROL OF TESTICULAR FUNCTION



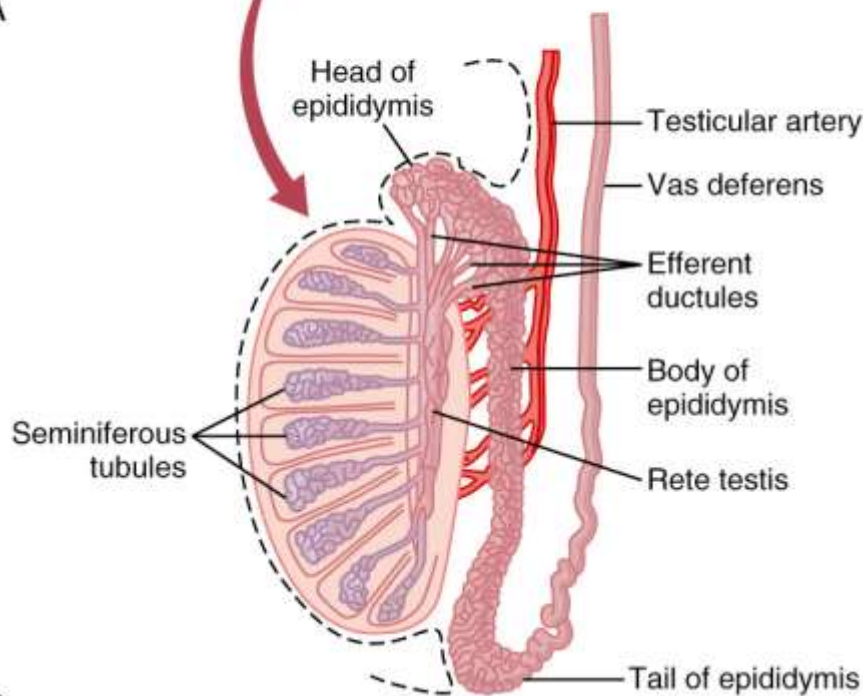
Hypothalamic-pituitary-gonadal axis



Male Reproductive System



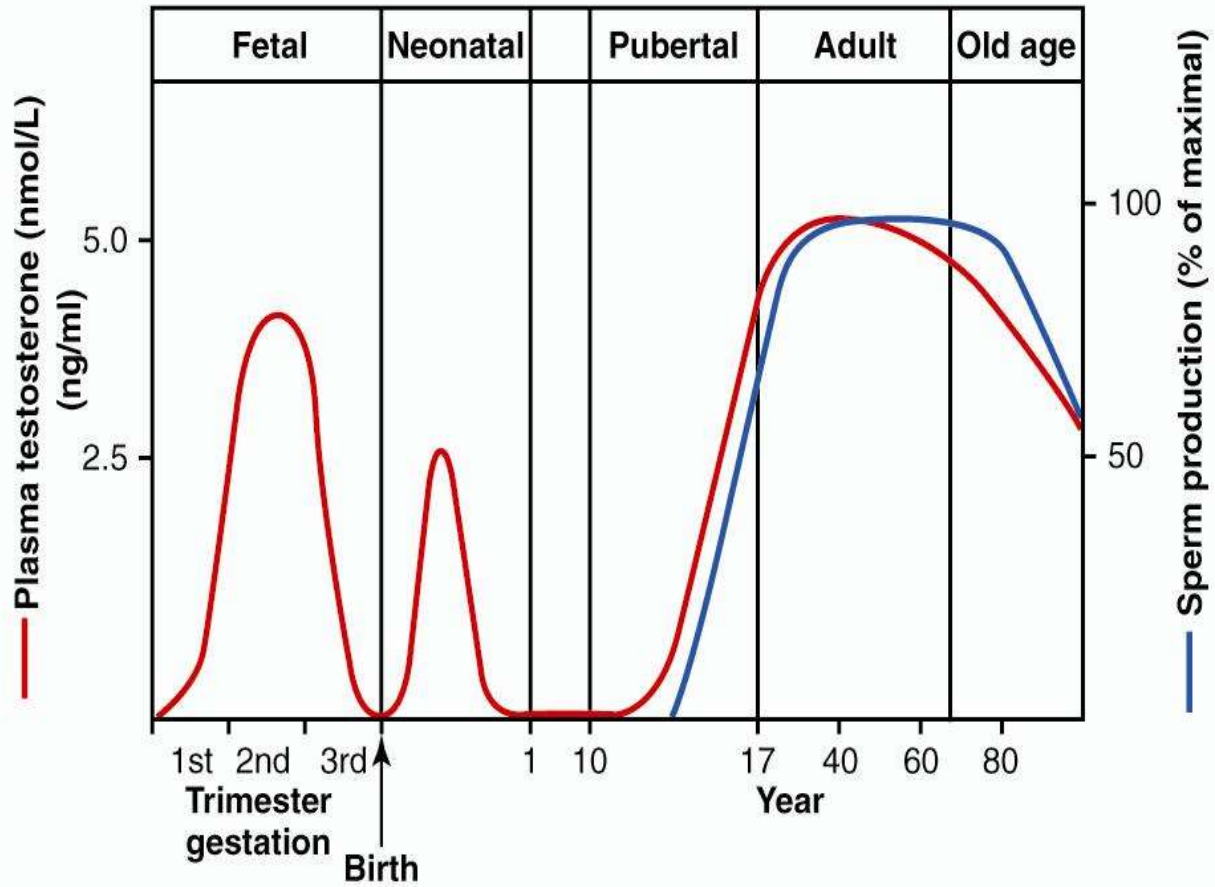
A



B

HORMONES

GERM CELL



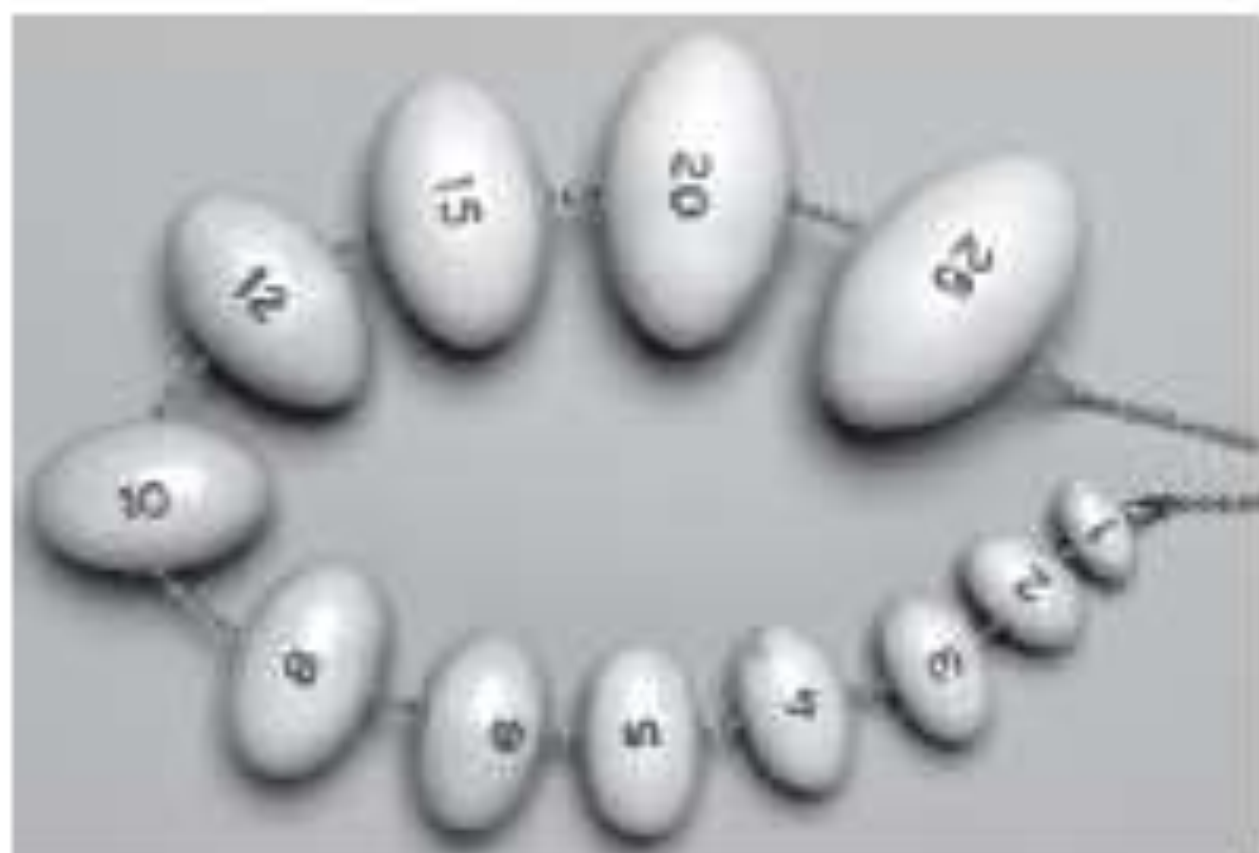
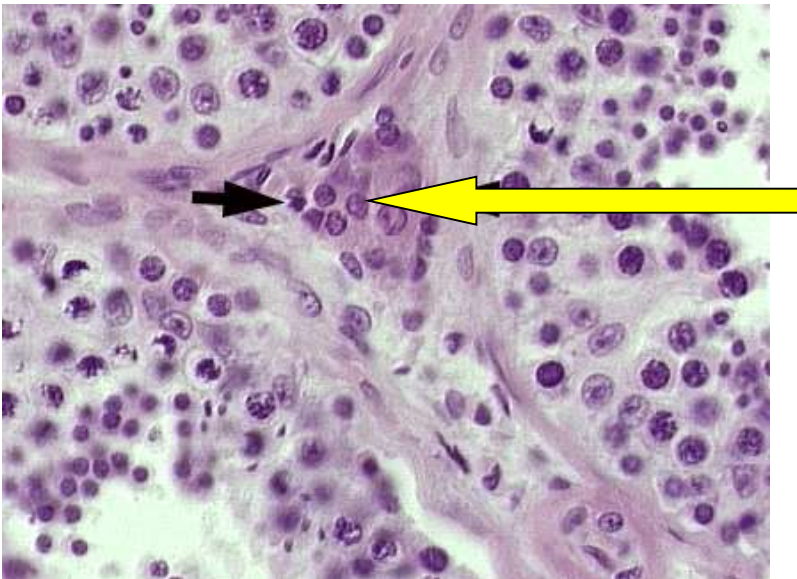
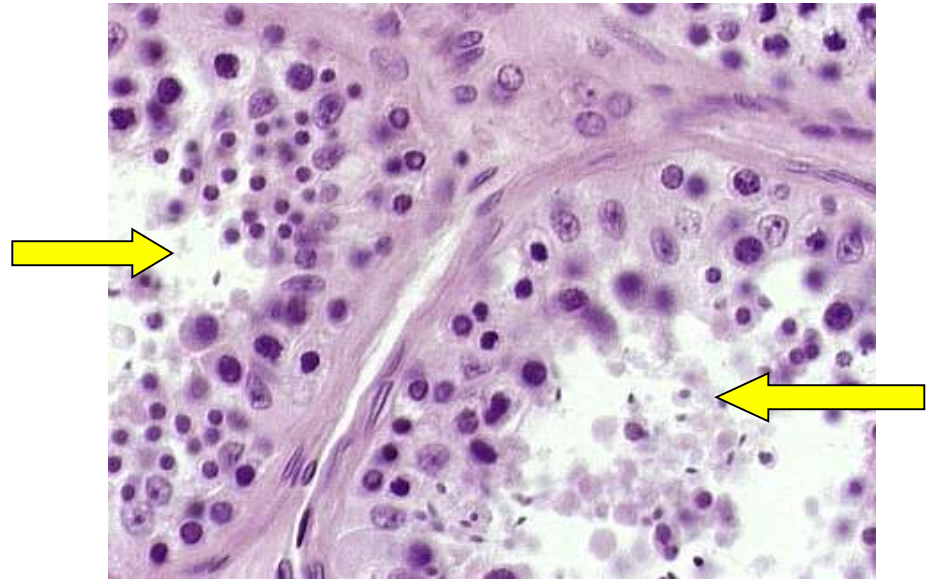


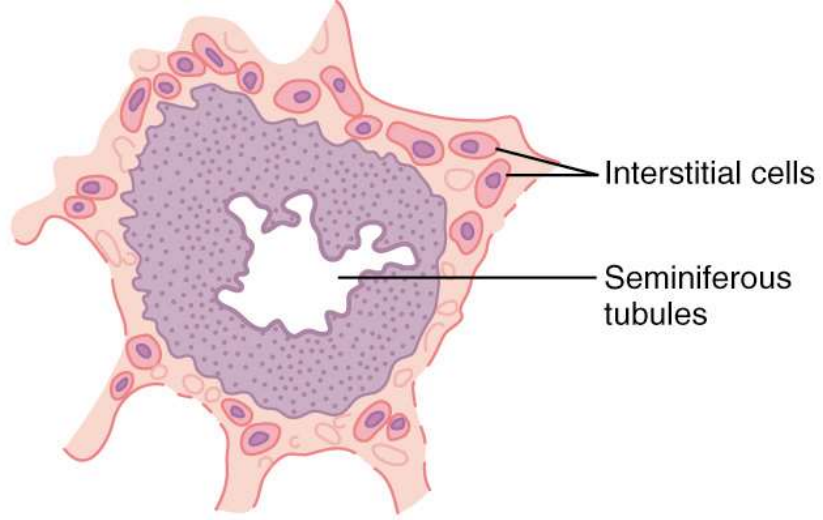
Fig. 5. A Prader orchidometer for measuring testicular volume.

Testis Cross Section

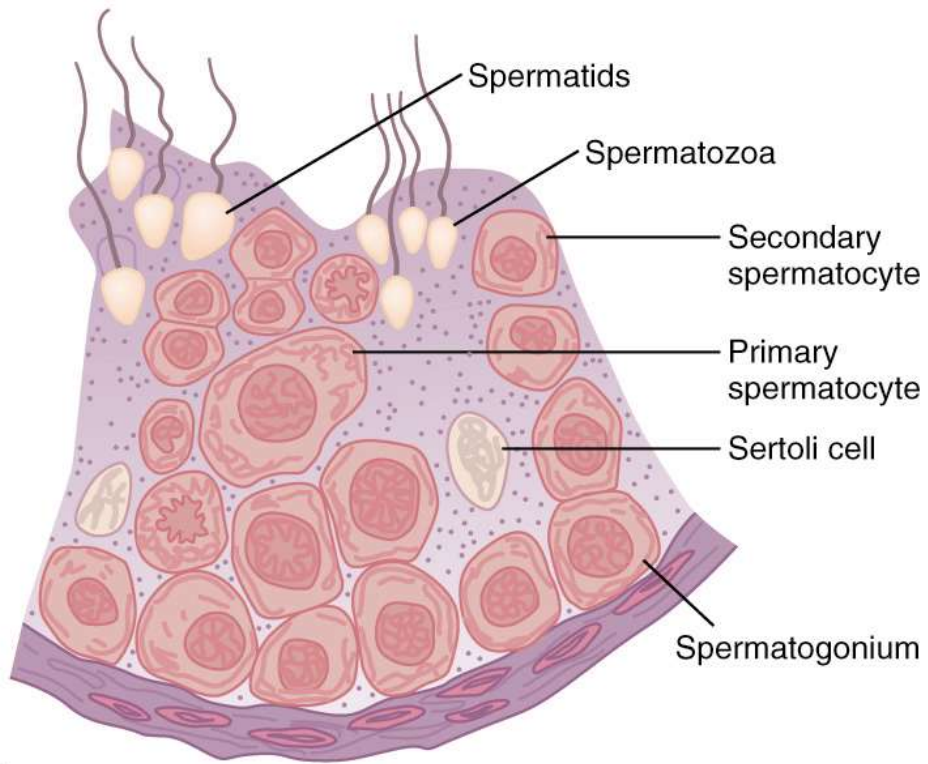


Interstitial Cells

Produce Testosterone

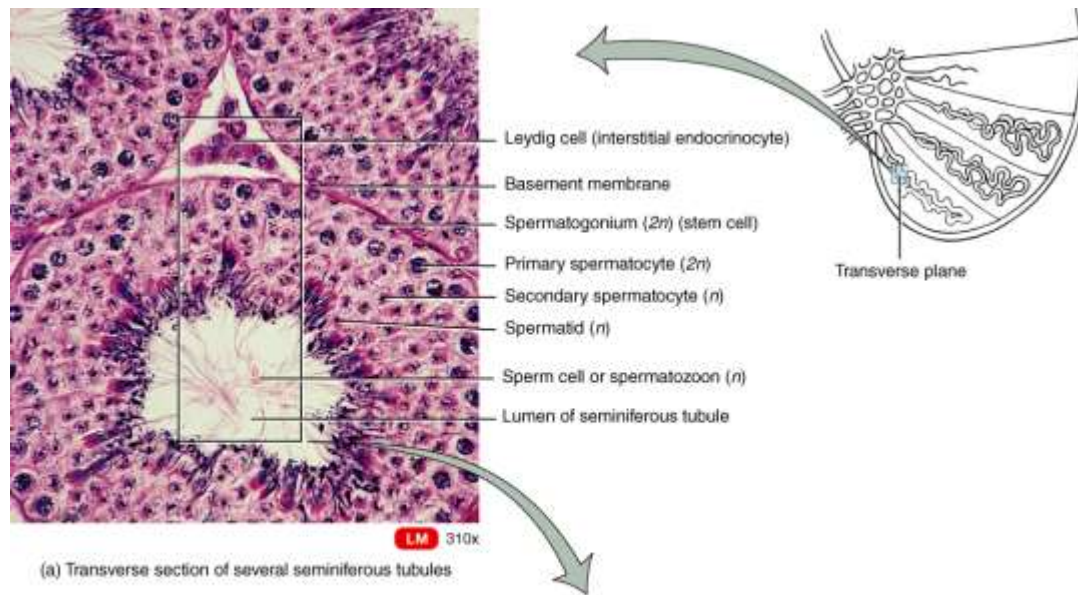


A

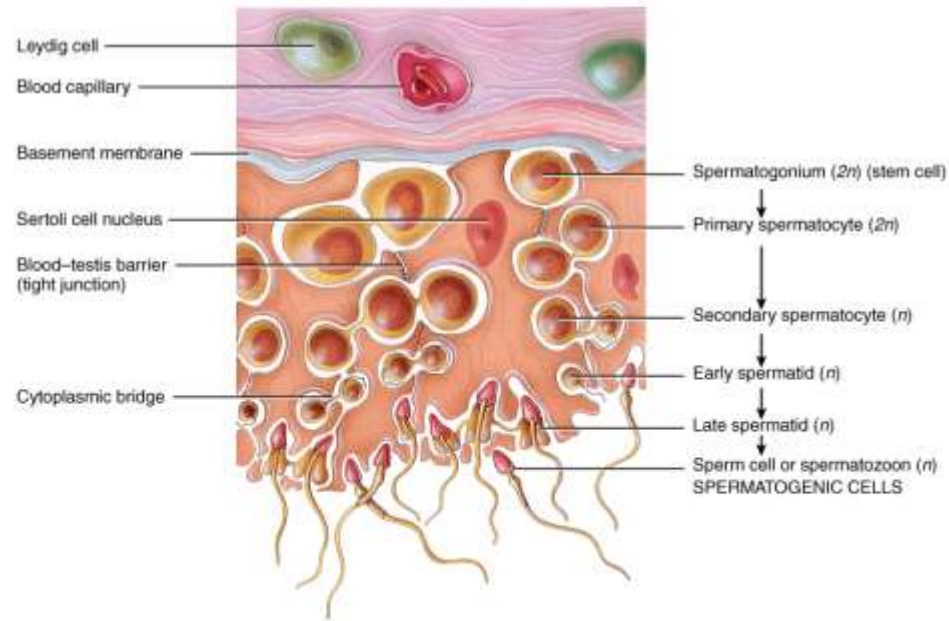


B

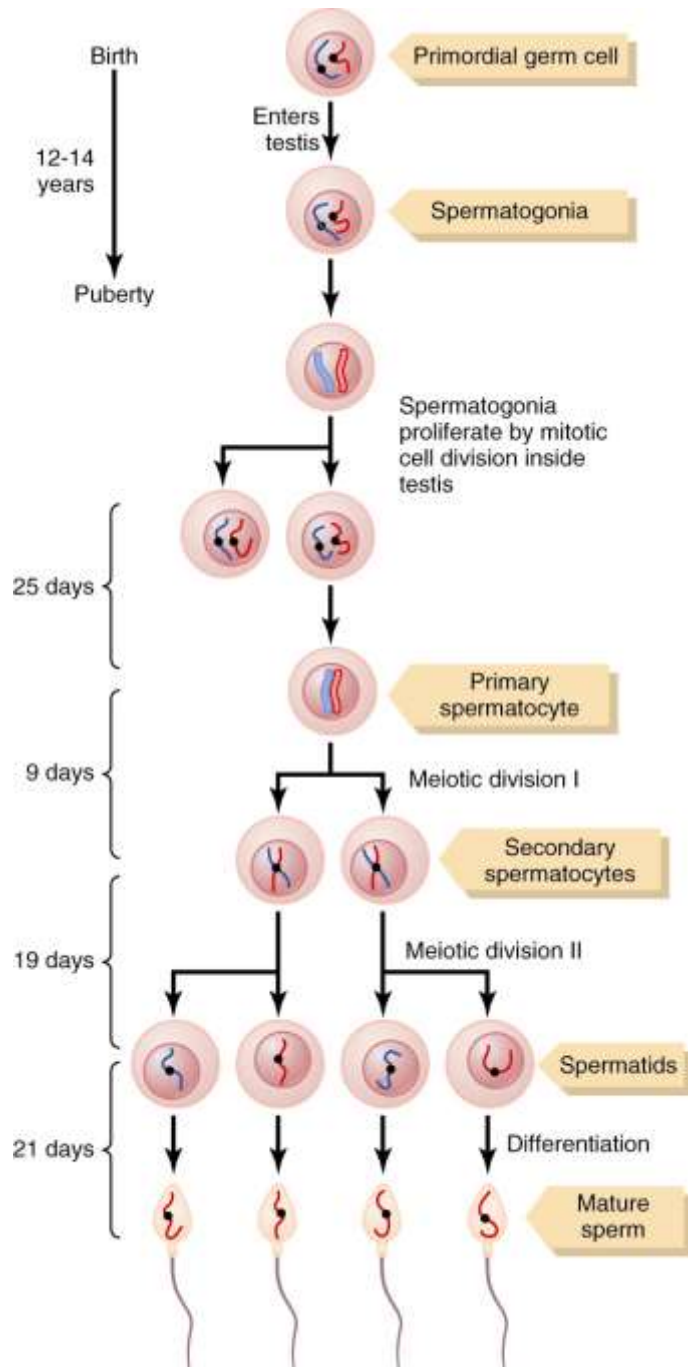
Fig. 28.06



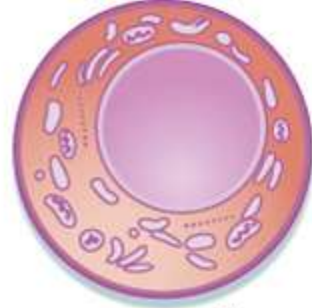
(a) Transverse section of several seminiferous tubules



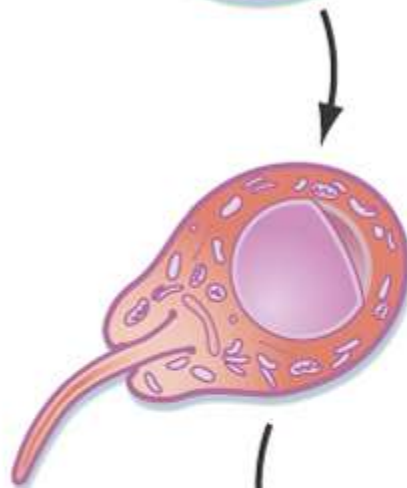
(b) Transverse section of a portion of a seminiferous tubule



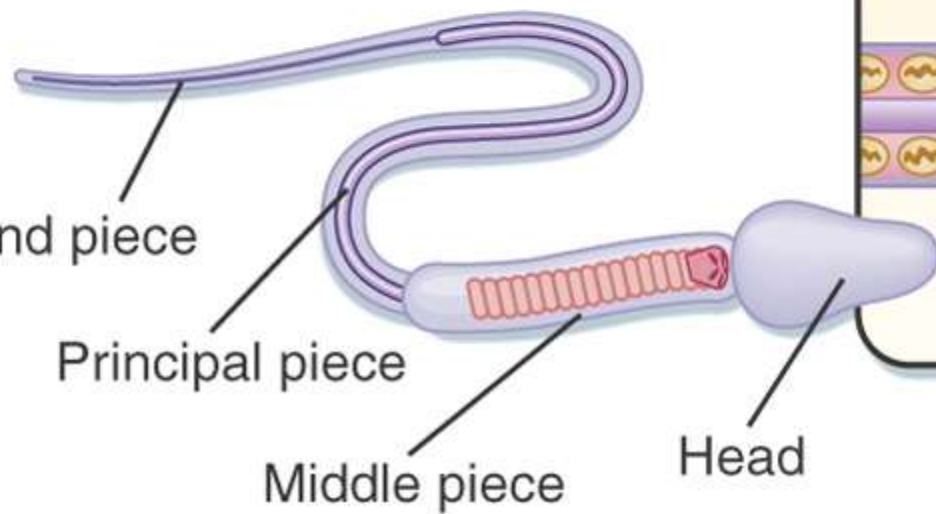
Cell Divisions During Spermatogenesis



Spermatocyte



Spermatid



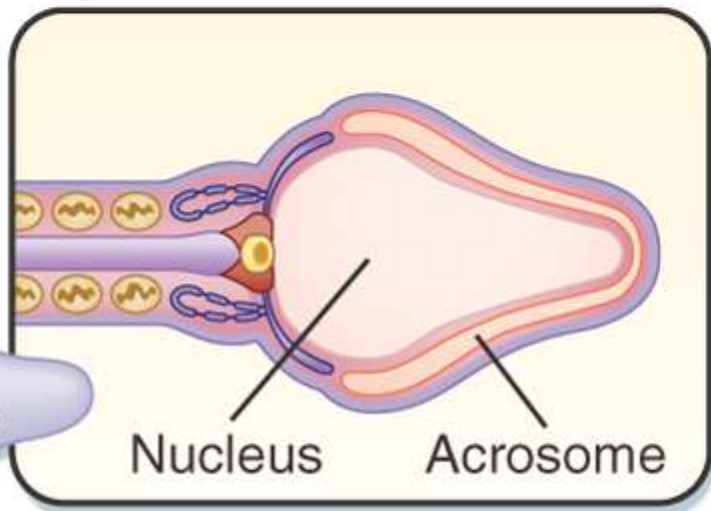
End piece

Principal piece

Middle piece

Head

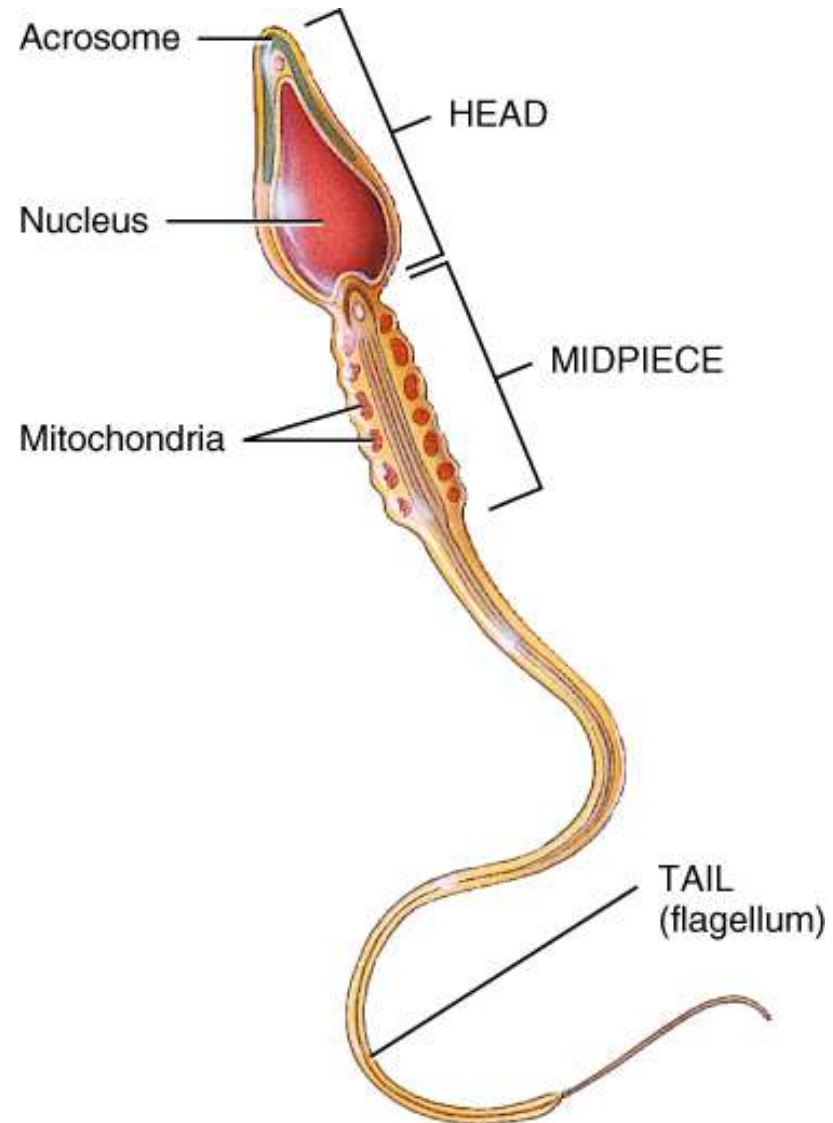
Spermatozoon



Nucleus

Acrosome

Fig. 28.08



Morphology of Sperm

head, neck, body, tail

acrosome: cap at top of sperm head, contains hyaluronidase and proteolytic enzymes, important in penetration into ovum

mitochondria – arranged around body & tail

flagellum – outgrowth of centriole – two microtubules in center, nine around the outside

Optimal motility: pH 6-6.5

Epididymis:

Sperm maturation

Develops capability of motility

Storage ? To one month in suppressed state

Seminal vesicle:

Secretes mucoïd material rich in Fructose, Citric acid, Prostaglandins, Fibrinogen.

PGs

- i) make cervical mucus more receptive to sperm movement
- ii) reverse peristaltic movement in the uterus and fallopian tubes

Prostate gland :

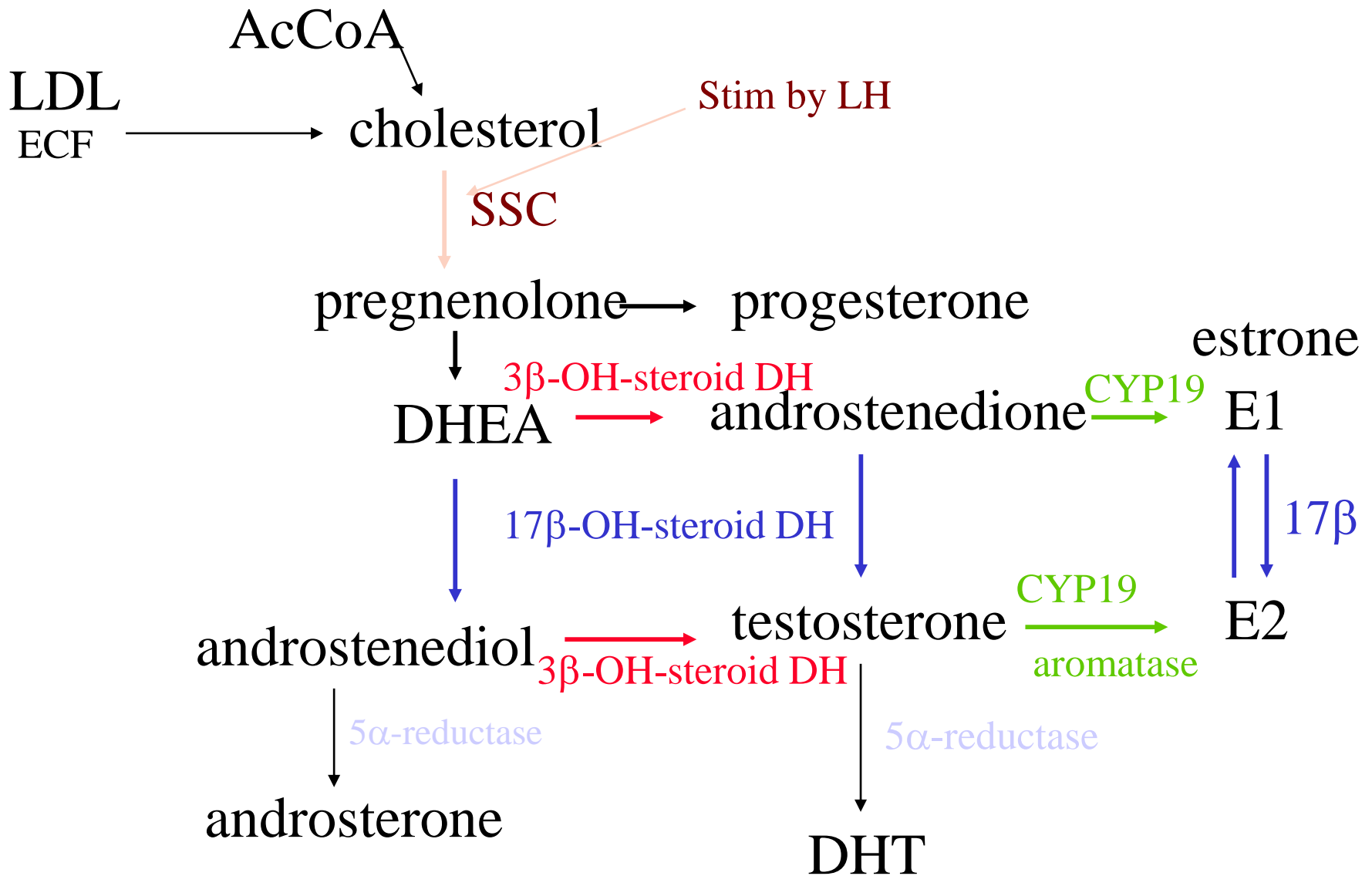
Secrete thin milky fluid contains electrolytes: Ca, Cl, HPO₃
Clotting enzymes, LMW polypeptides, proteins

pH = **Slightly alkaline**

Each ejaculation contains approximately 2-6 ml, 20-200
million sperm (< 20 million = infertile)

WHO semen reference values

Volume	2-6 ml or more
pH	7.2 or more
Conc.	20×10^6 /ml or more
Motility	50% (T1&T2)
Morphology	15%



SSC = side chain cleavage enzyme

Androgen receptor:

found in prostate, testis (Sertoli, Leydig and myoid cells)
epididymis, seminal vesicles, neurons in CNS
anterior pituitary, thyroid, skin, adrenal cortex, liver
kidney tubules, bladder, cardiac and striated muscle
bone, vasculature

In **females**, also found in ovary (interstitial and granulosa cells)
mammary glands, uterus

Functions of Testosterone

- **fetal development:** present at 2nd month of embryonic life
presence or absence of testosterone determines
development of genital organs and characteristics
 - + **testosterone** = penis, scrotum
 - **testosterone** = clitoris and vaginaalso, development of prostate, seminal vesicles, vas deferens
- causes **descent of testes** into scrotum during last 2-3 months of pregnancy

TESTOSTERONE: BEFORE BIRTH

- Before birth: masculinizes reproductive tract and external genitalia
- Descent of testes
- Stops at birth & returns at puberty

TESTOSTERONE: AT PUBERTY

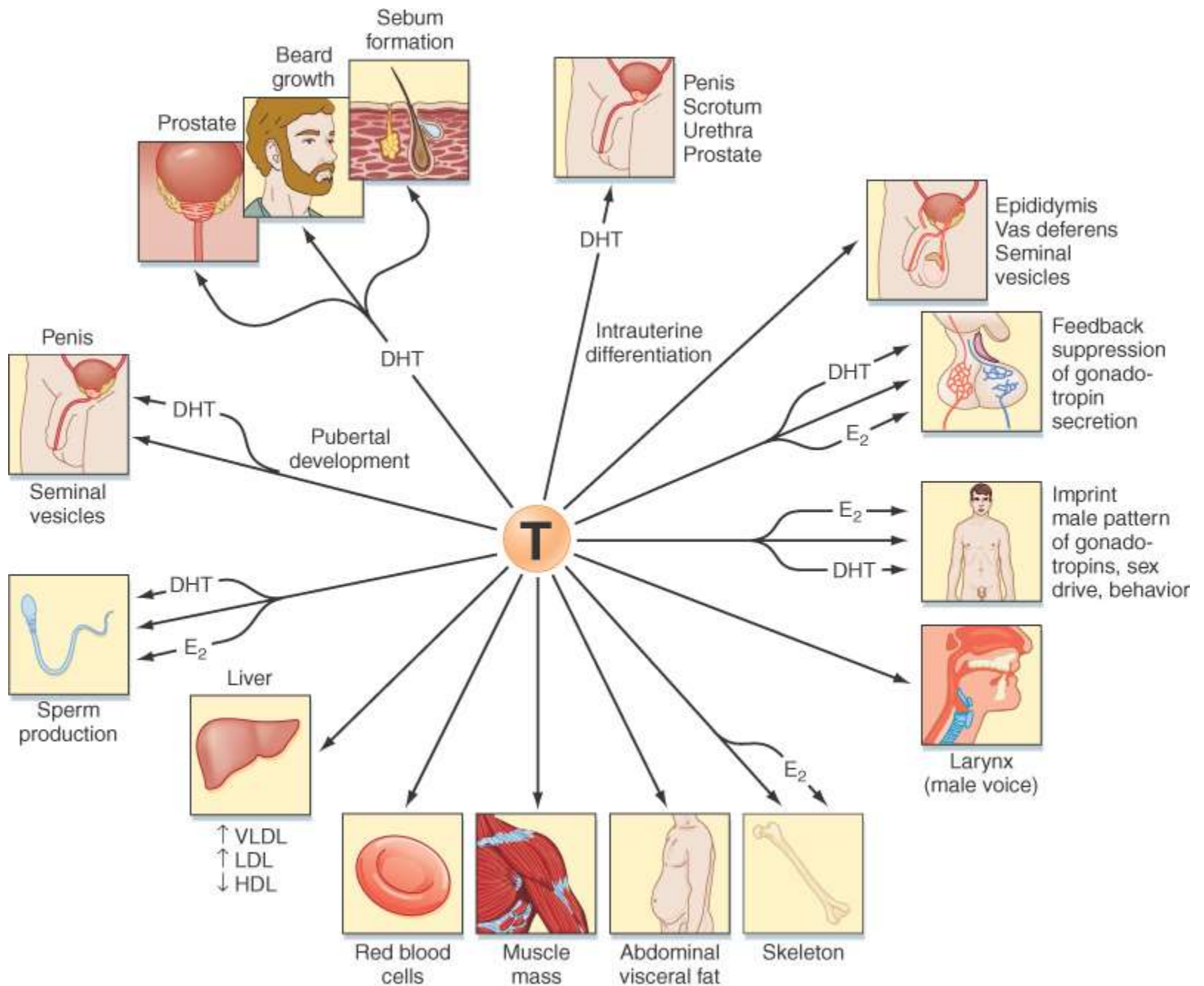
- Spermatogenesis
- Accessory sex glands enlarge and become secretory
- Penis and scrotum enlarge
- Libido

EFFECTS OF TESTOSTERONE ON SECONDARY SEX CHARACTERISTICS

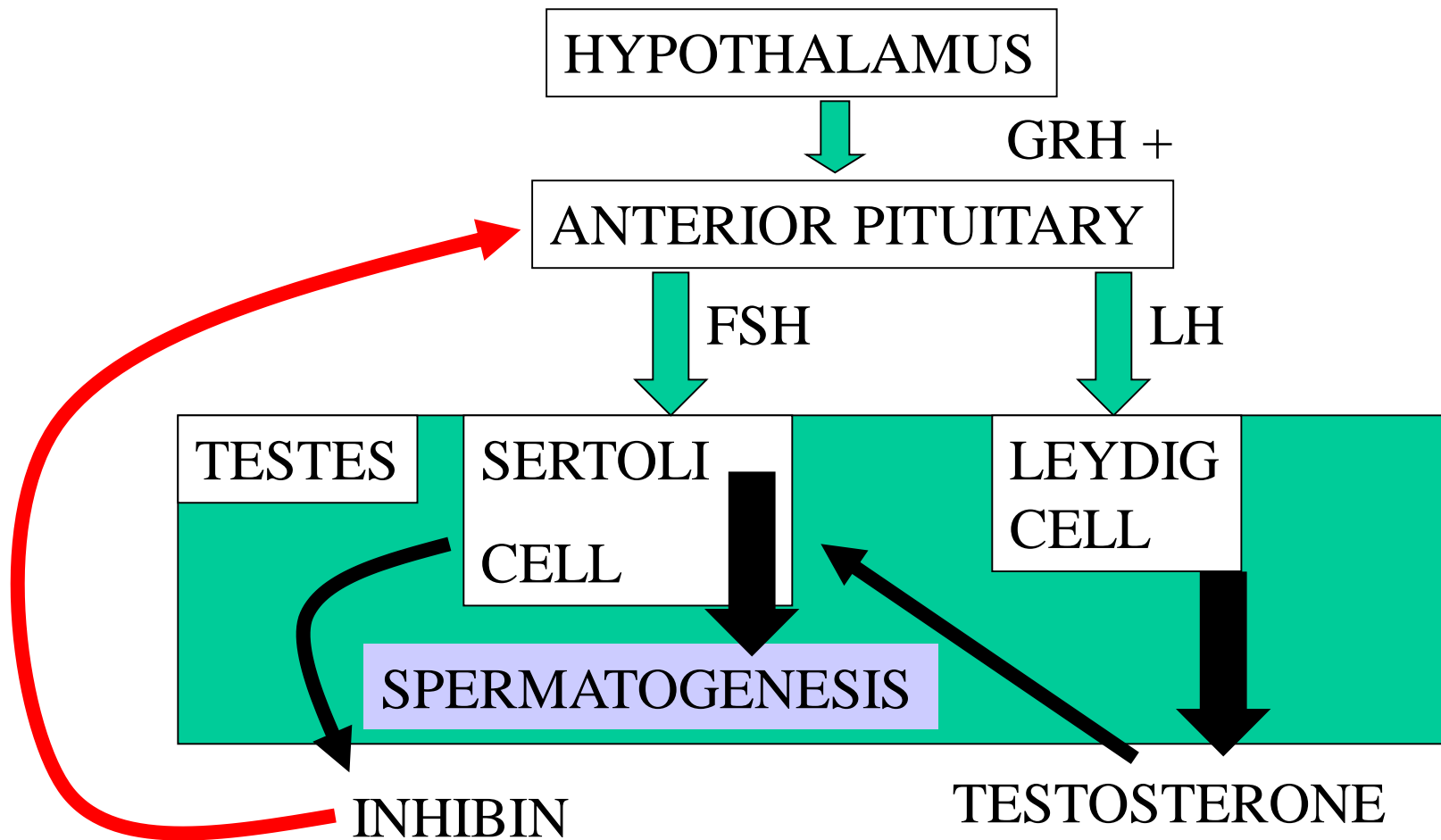
- Hair growth pattern
- Deep voice
- Thick skin
- Male body configuration

OTHER EFFECTS OF TESTOSTERONE

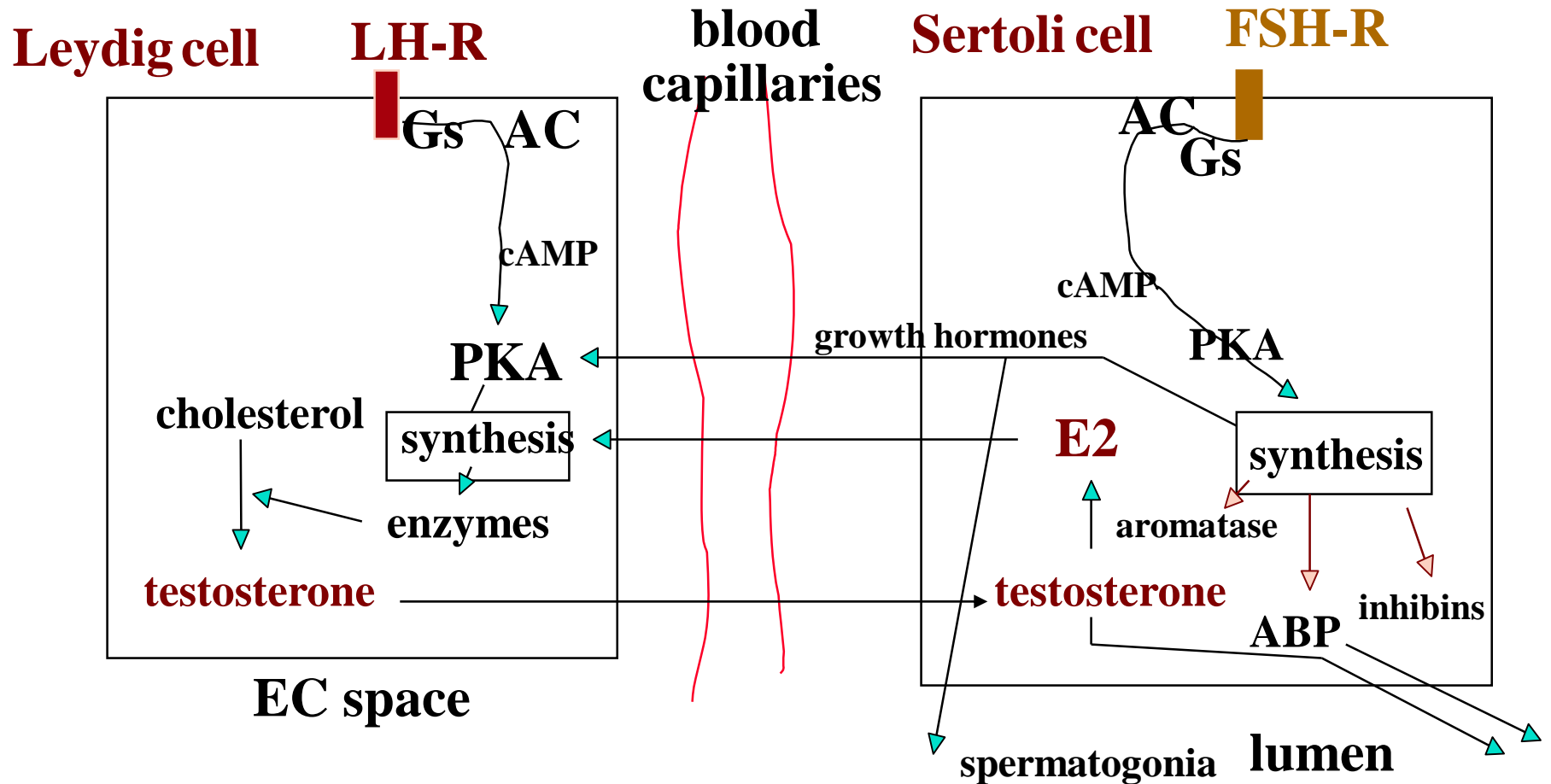
- Bone growth
- Protein anabolic effect
- Eventually stops bone growth
- Aggressive behavior (in animals)
- Male menopause



CONTROL OF TESTICULAR FUNCTION



Cells in Seminiferous tubules



Puberty: transition from quiescent reproductive endocrine system (**inability to reproduce**) to state of reproductive function (**ability to reproduce**) – begins with pulsatile GnRH/LH secretion during REM sleep

Puberty In The Male

- Usually 10-14 years old
- Endocrine, physical, and behavioral
- Leydig cells “awake” → Androgens

Puberty

Range of onset: 9-14 years of age

Completion of pubertal development: 2-4.5 yr

1st sign: enlargement of testes to greater than 2.5 cm—growth due to increase in size of seminiferous tubules, Leydig cells

Androgens from testes are driving force for secondary sex characteristics – adrenal testosterone also plays a role

Female Reproductive System

Gametogenesis:

Process through which gametes are formed

- Spermatogenesis:

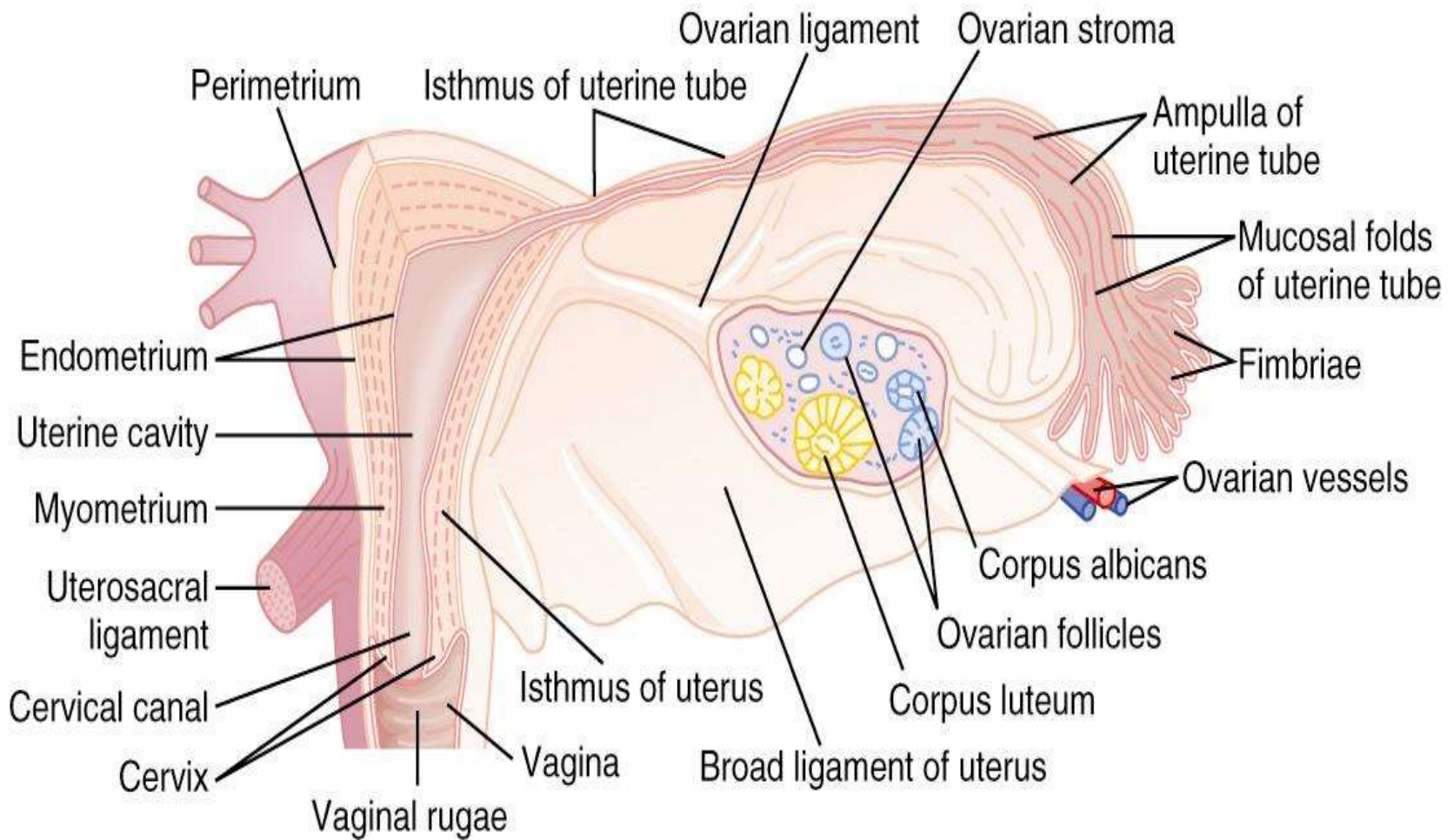
- produces male gametes (sperm)
- occurs in the seminiferous tubules of the testes
- involves meiosis
- occurs throughout life after puberty
- may produce **400,000,000** per day

- Oogenesis:

- produces female gametes (oocytes)
- occurs in the ovaries
- involves meiosis
- occurs after puberty until menopause
- humans normally produce **one oocyte** during each ovarian cycle

Differences Between Spermatogenesis and Oogenesis

1. In females, mitotic proliferation of germ cells occurs prior to birth. In males, spermatogonia proliferate only after puberty.
2. In female, meiotic divisions of oocyte produces only one mature ovum. In male, meiotic divisions of primary spermatocyte produces 4 mature spermatozoa
3. In female, second meiotic division is completed only upon fertilization. In male, the products of meiosis (spermatids) undergo substantial differentiation in the maturing process.



Normal Egg Development



Each month the ovaries release one egg, or ovum.



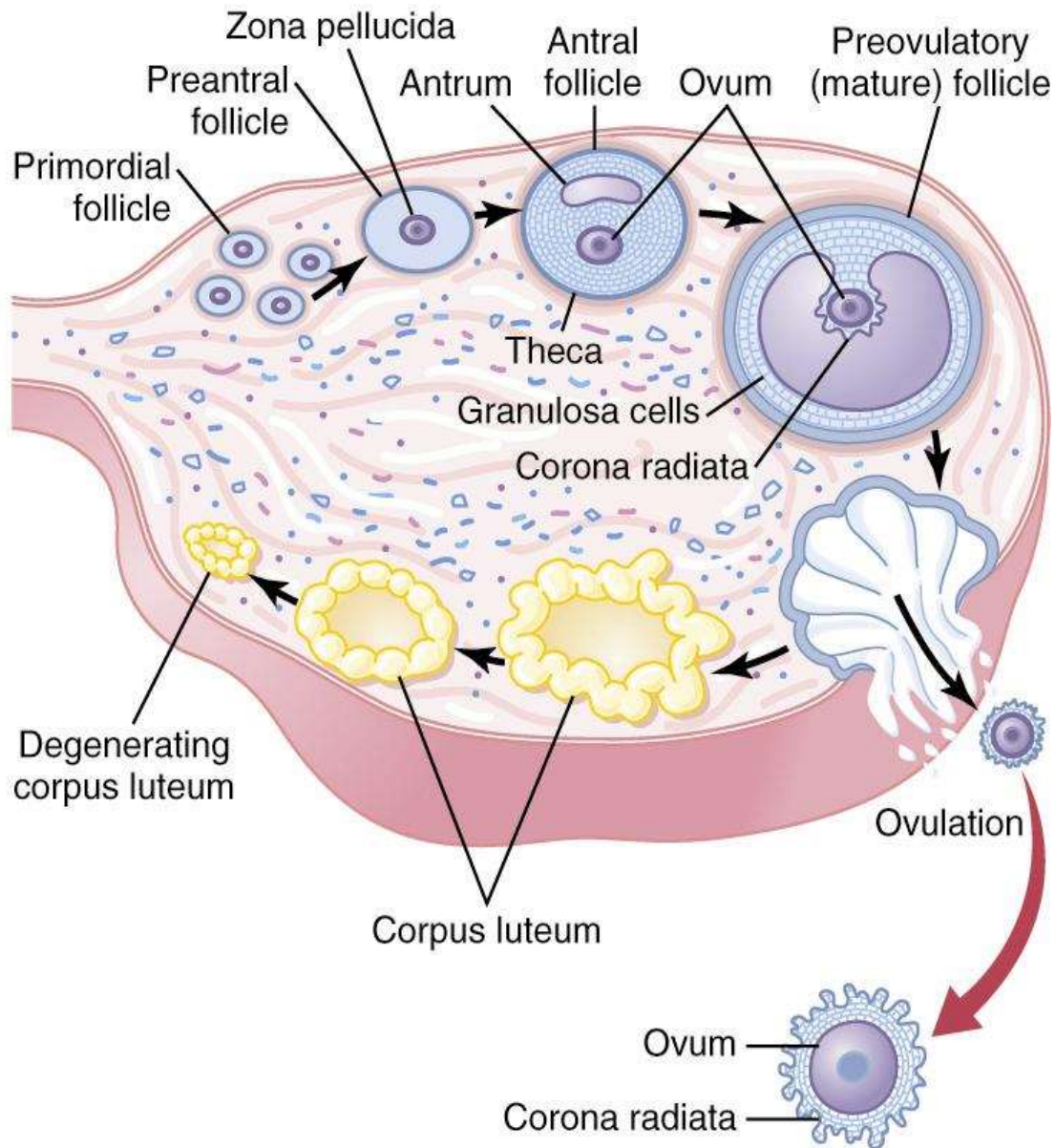
Oogenesis

Oogonia produced by mitotic division (max # = 7 mil),
Then at 8-9 wks of gestation, prophase of 1st meiosis
starts – becomes **primary oocyte**

Number of primary oocytes decreases throughout
childhood from 1-2 mil to 400,000 just before puberty

– surrounded by pre-granulosa cells – called primordial
follicle – complete about 6 mos. after birth

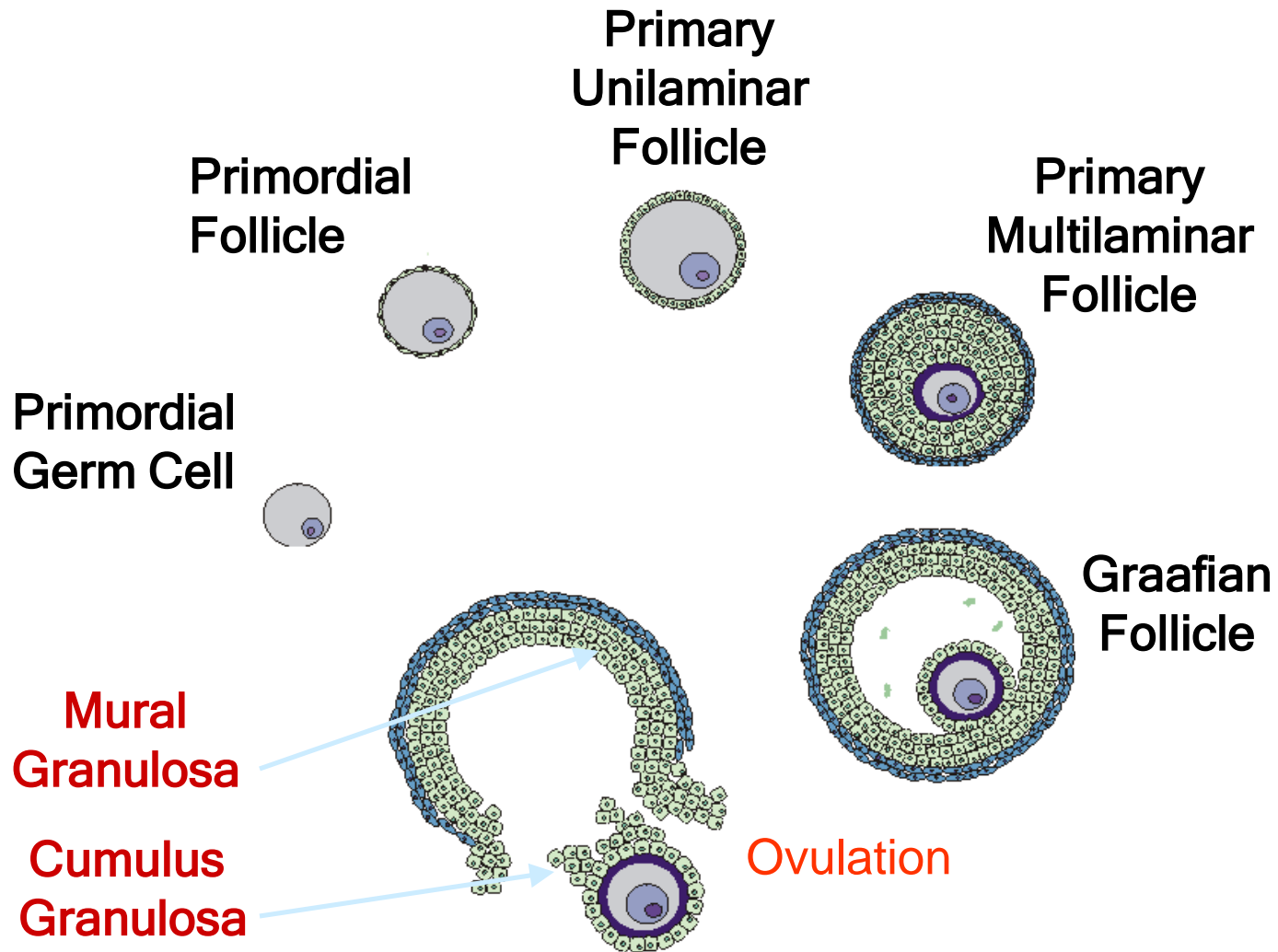
Fundamental reproductive unit = single ovarian follicle, composed of one germ cell (oocyte), surrounded by endocrine cells



Stages in follicular growth and ovulation.

Figure 81-4;
Guyton & Hall

Cumulus and Mural Granulosa cells share a common cellular origin



Oogonia (primordial germ cells)
expand through mitosis in fetal ovary



Oocytes
when at birth enter *meiosis*



Primordial Follicle
surrounded by layers of *granulosa*



Follicular Development
with puberty

Follicular Development

❖ **Recruitment**

❖ **Maturation**

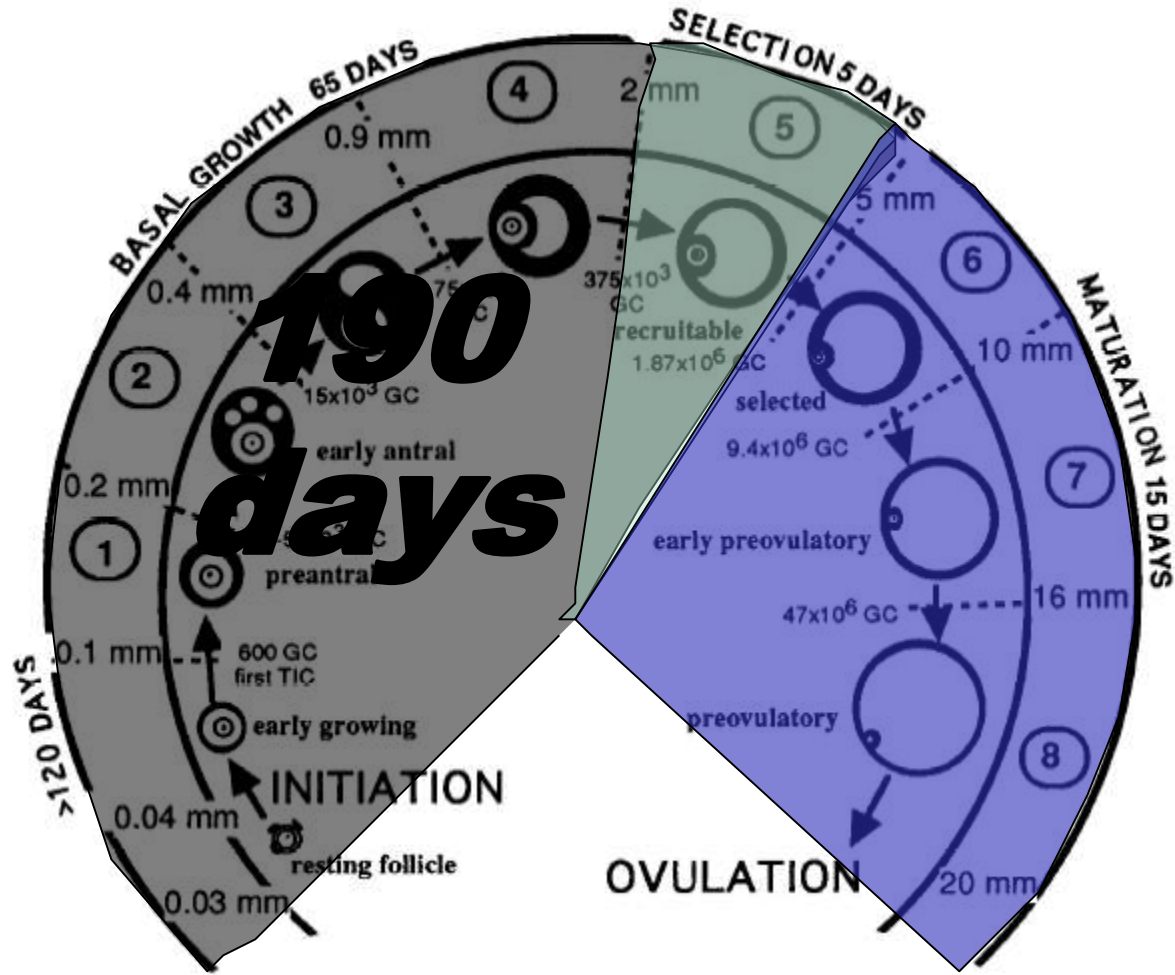
Recruitment

Absence of tumor suppressors gene, *PTEN*, in oocytes prematurely induces global follicular activation in mice, depleting follicular reserve, similar to POF.

Reddy et al. Science 2008; 319: 611-13.

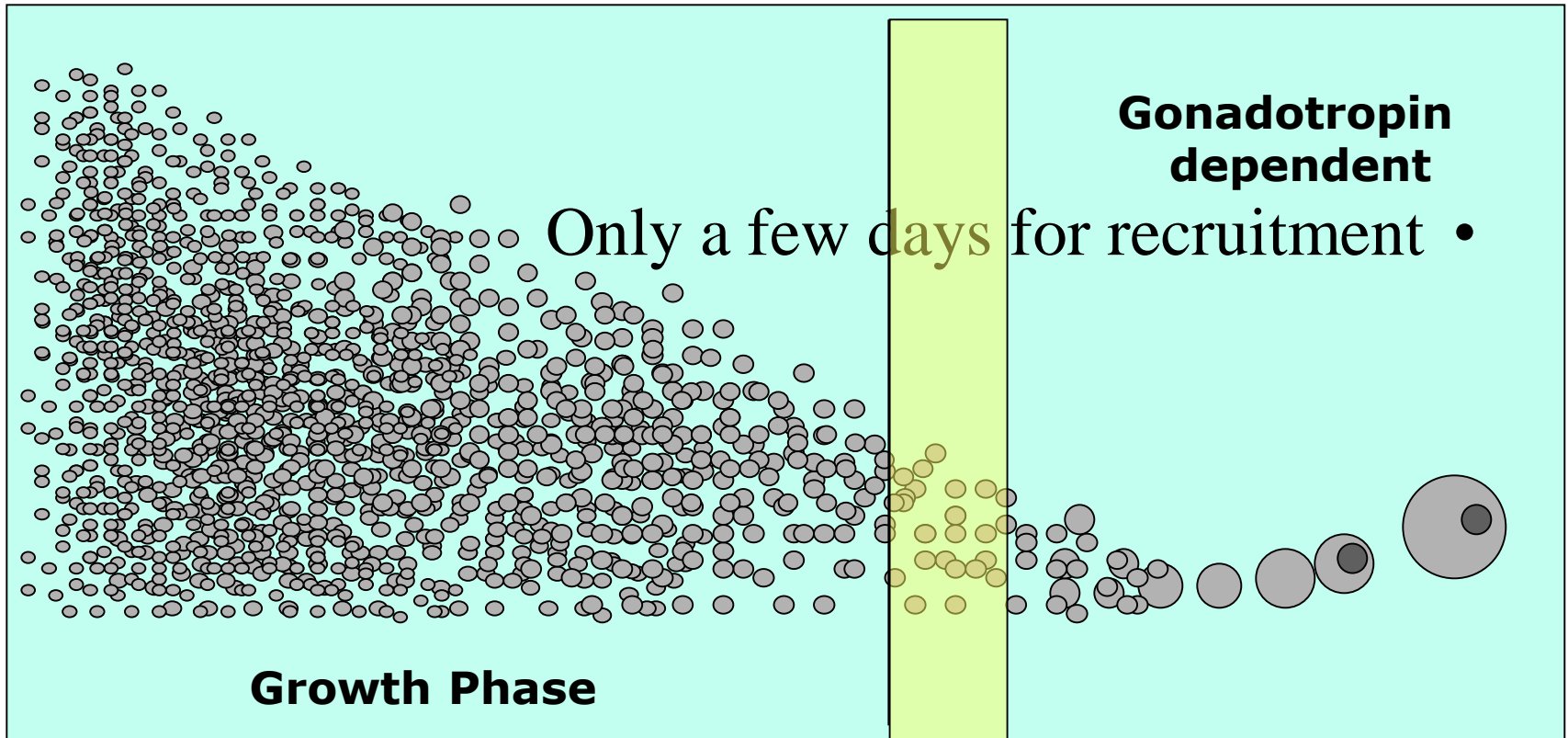
Maturation

Bidirectional communications between germ cells (oocytes) and somatic cells (granulosa) are critical to oocyte maturation, follicle growth and ovulation.

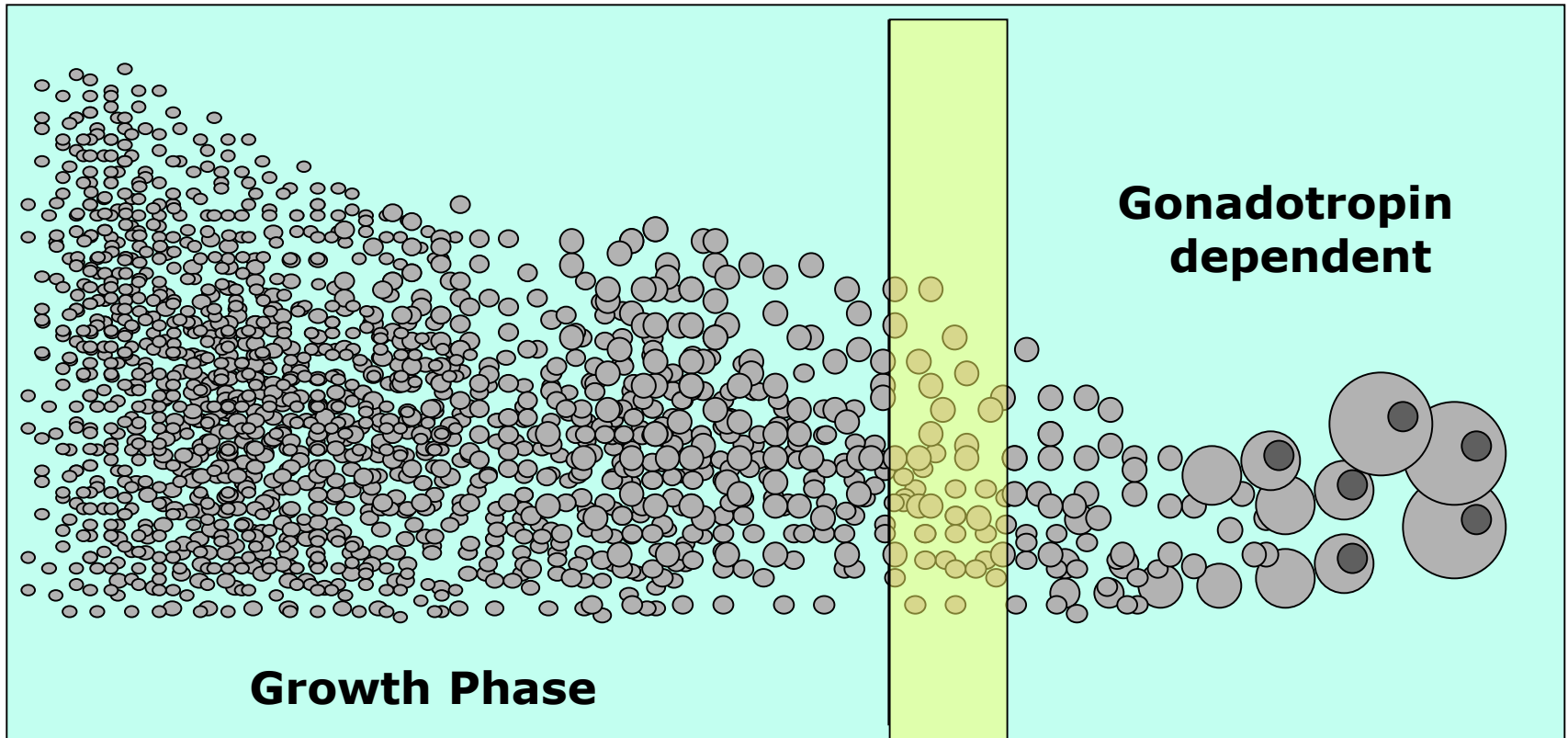


Gougeon, A. *Endocrine Reviews* 17:121 1996

Follicle Growth



Follicle Growth



AMH

- Secreted by granulosa cells of small follicles
- FSH independent
- Stable under various conditions:
 - OCP
 - Pregnancy
 - Menstrual cycle

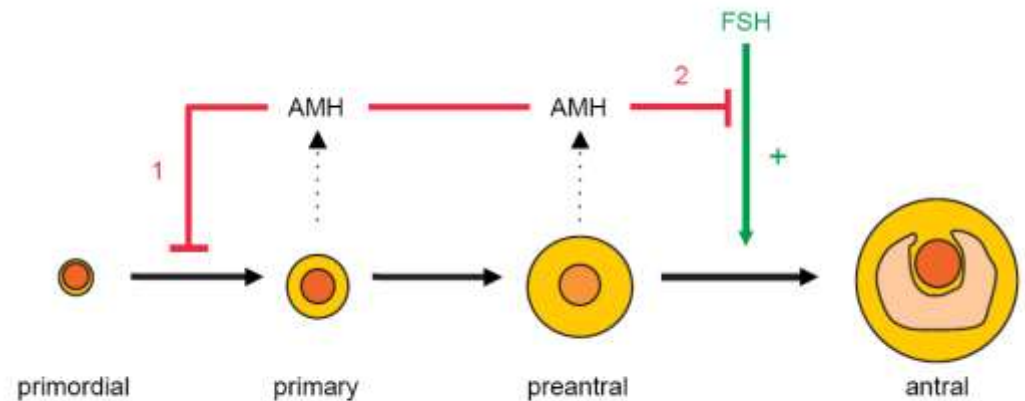


Figure 2 Model of AMH action in the ovary. Progressing stages of folliculogenesis are depicted. AMH is produced by the small growing (primary and preantral) follicles in the postnatal ovary and has two sites of action. It inhibits initial follicle recruitment (1) and inhibits FSH-dependent growth and selection of preantral and small antral follicles (2).

Visser J (2006) Reproduction
www.reproduction-online.org

Fig. 28.16a



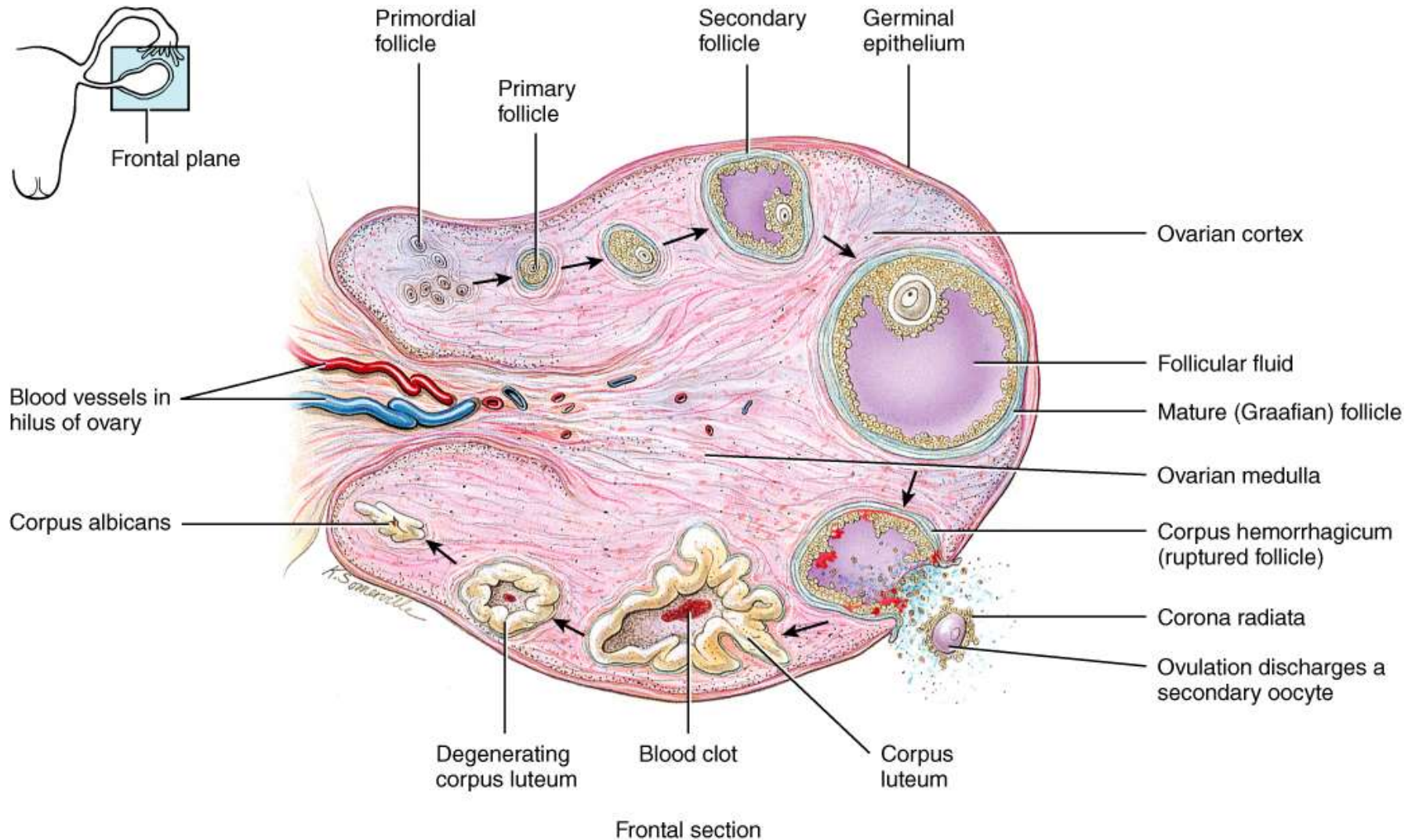
(a) Ovarian cortex

Fig. 28.16b

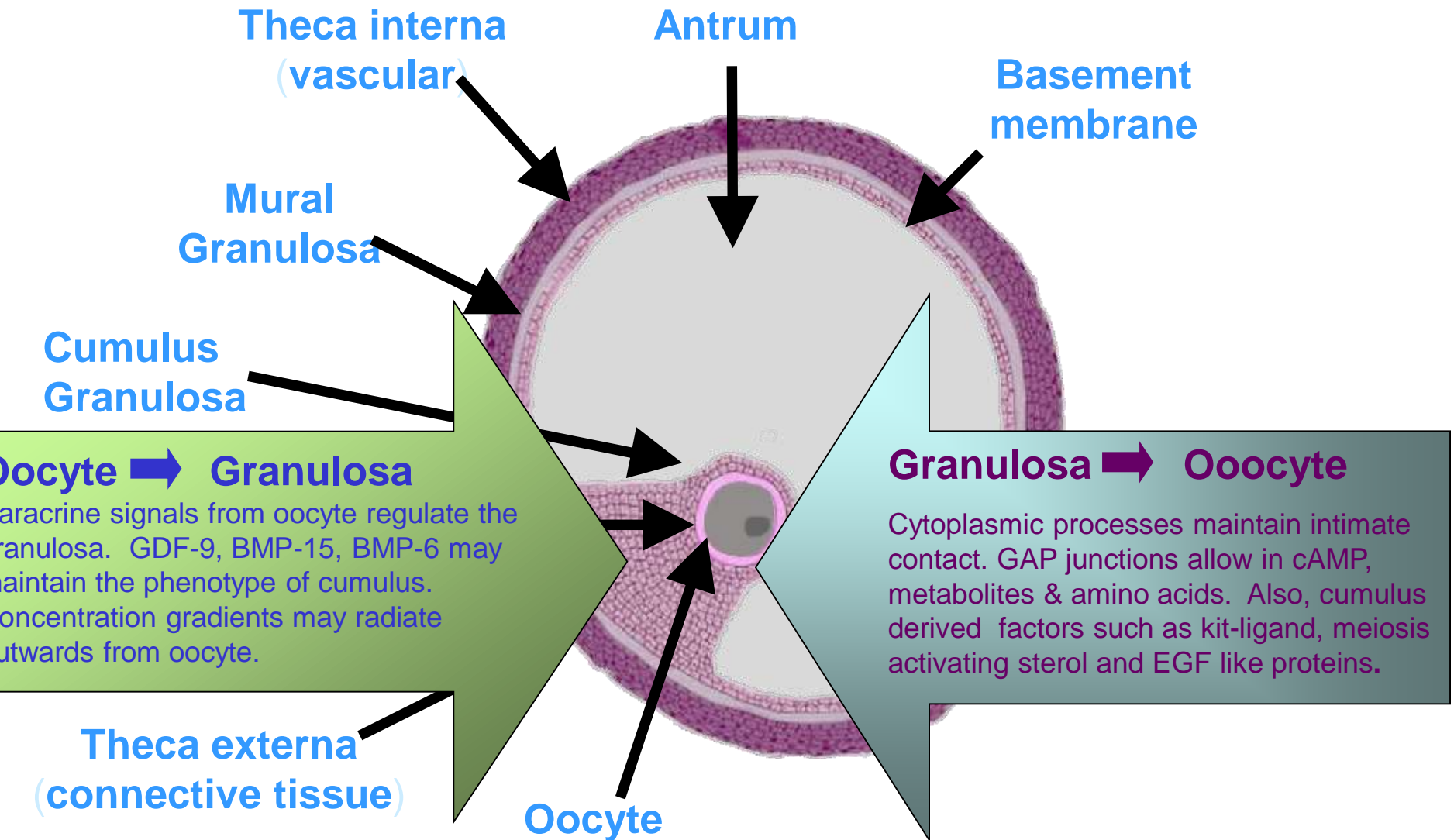


(b) Secondary follicle

Fig. 28.15



Granulosa & Oocyte are reciprocally regulated.



Thecal cells – superficial – **no aromatase** – have **only LH Receptors** – can get cholesterol from LDL in blood

Granulosa cells – interior – have aromatase, but **no 17 α -hydroxylase (17,20-desmolase)** –

(Converts pregnenolone to 17 α -hydroxypregnenolone to DHEA)

- get cholesterol from de novo synthesis
- have **both LH and FSH receptors**

And progesterone to 17 α -progesterone

If androgen levels high, preferentially forms DHT from Testosterone – and inhibits aromatase activity

- decr. estradiol, inhibit synthesis LH R

Negative feedback of steroids on gonadotropin release

- in **child**, low levels of steroid blocks release of gonadotropins
- in **adult**, much higher levels of steroids, same level of inhibition of release of gonadotropins

Reduced sensitivity to steroids with age

Age dependence of feedback sensitivity:

high sensitivity in childhood; low sensitivity in adulthood

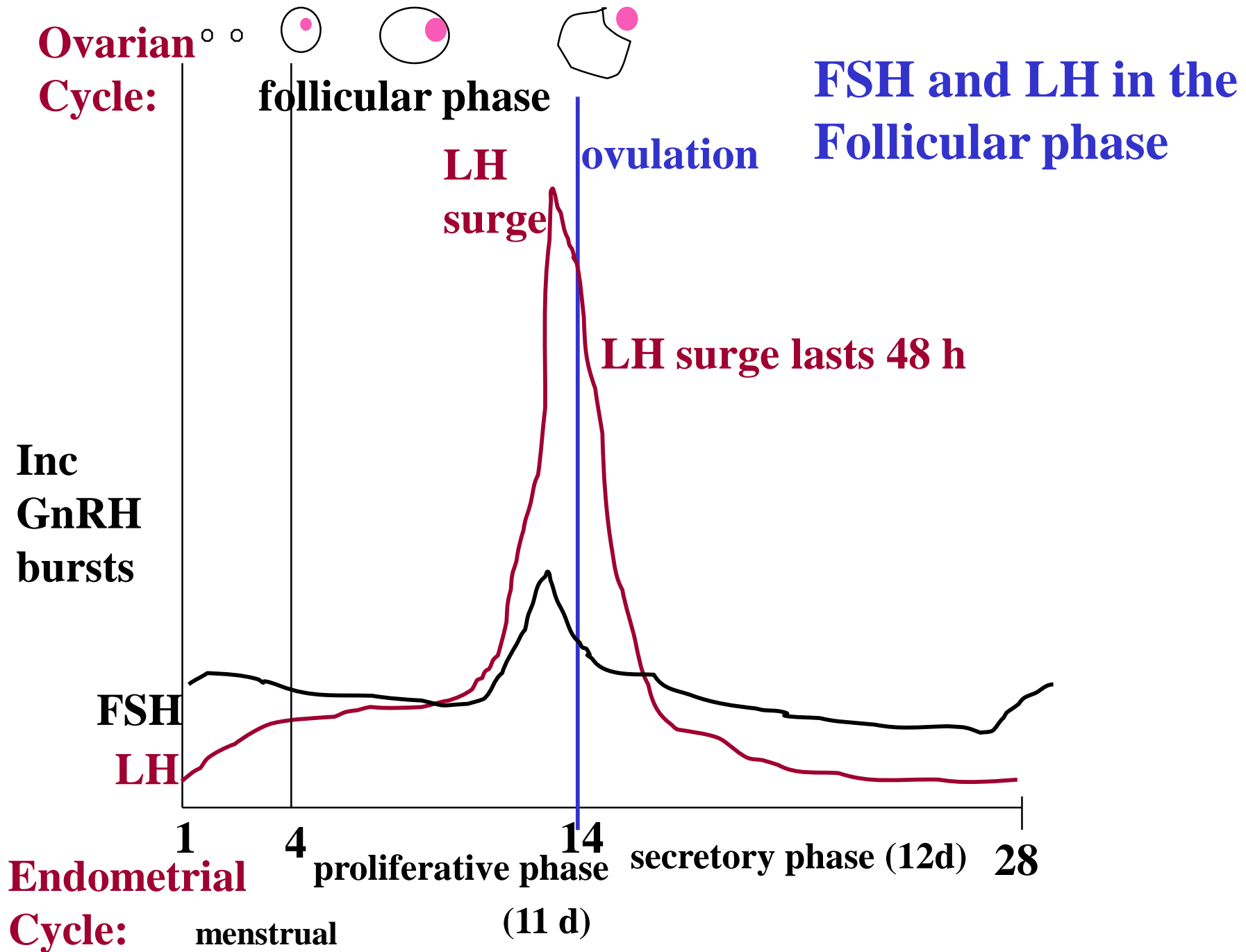
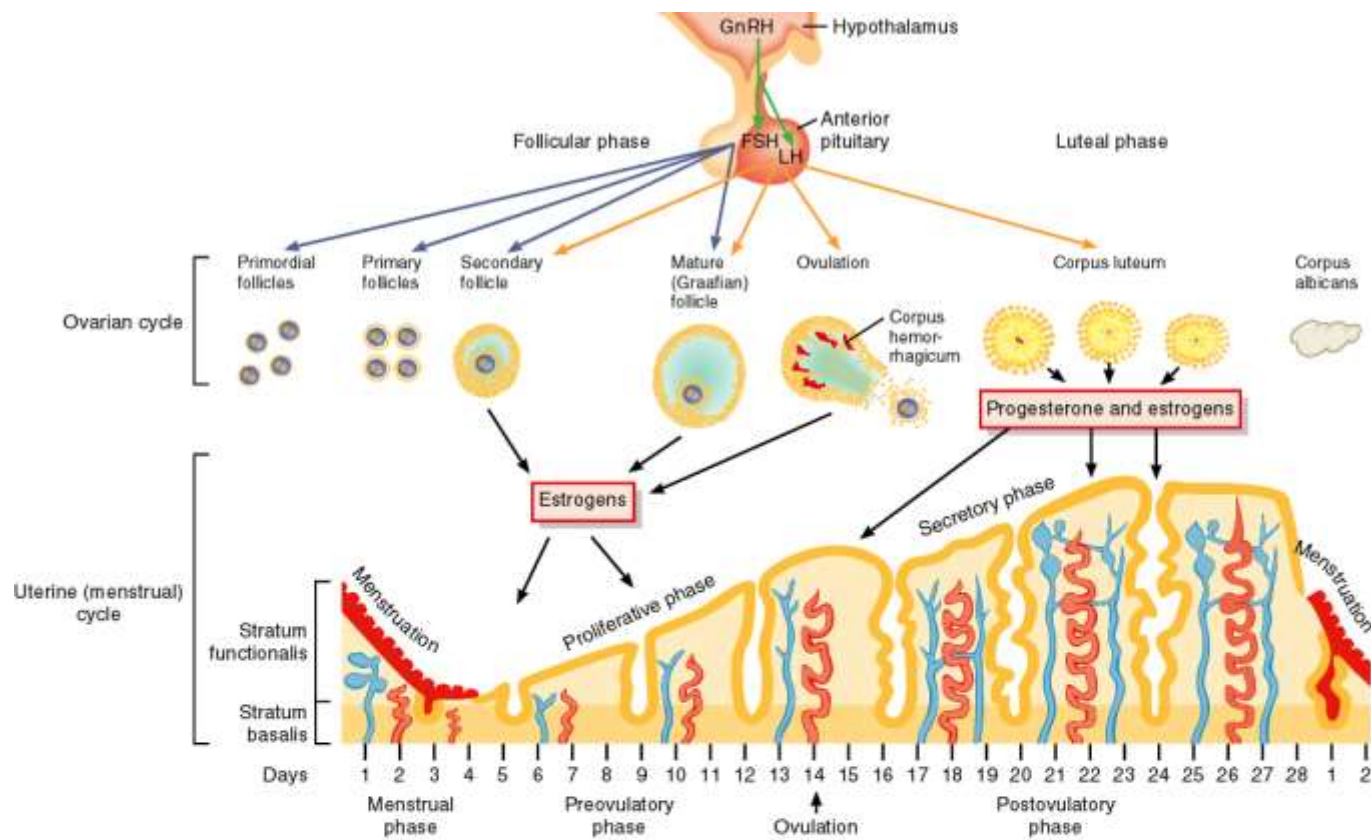
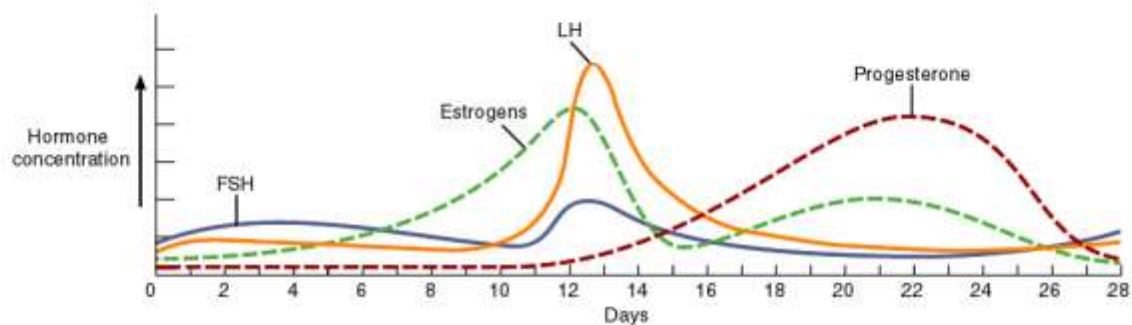


Fig. 28.26

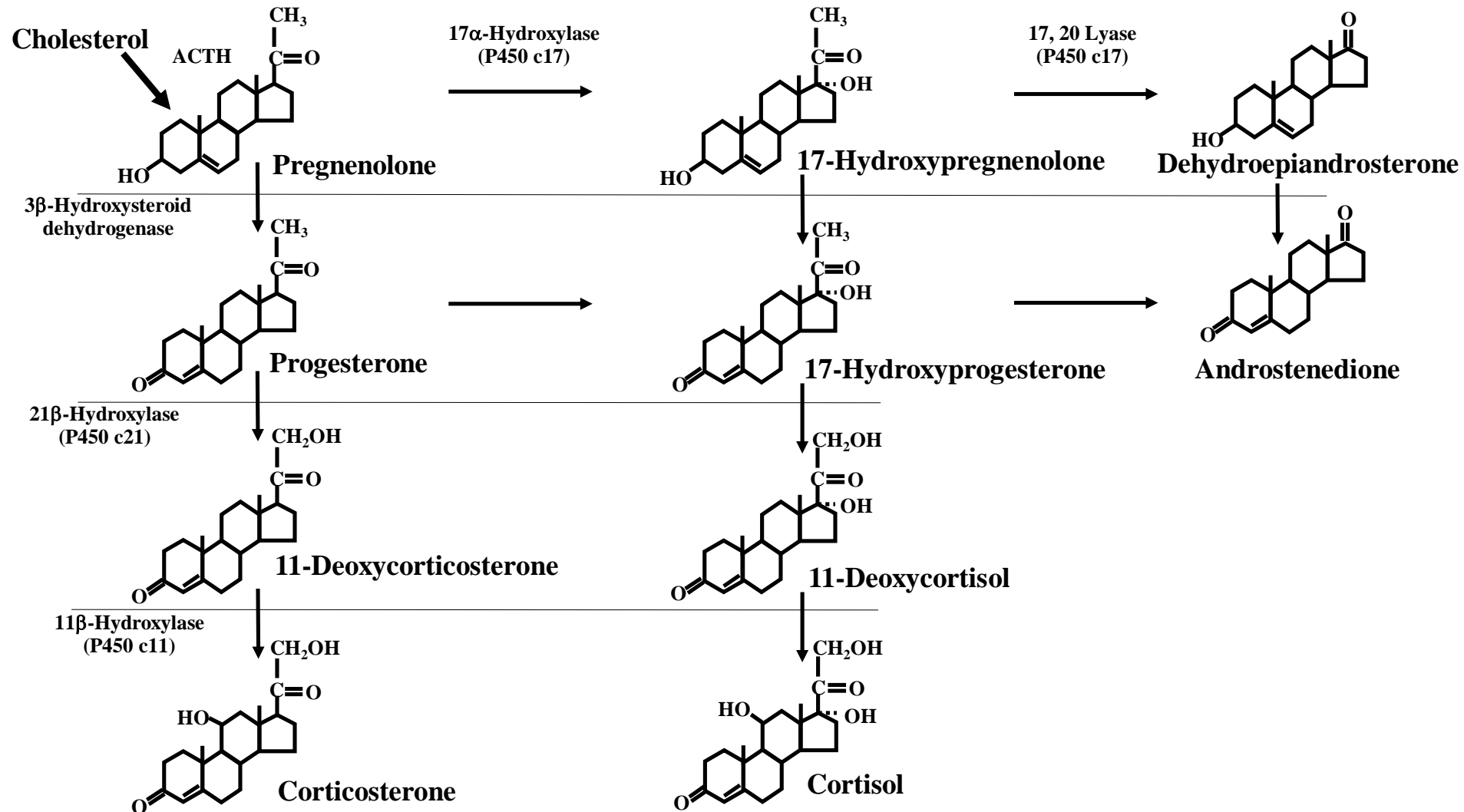


(a) Hormonal regulation of changes in the ovary and uterus



(b) Changes in concentration of anterior pituitary and ovarian hormones

Steroid Hormone Biosynthesis



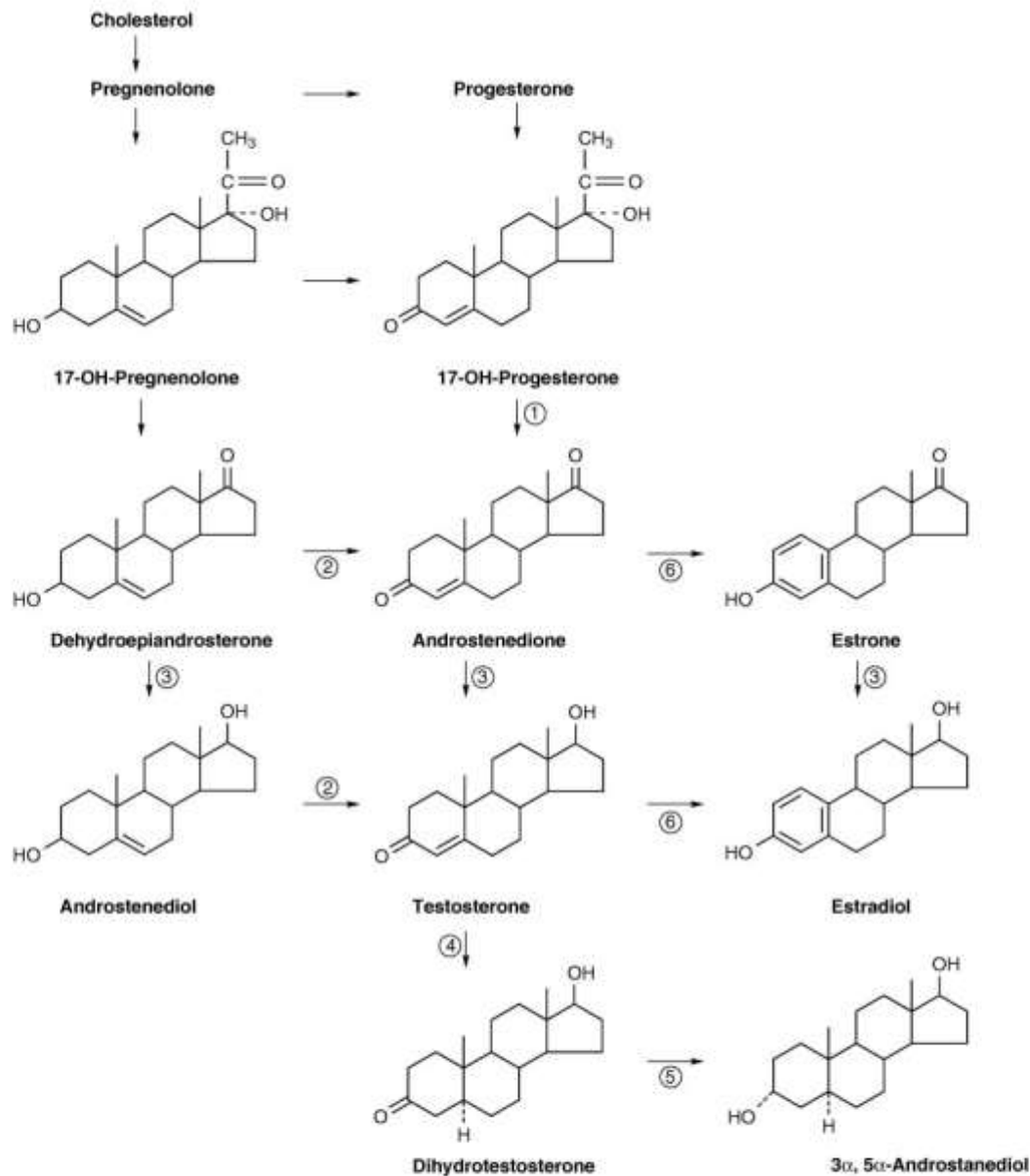
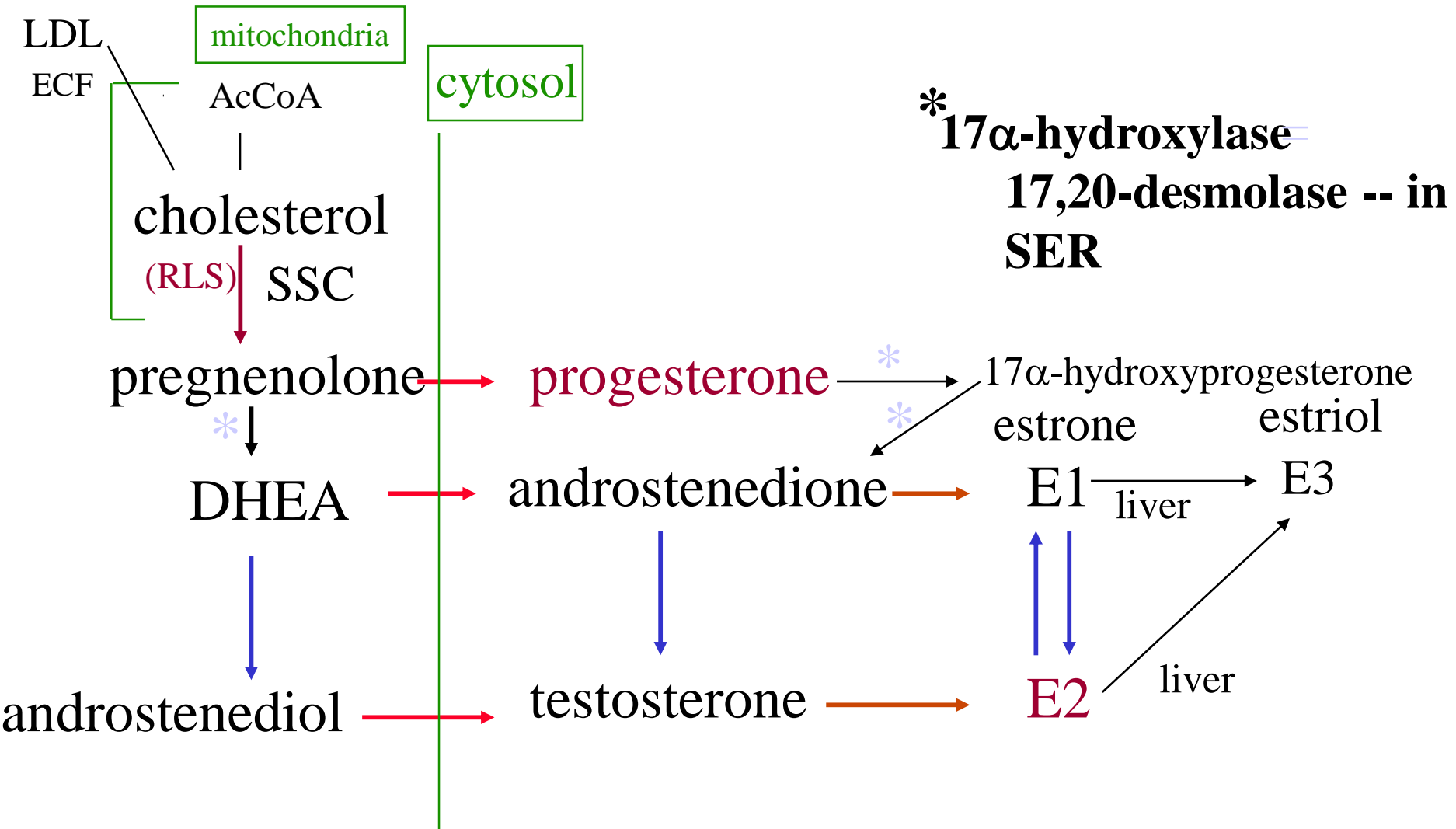


Figure 23.39. Conversion of cholesterol to sex hormones.



Synthesis of steroid hormones

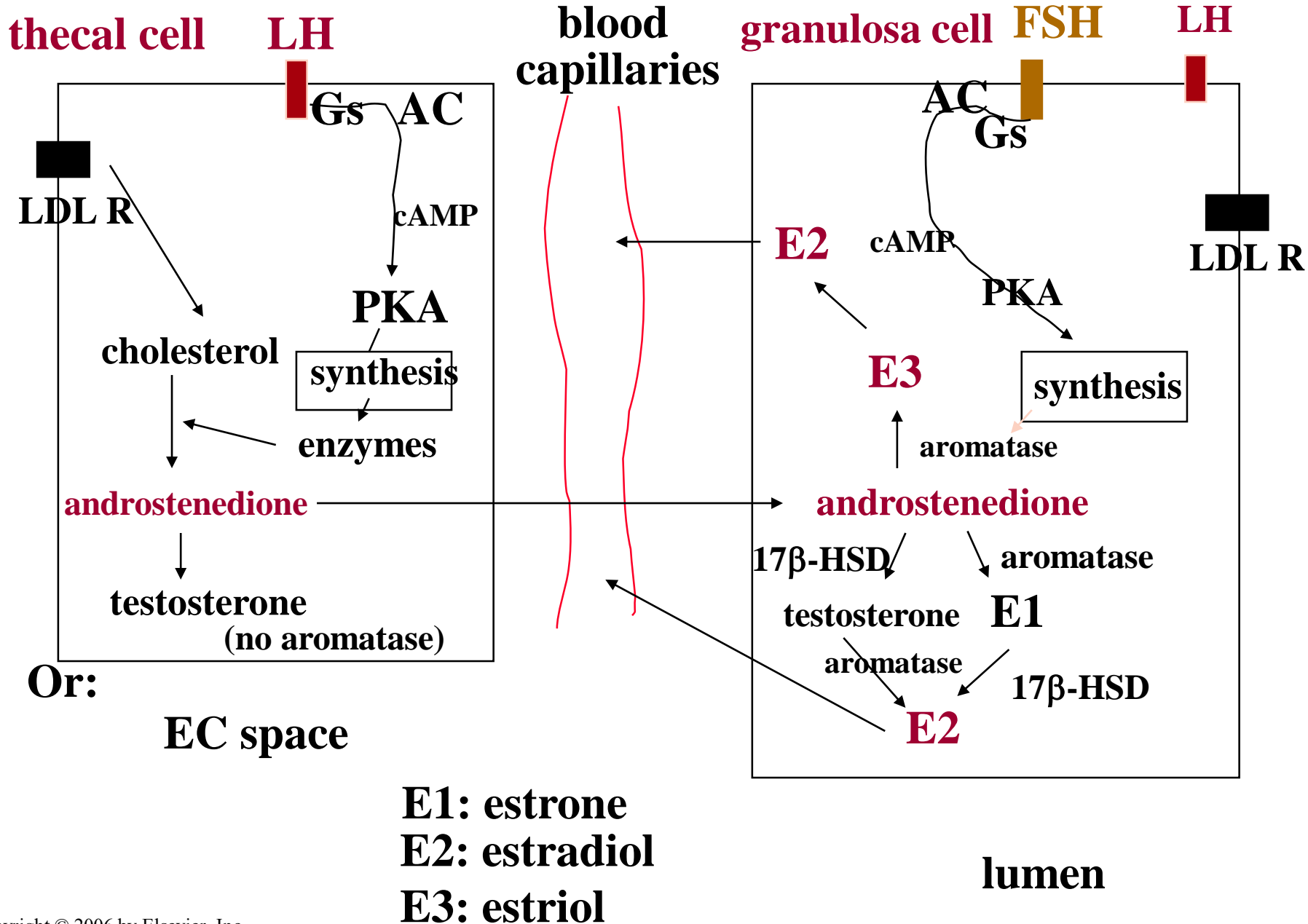
— 3β-hydroxysteroid DH (in cytosol)

— 17β-hydroxysteroid DH (in SER)

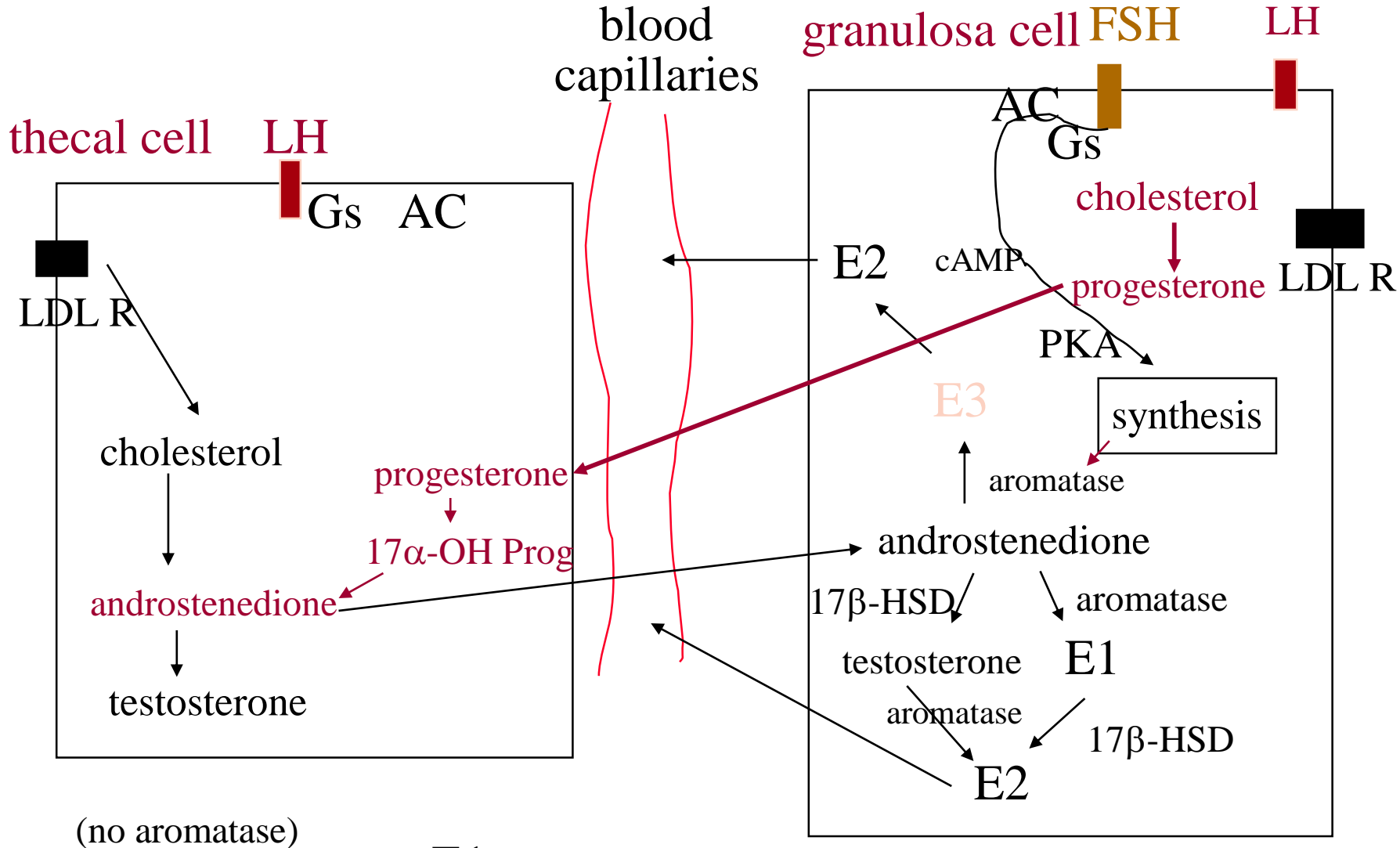
— Aromatase (in cytosol)

SSC = side chain cleavage enzyme (in mitochondria)

Steroid synthesis in follicular phase

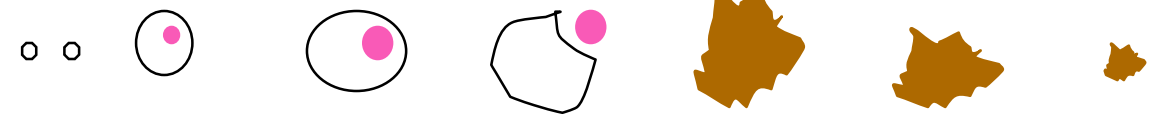


Steroid synthesis in luteal phase



E1: estrone
 E2: estradiol
 E3: estriol

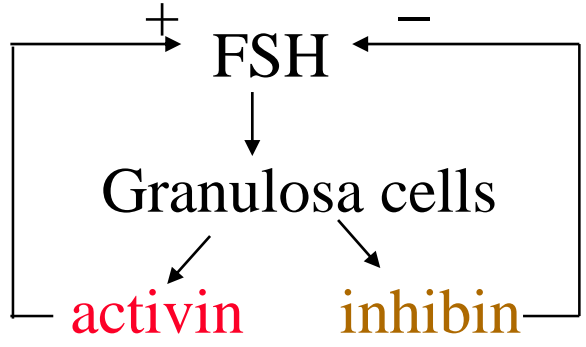
Ovarian
Cycle:



ovulation

Luteal phase

Levels of estradiol in follicular & luteal phases



FSH
estradiol

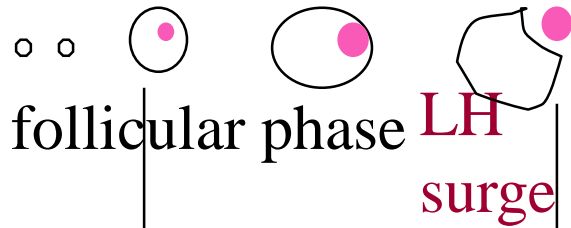
inhibin

1 mens 4 proliferative phase 14 secretory phase 28

Endometrial

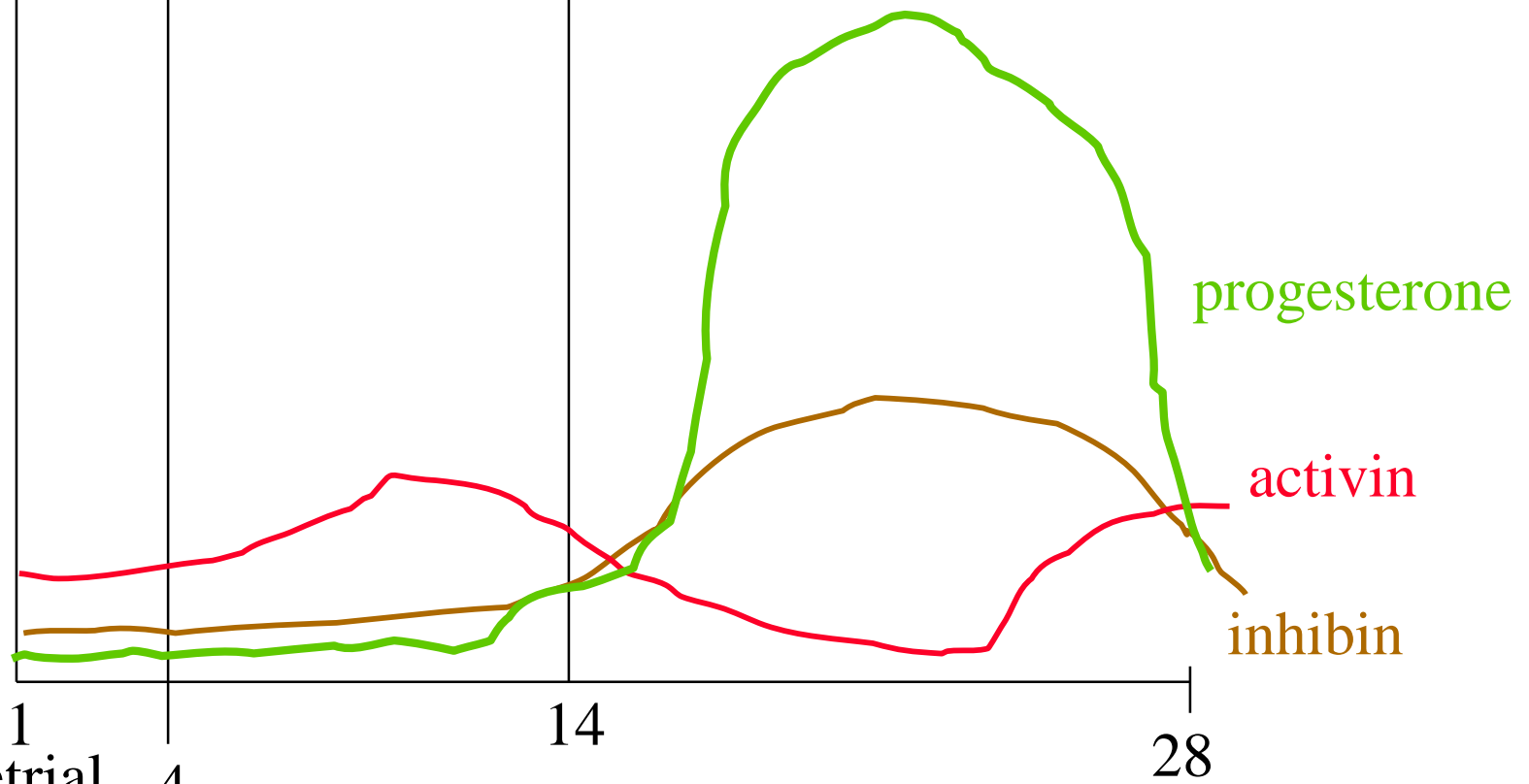
Cycle:

Ovarian
Cycle:



Changes in progesterone in follicular & luteal phases.

ovulation



Endometrial
Cycle: menstrual

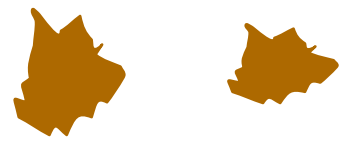
Proliferative phase
(11 d)

Secretory phase (12d)

Ovarian Cycle:

follicular phase
ovulation

Luteal phase
Corpus albicans



Corpus luteum

Changes in estradiol and progesterone in luteal phase.

estradiol

Produces inhib GnRH

progesterone

1 mens 4 14 28
secretory phase

Endometrial proliferative phase

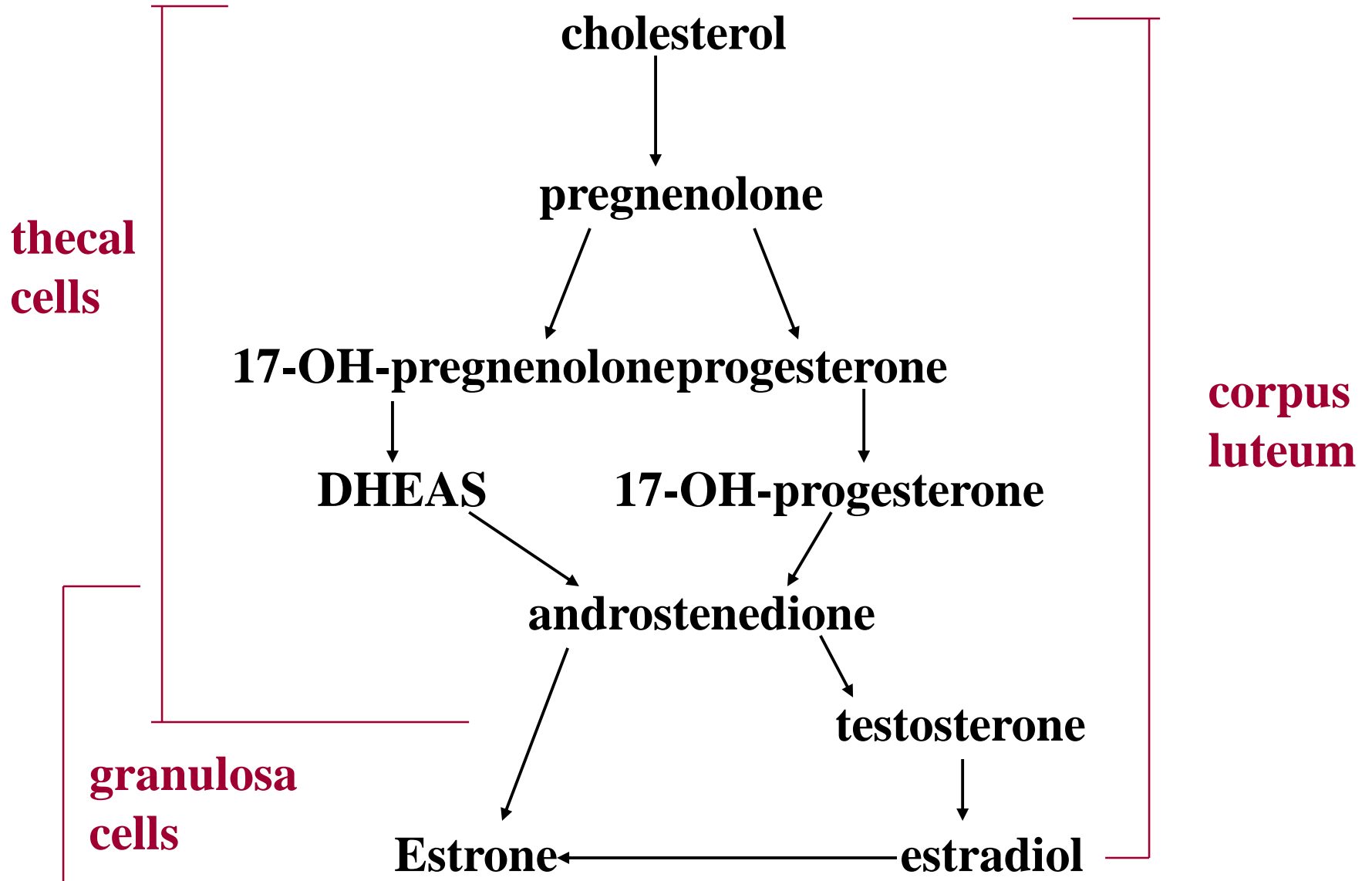
Cycle:

Corpus luteum

- Provides necessary hormones for implantation of ovum and maintenance of zygote until placenta can take over 80% granulosa cells, 20% thecal cells

If no fertilization, it will regress in about 14 d

Avascular scar = corpus albicans



Hypothalamic-pituitary-gonadal axis

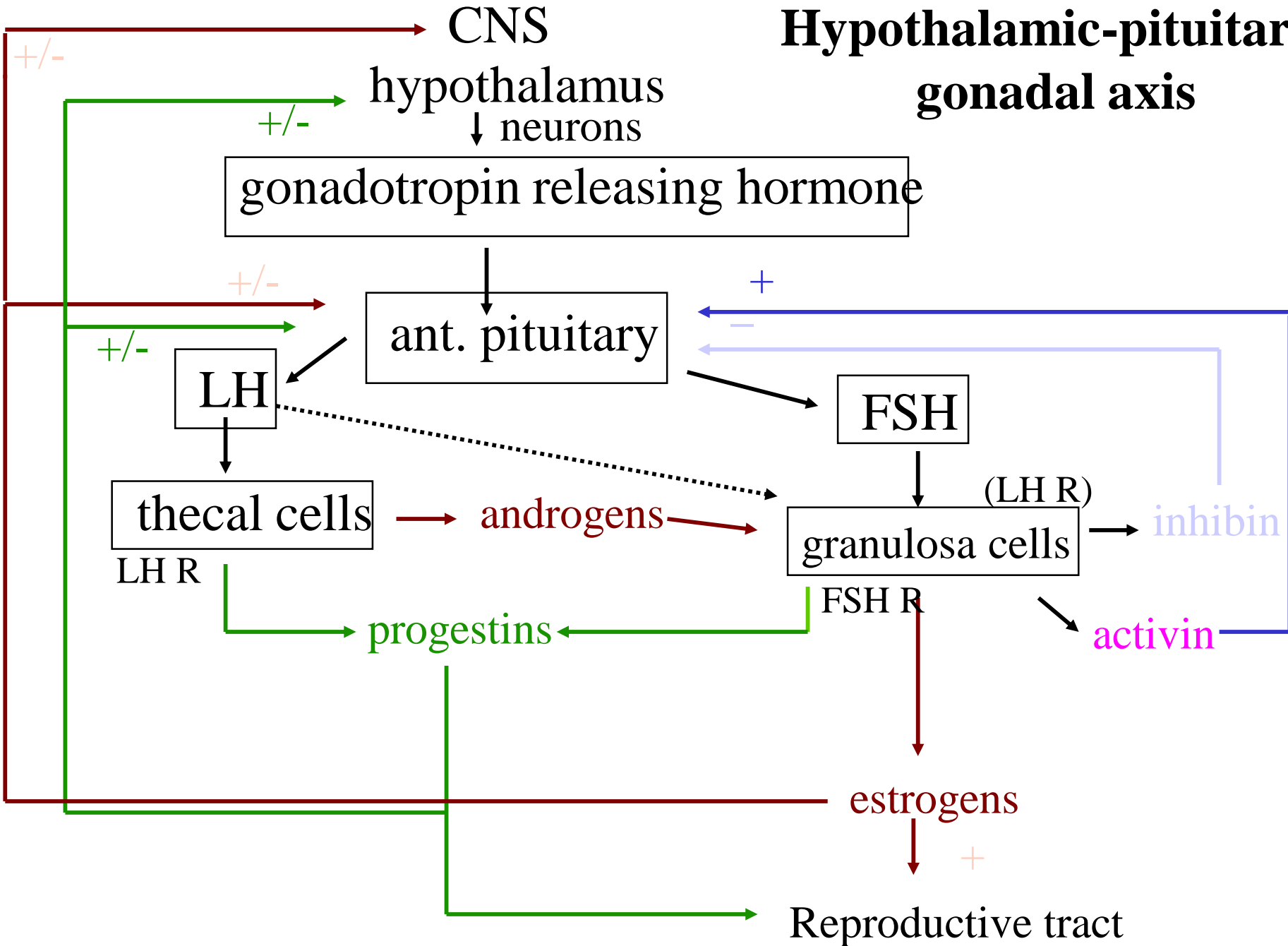
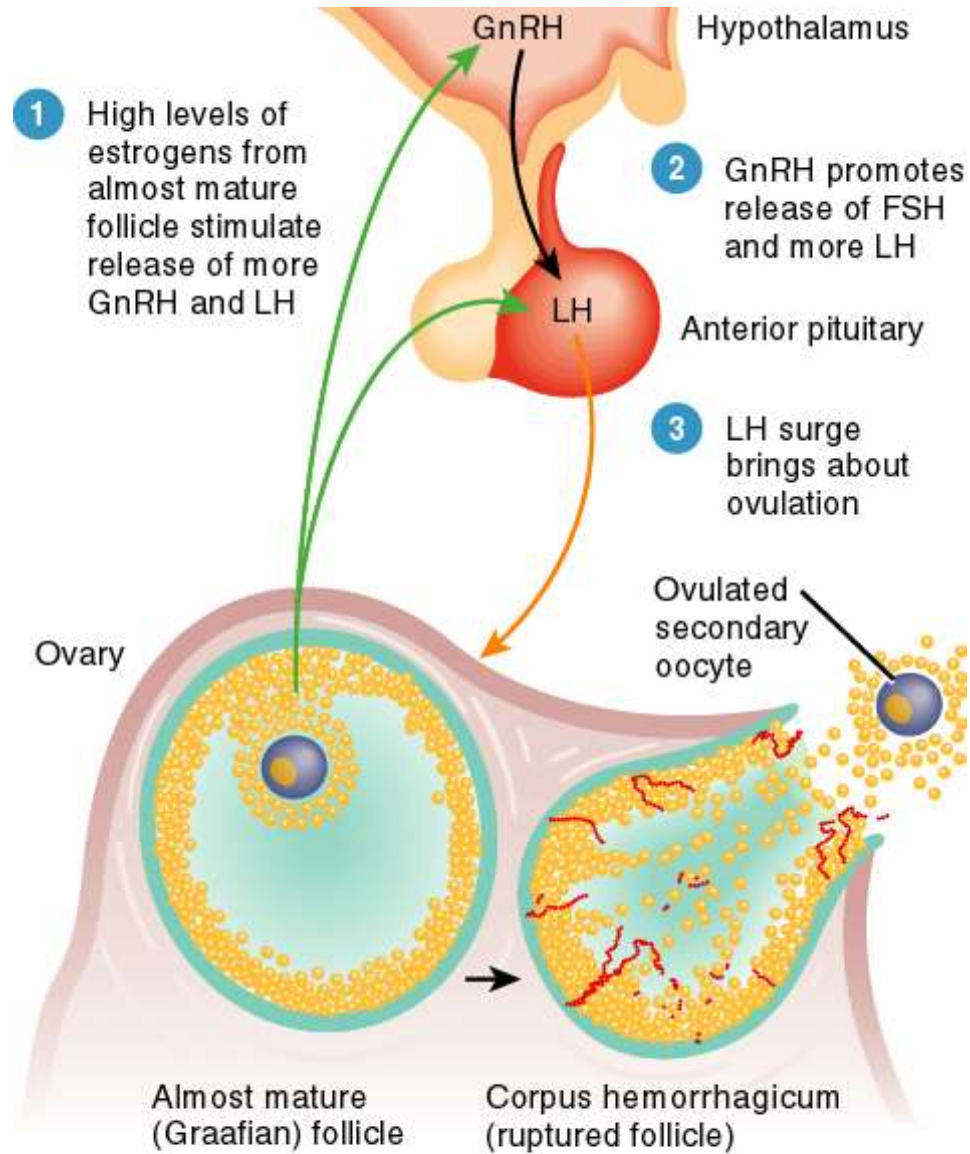
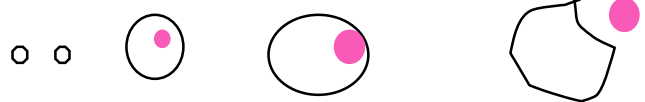


Fig. 28.27



Ovarian Cycle:



follicular phase

ovulation

LH surge

Increase in estradiol to stimulate LH surge. Then estradiol has Negative feedback on GnRH to reduce LH, FSH.

estradiol

FSH

LH

neg feedback--GnRH

1 4 14 28

Endometrial

Proliferative phase (11 d)

Secretory phase (12d)

Cycle: menstrual

Chemical mechanics of ovulation:

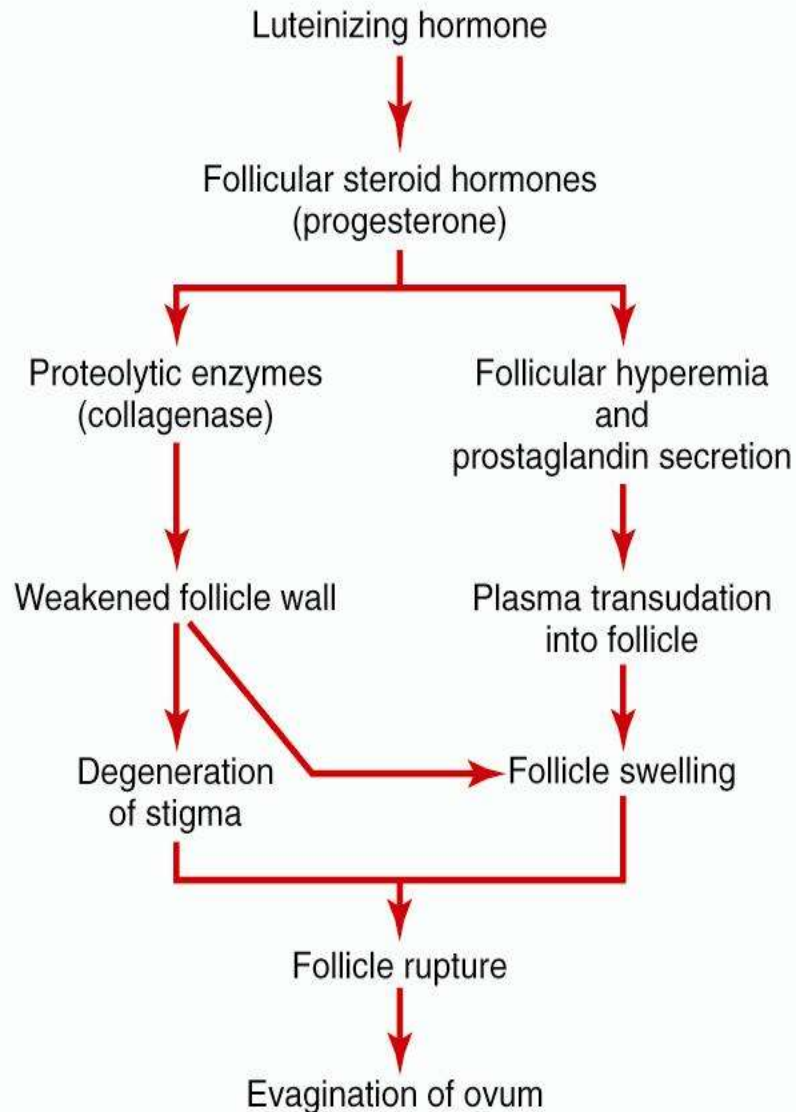
LH surge → prostaglandin endoperoxide synthase in granulosa cells (sets up pseudoinflammatory response)

FSH (some LH) stimulates release of plasminogen activator from granulosa cells (converts plasminogen to plasmin)

Prostaglandins E and F release lysosomal enzymes that digest follicular wall – not completely understood

“Stigma” – form on surface of follicle, balloons out, forms vesicle and ruptures – oocyte expelled

Process facilitated by intrafollicular pressure and contraction of smooth muscle in theca



Postulated mechanisms responsible for ovulation

Figure 81-5;
Guyton & Hall

Ovarian cycle – follicular phase – avg 15 d (range, 9-23 days)

ovulatory phase – 1-3 d – culminates with ovulation

luteal phase – 13 d – less variable than follicular

Endometrial cycle – menstruation, proliferative and secretory phases

Menstrual cycle – controlled by gonadotropins, gonadal hormones

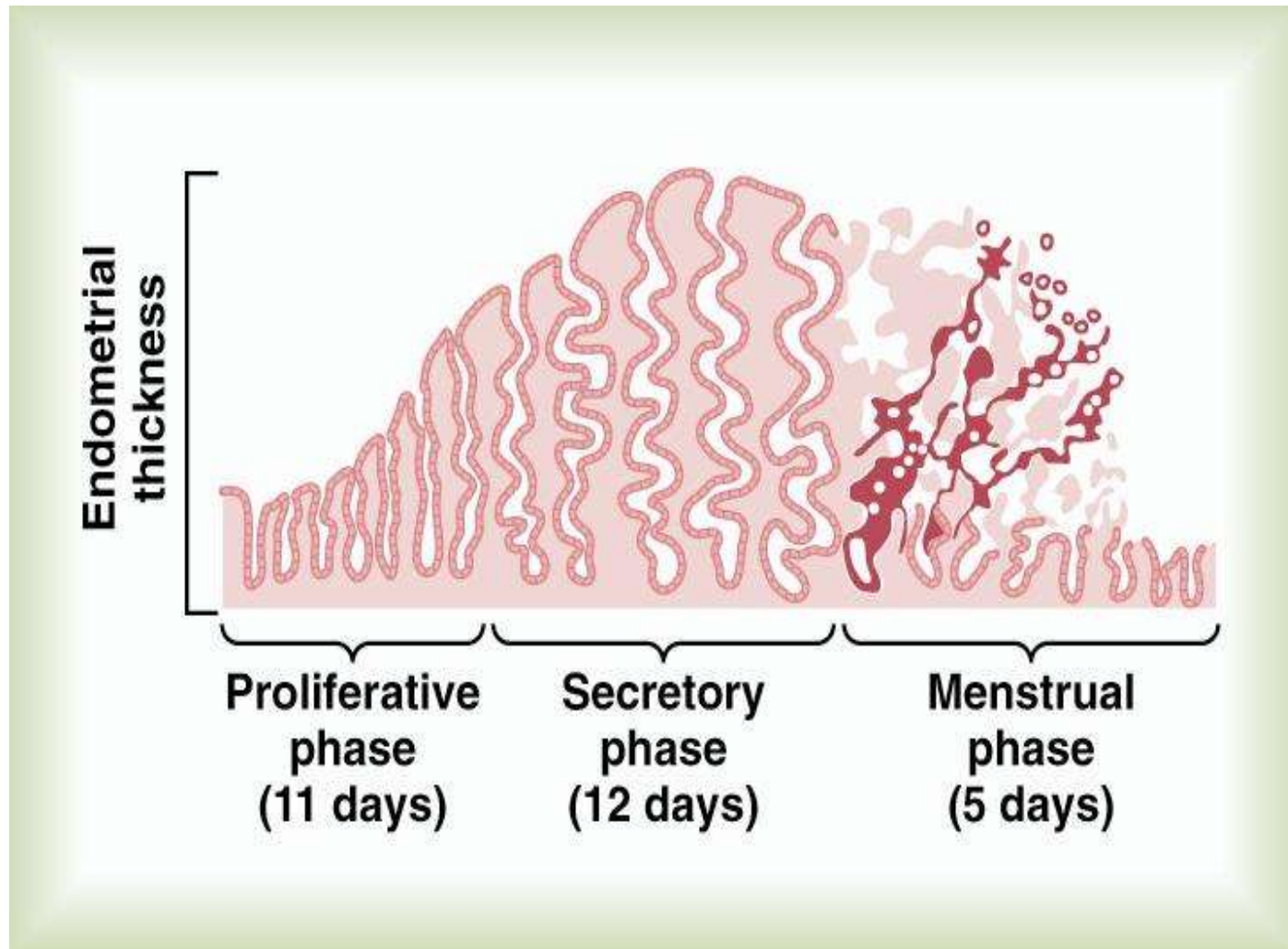
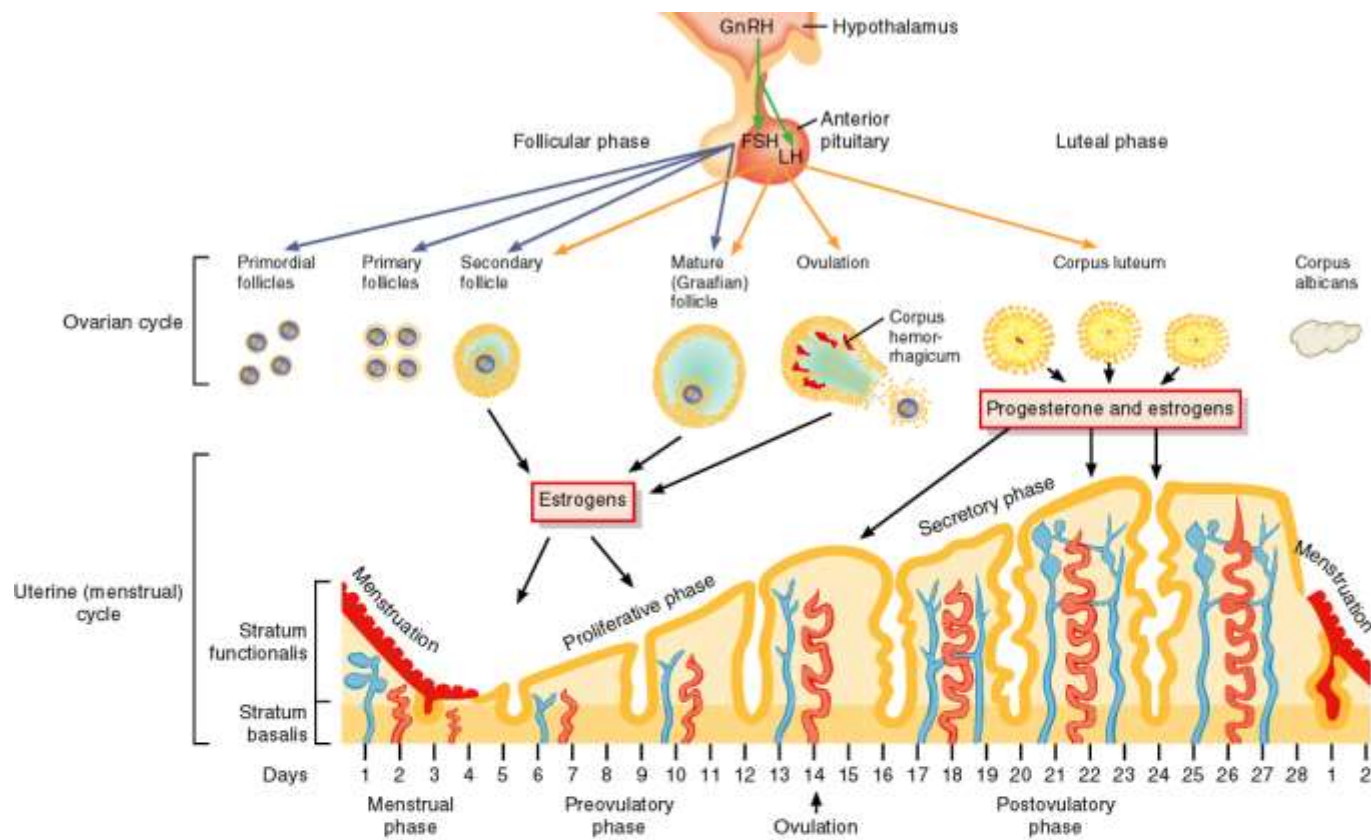
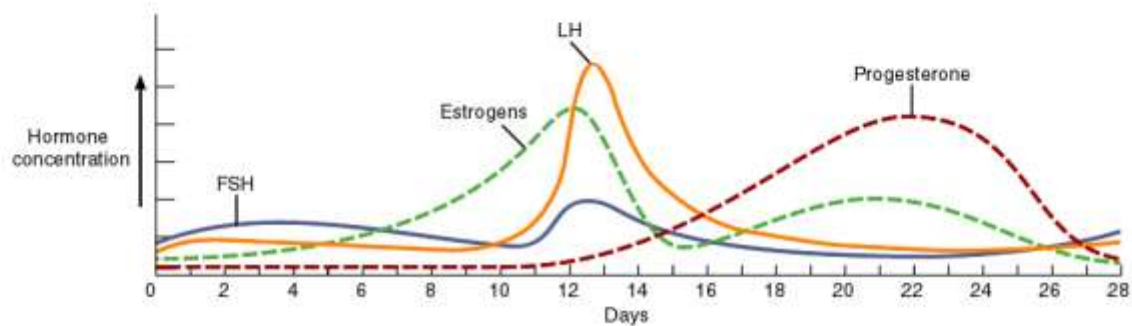


Figure 81-7; Guyton & Hall

Fig. 28.26

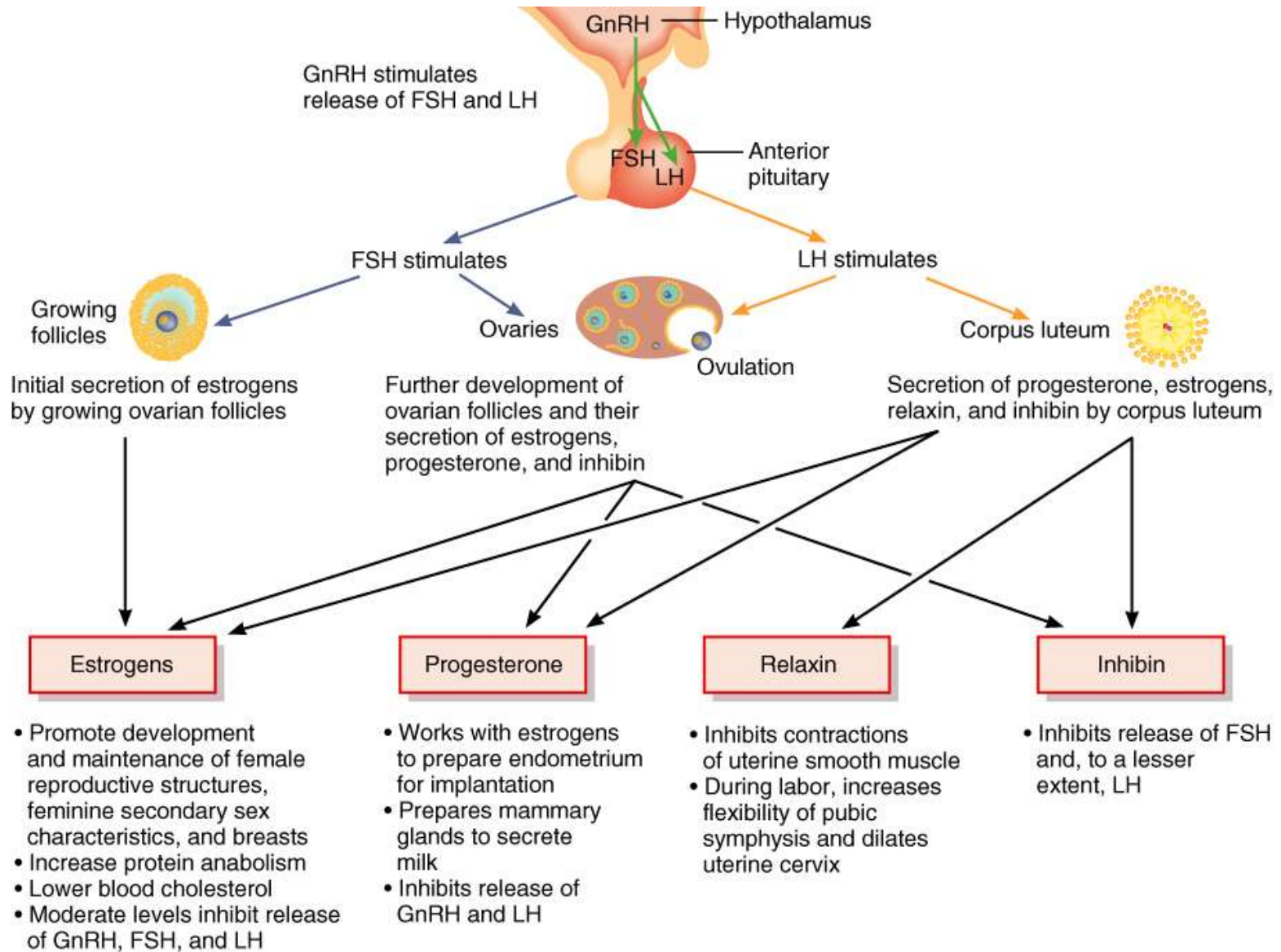


(a) Hormonal regulation of changes in the ovary and uterus



(b) Changes in concentration of anterior pituitary and ovarian hormones

Fig. 28.25



Differences Between Spermatogenesis and Oogenesis

1. In female, mitotic proliferation of oogonia occurs prior to birth. In males, spermatogonia proliferate only after puberty.
2. In female, meiotic divisions of oocyte produces only one mature ovum. In male, meiotic divisions of primary spermatocyte produces 4 mature spermatozoa
3. In female, second meiotic division is completed only upon fertilization. In male, the products of meiosis (spermatids) undergo substantial differentiation in the maturing process.

Estradiol – nuclear receptor (α and β)

– genomic effects:

–there may be membrane receptor as well

–acute effects:

increase IC Ca, vasodilation

–upregulates synthesis of ER and PR

–antioxidant

Functions of Estradiol

- External female sex organs:** at puberty, increase in size of fallopian tubes, uterus and vagina, external genitalia
deposition of fat in mons pubis
change **vaginal epithelia** from cuboidal to stratified type
endometrium: proliferation of cells and endometrial glands
(important in nutrition of fertilized ovum)
- Breasts:** fat deposition, development of stromal cells, ducts
(progesterone, prolactin important in milk production)
- Bones:** estrogen causes osteoclastic activity, so height increases after puberty, but epiphyses and shafts of bones unite early and growth stops

Functions of Estradiol

Fat deposition: more subcutaneous fat in women than men

Women: estrogens: hips and thighs fat deposition
(prior to menopause) then more abdominal

(Men: androgens: abdominal fat deposition)

Skin: increase vascularization of skin

Progesterone

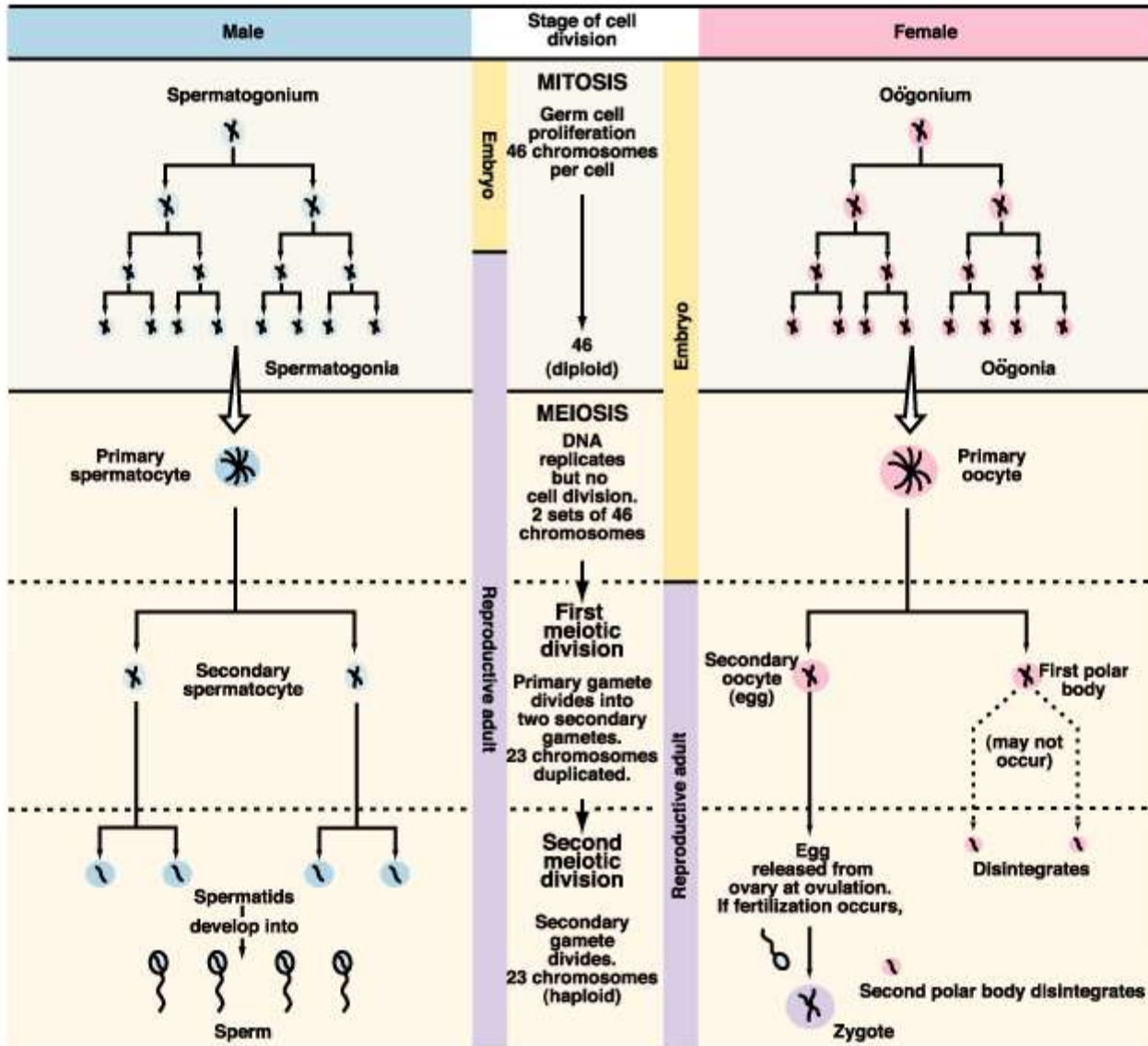
Nuclear receptor – interacts with progesterone regulatory elements on DNA

Progesterone receptor antagonist: mifepristone causes abortion and also inhibits hyperhydrocortisolism

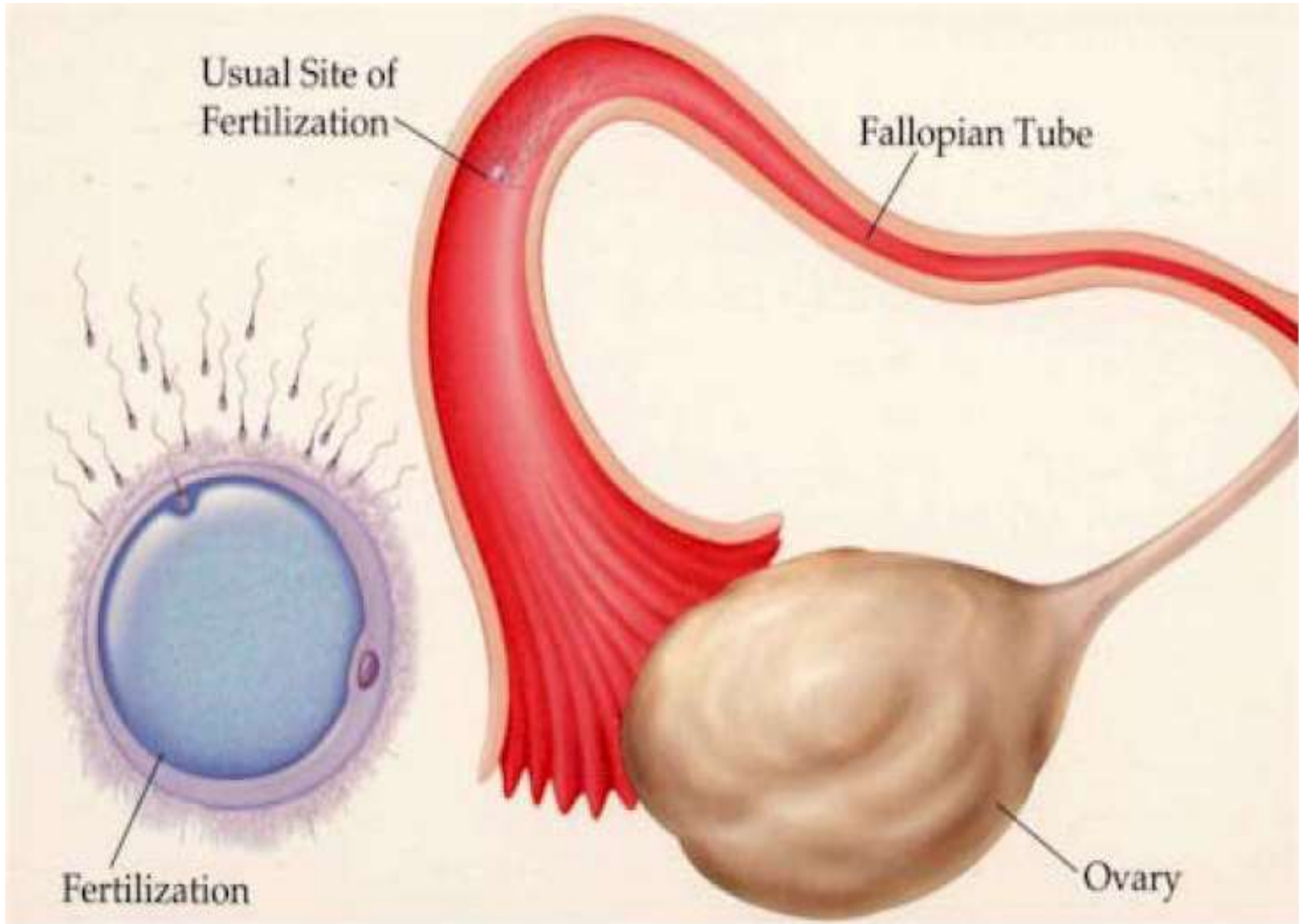
Inhibits estrogen receptor synthesis

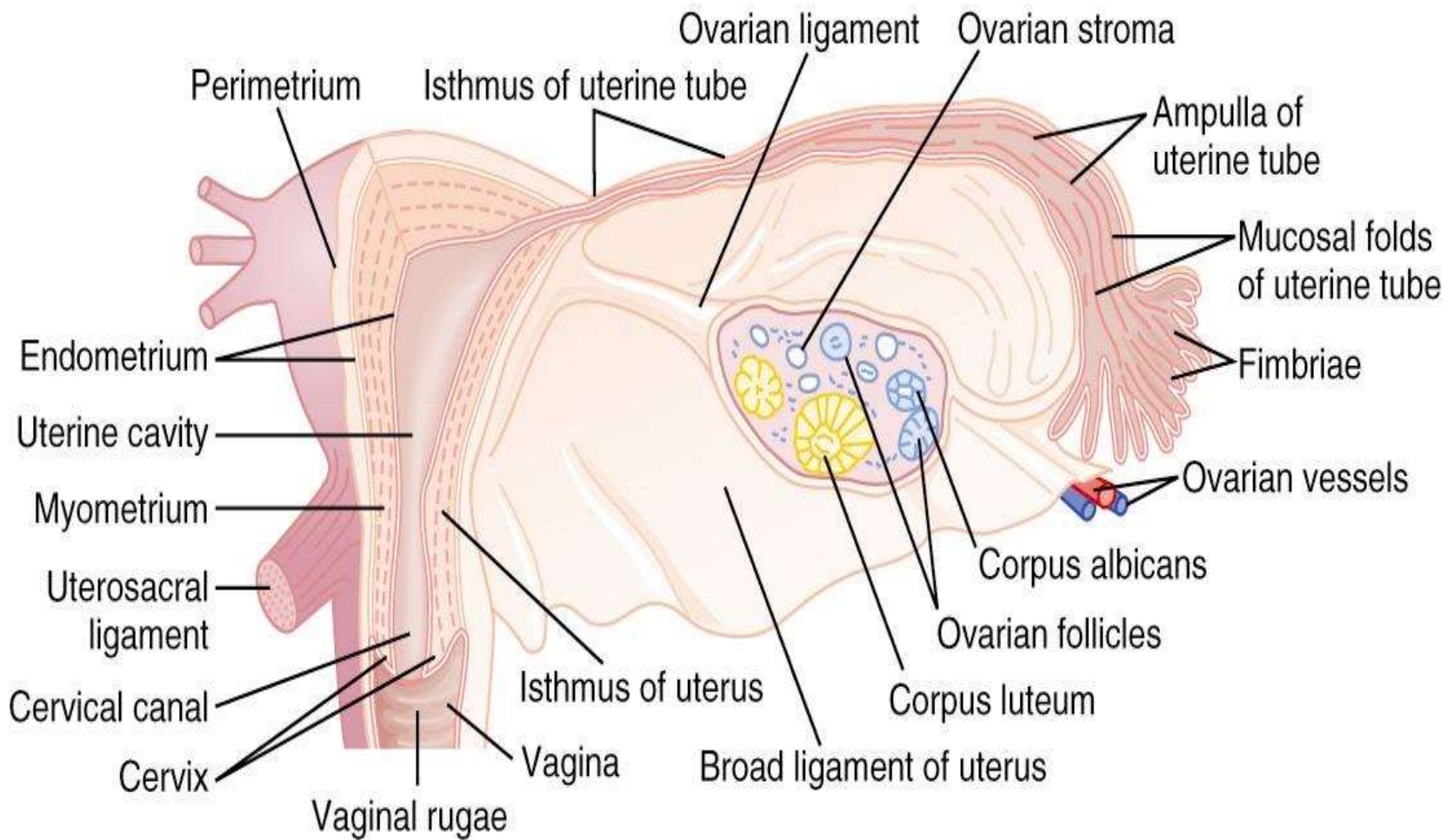
Causes endometrial proliferation during luteal phase

Puberty: transition from noncyclic, relatively quiescent reproductive endocrine system to state of cyclic reproductive function – begins with pulsatile GnRH/LH secretion during REM sleep

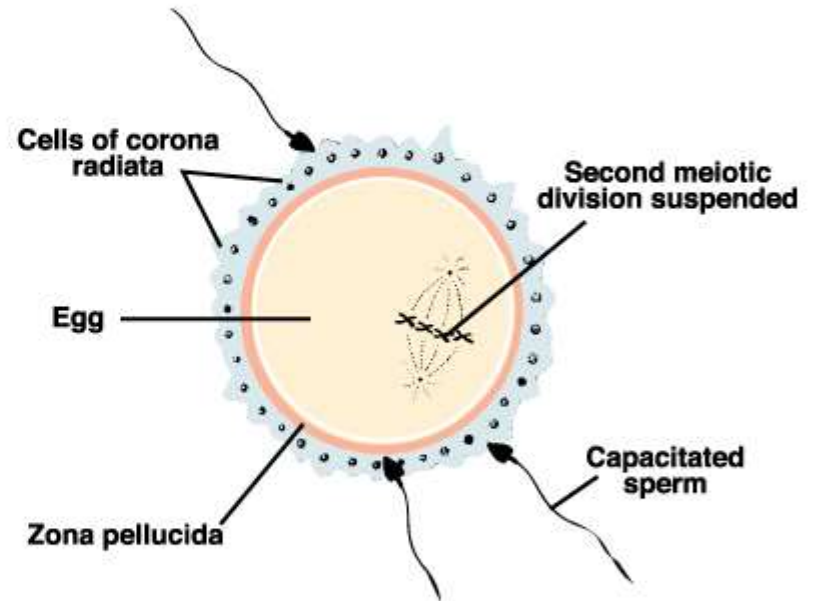


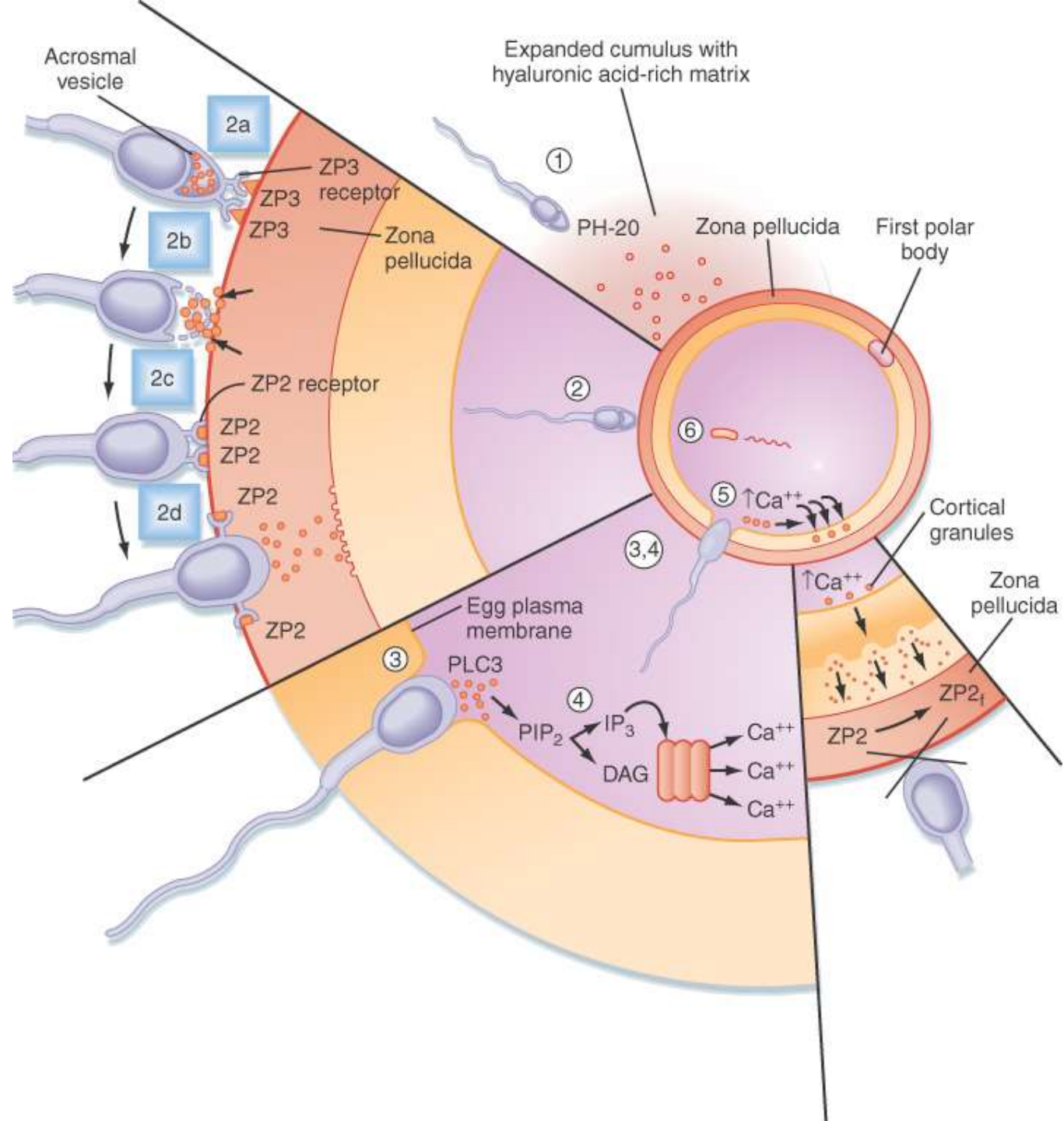
Fertilization & Implantation

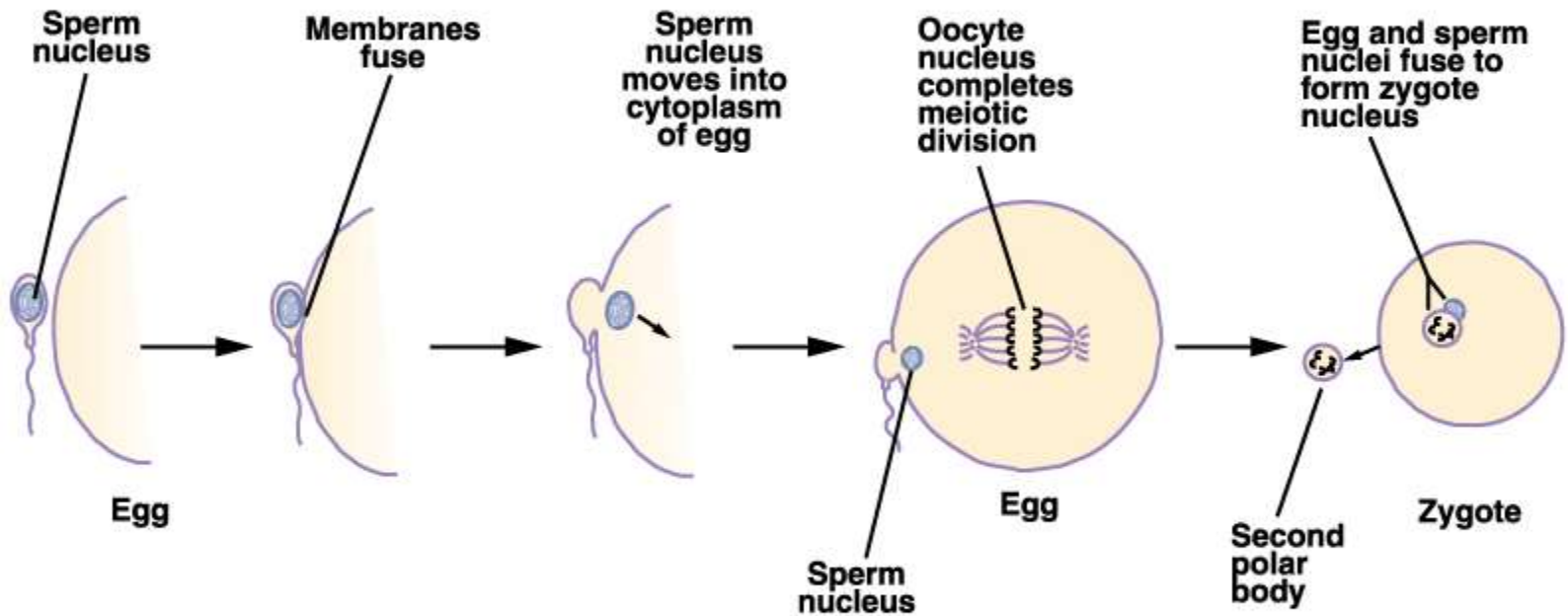




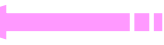








Maternal transcripts



Embryonic transcript

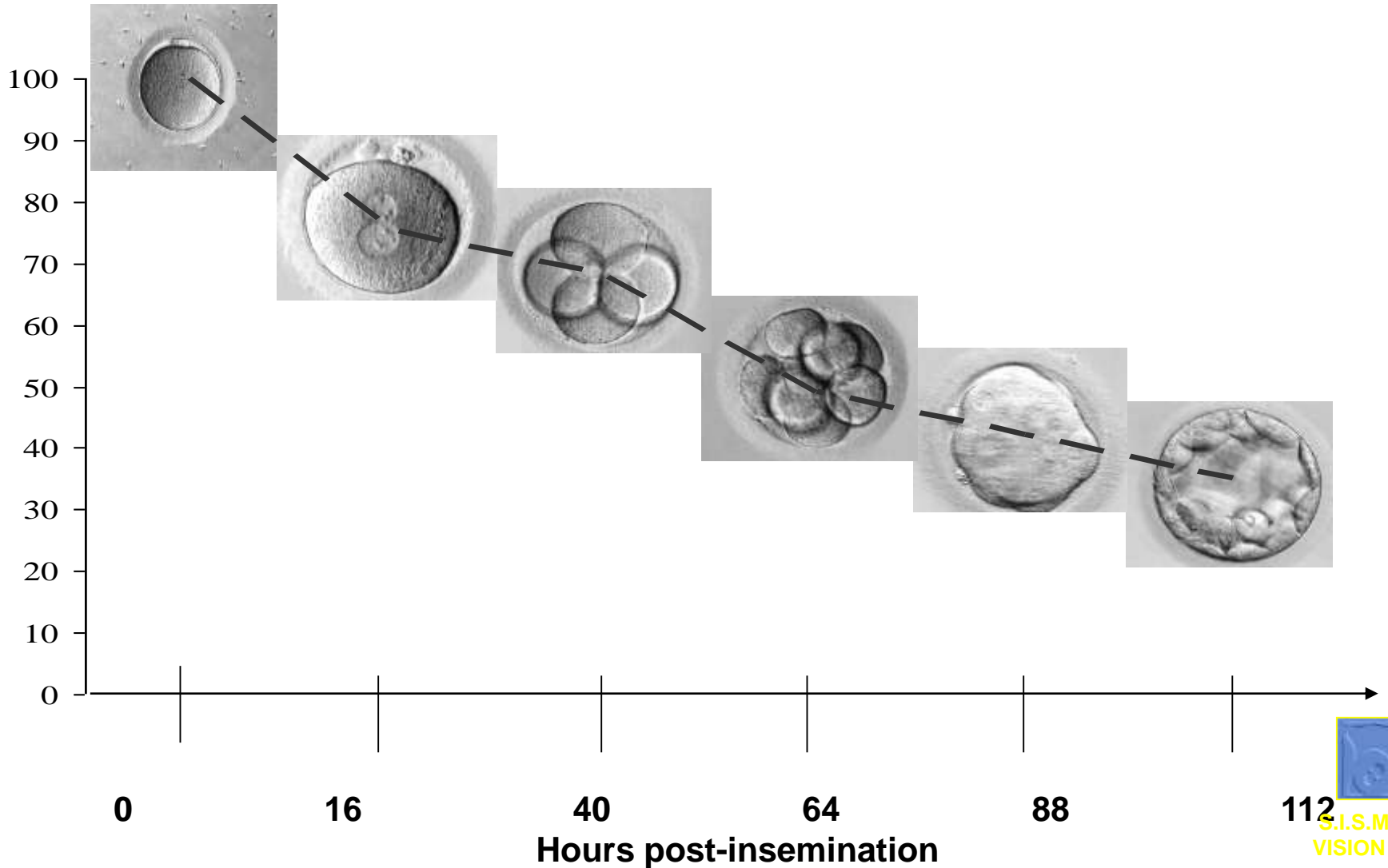
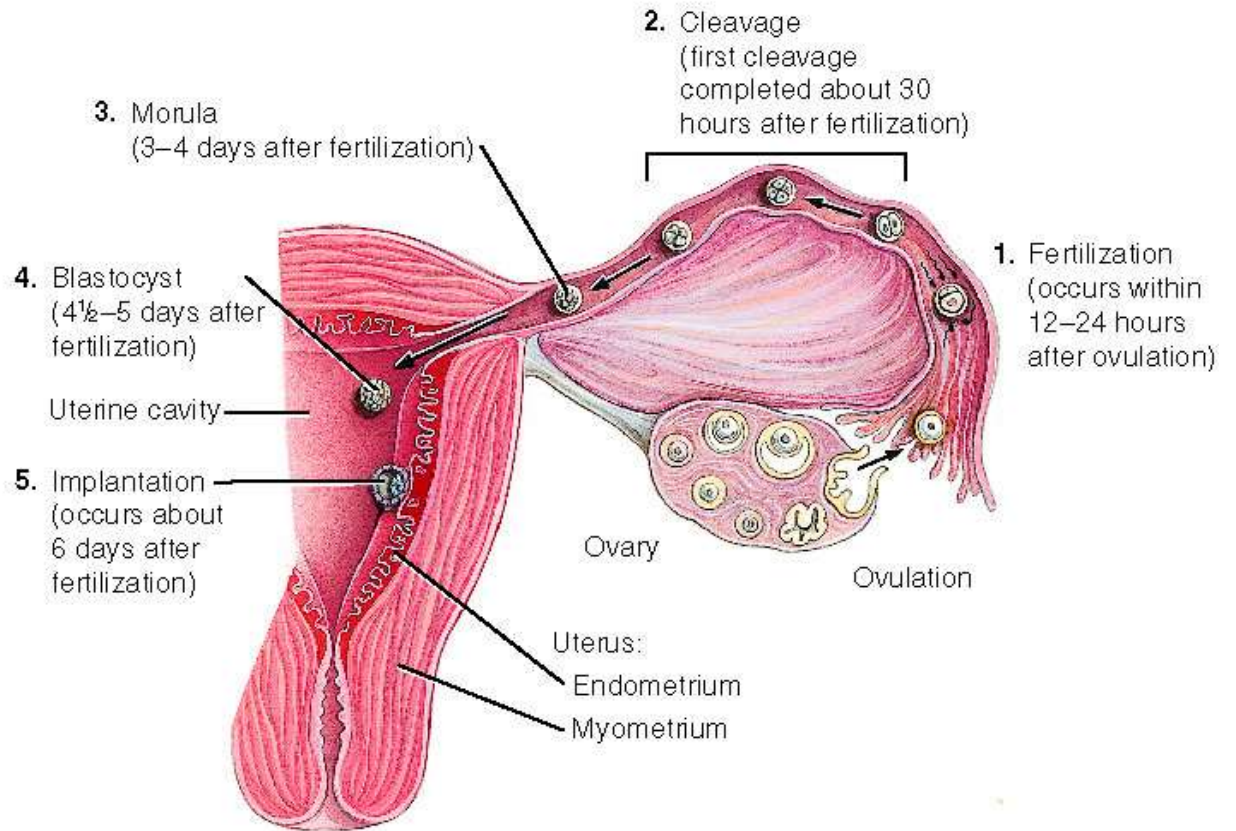
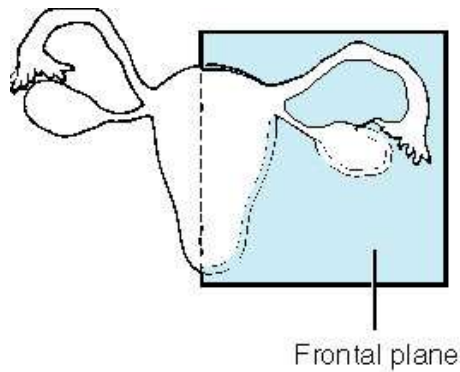


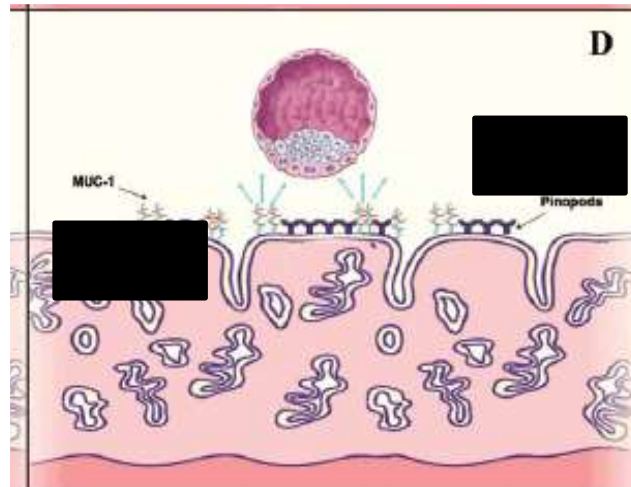
Fig. 29.05



Frontal section through uterus, uterine tube, and ovary

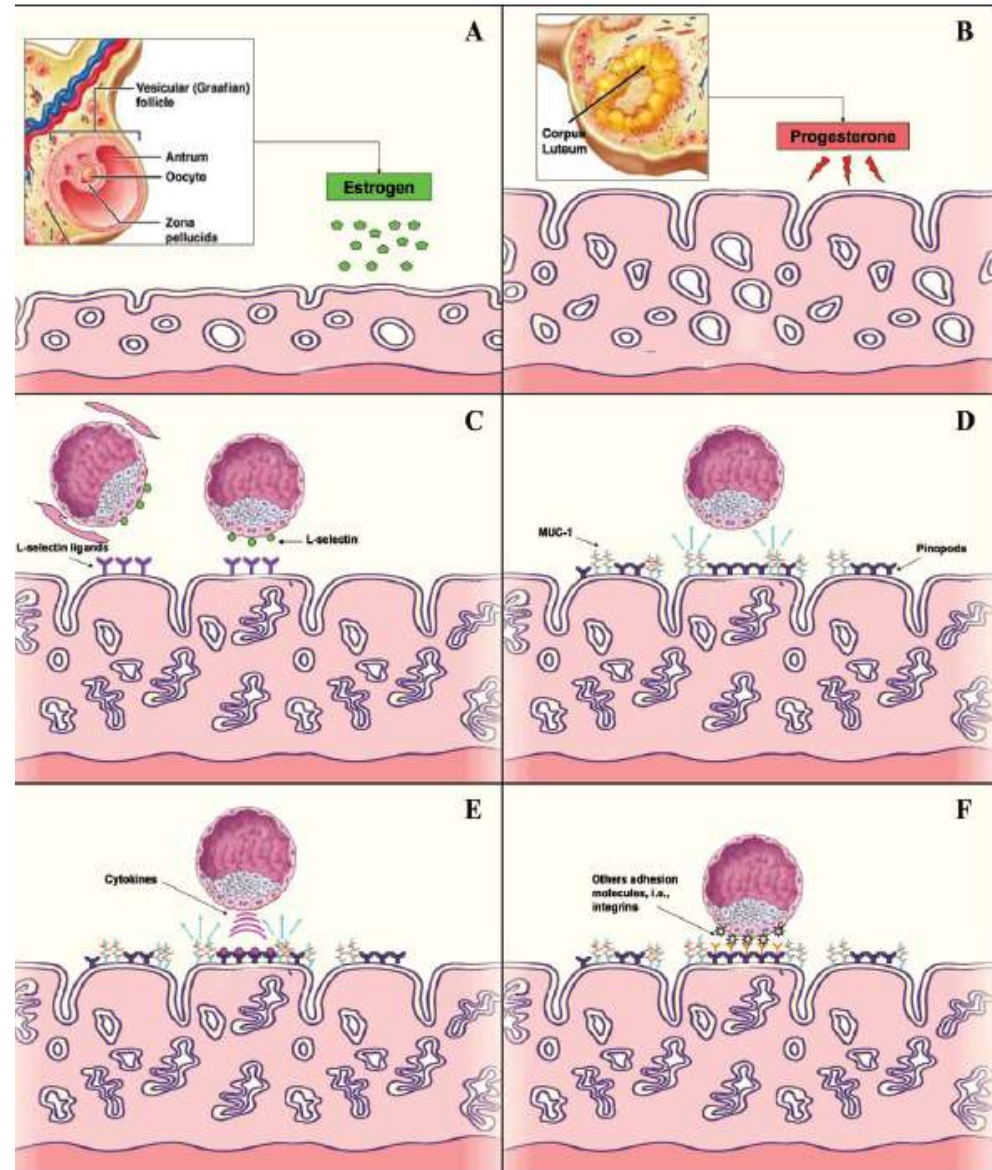
Requirements for implantation

- a receptive endometrium
- a functionally normal blastocyst
- an adequate cross-communication



Markers of implantation

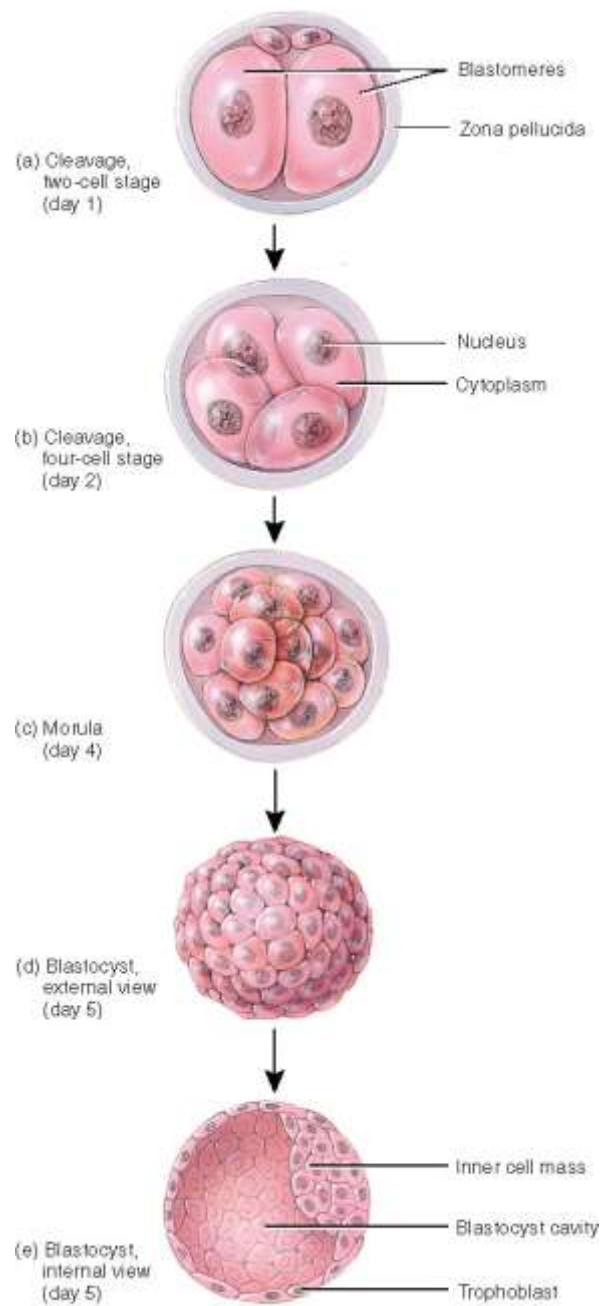
- **Endometrium:**
 - Integrin molecules, L-selectin ligands, mucin-1
 - Heparin-binding EGF
- **Embryo:**
 - cytokines and growth factor
 - interleukins; prostaglandins, VEGF
 - receptor for endometrial signals
 - LIF receptor, insulin-like GF and heparin-binding epidermal growth factor receptor



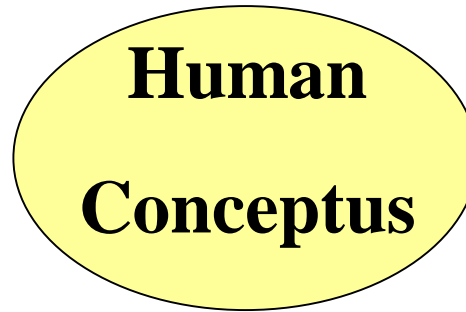
The implantation window

- LH day +6 to +10
- Phases:
signaling, apposition, attachment, invasion
- Key associated findings:
luminal epithelial pinopodes;
expression of adhesion molecules
and novel cytokines profile

Fig. 29.02



**Early invasion
phase**



uPA + tPA

MMP 2, 9

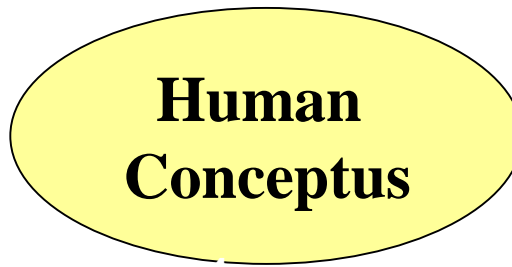


TI MMP

PAI

Endometrium

**Late invasion
phase**



**IL-6
IL-10**

TH₂ reaction

Blocking antibodies



cytotoxic cells

TH₁ reaction

**TNF- β
IFN γ**

Endometrium

T1 and T2 helper cells in implantation

T1 helper cells

Favours rejection

IFN- γ

IL-2

IL-12

TNF- α

T2 helper cells

Favours implantation

IL-4

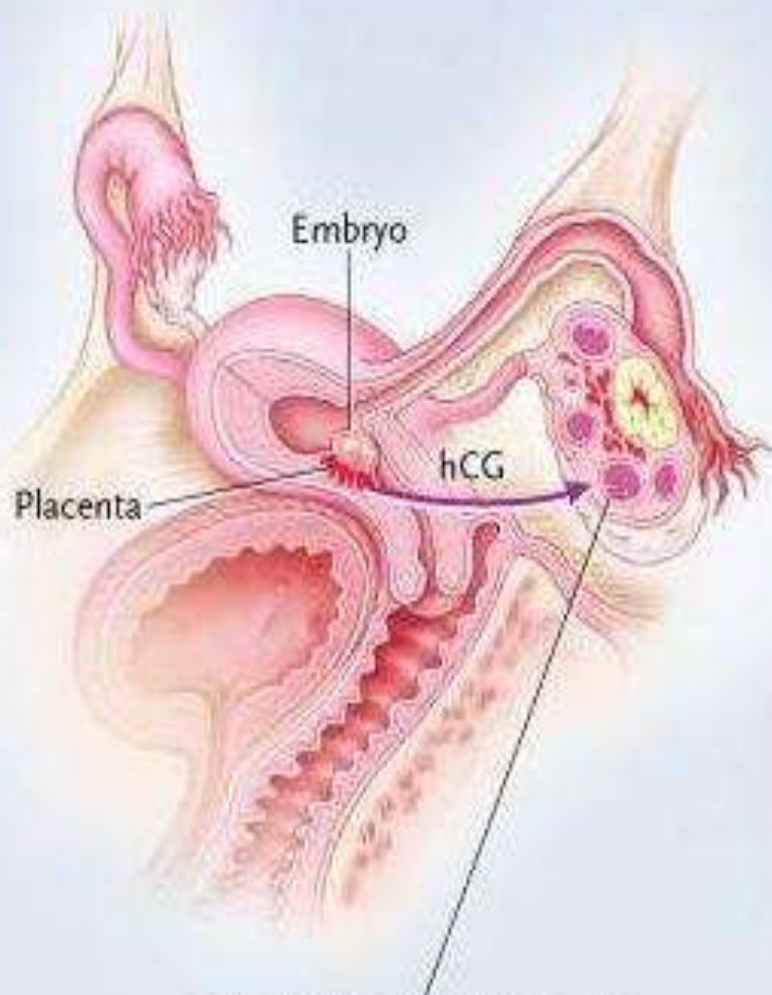
IL-5

IL-6

IL-9

IL-10

IL-13



hCG from the placenta causes hyperstimulation of the ovary with multiple follicle formation

Implantation failure

In normal fertile women, 78 to 83 % of embryos **fail** to implant (Wilcox et al, 1988; Elish et al, 1996)

In infertile women, 85 % of embryos **fail** to implant (Edwards et al, 1995)

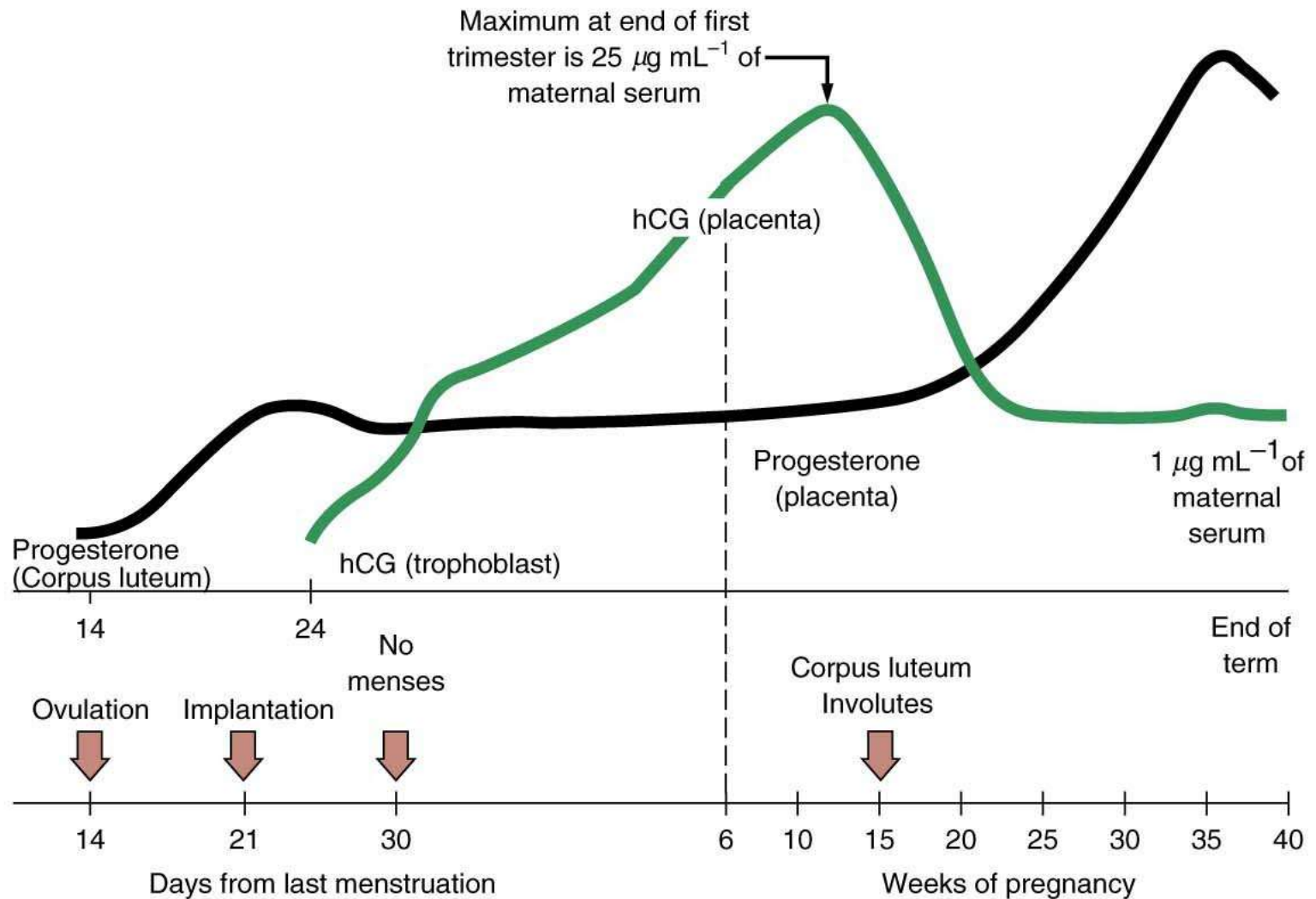
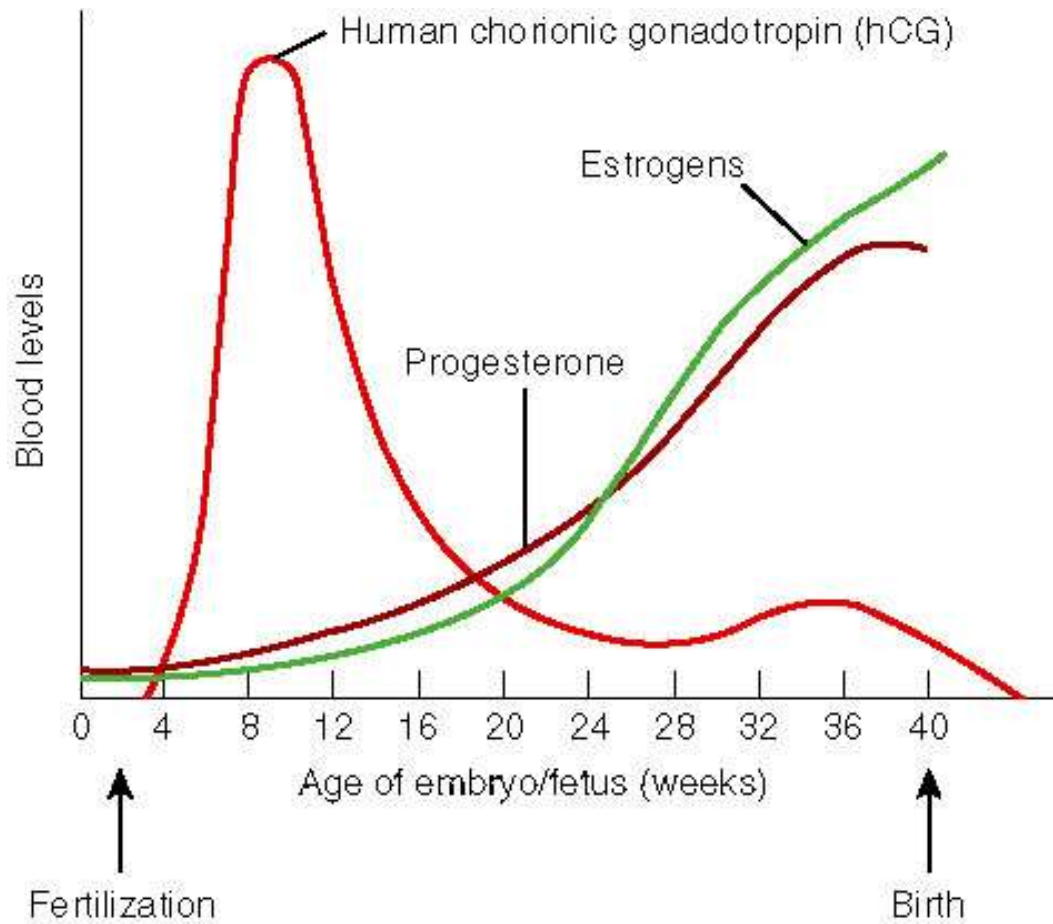


Figure 23.20. Effect of fertilization on ovarian cycle in terms of secretion of progesterone and human chorionic gonadotropin (hCG).

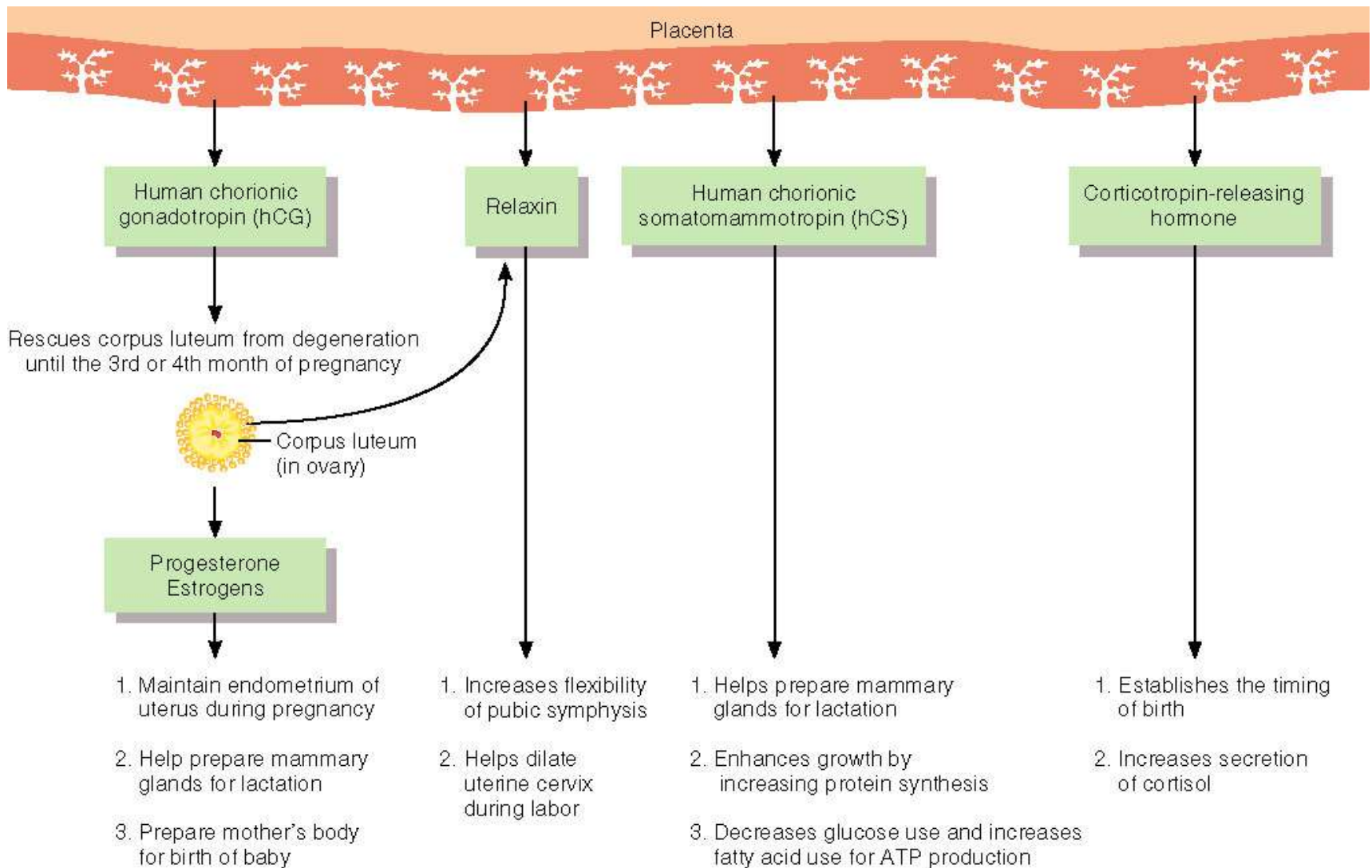
Fig. 29.16b



(b) Blood levels of hormones during pregnancy

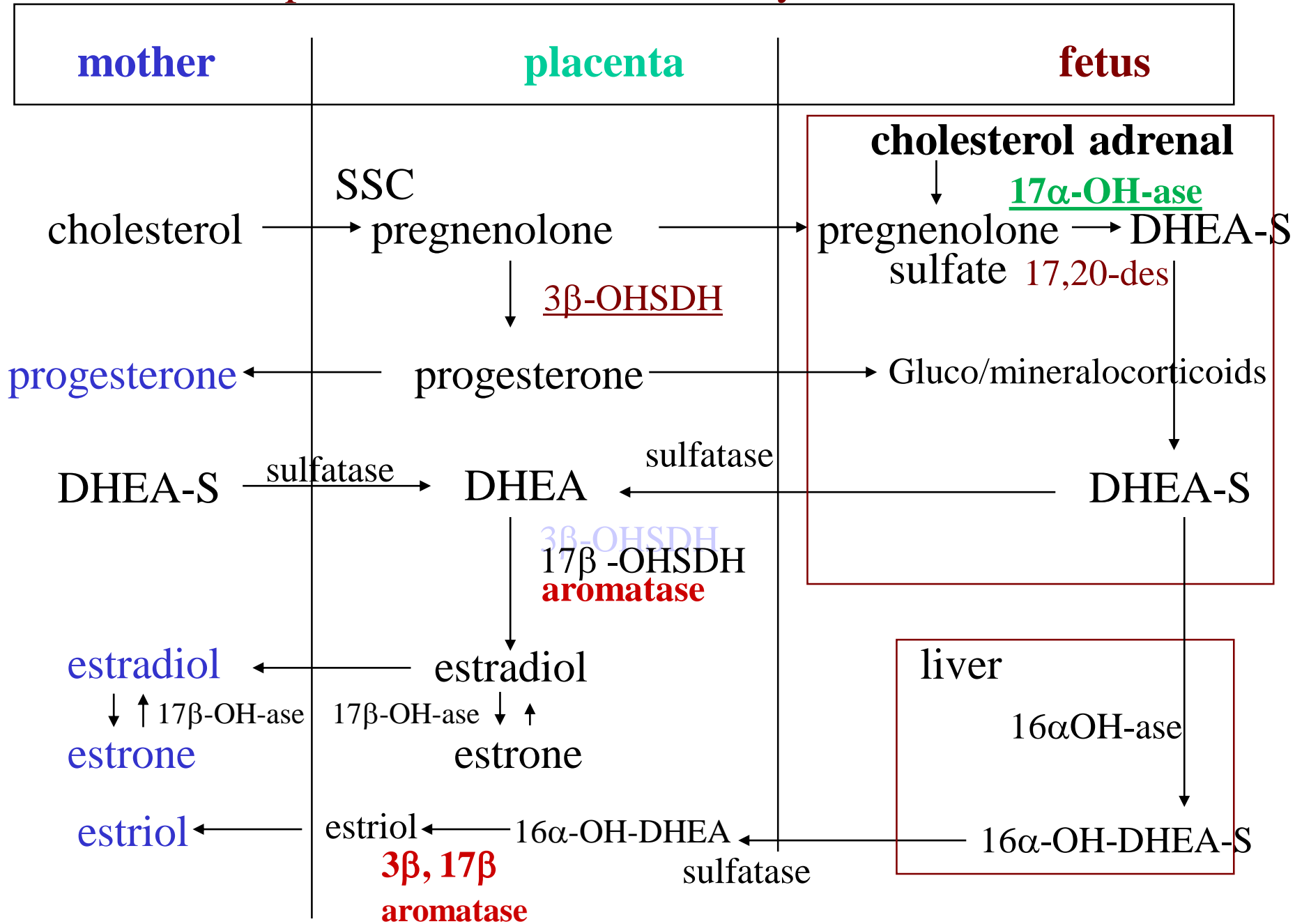
29.16b

Fig. 29.16a



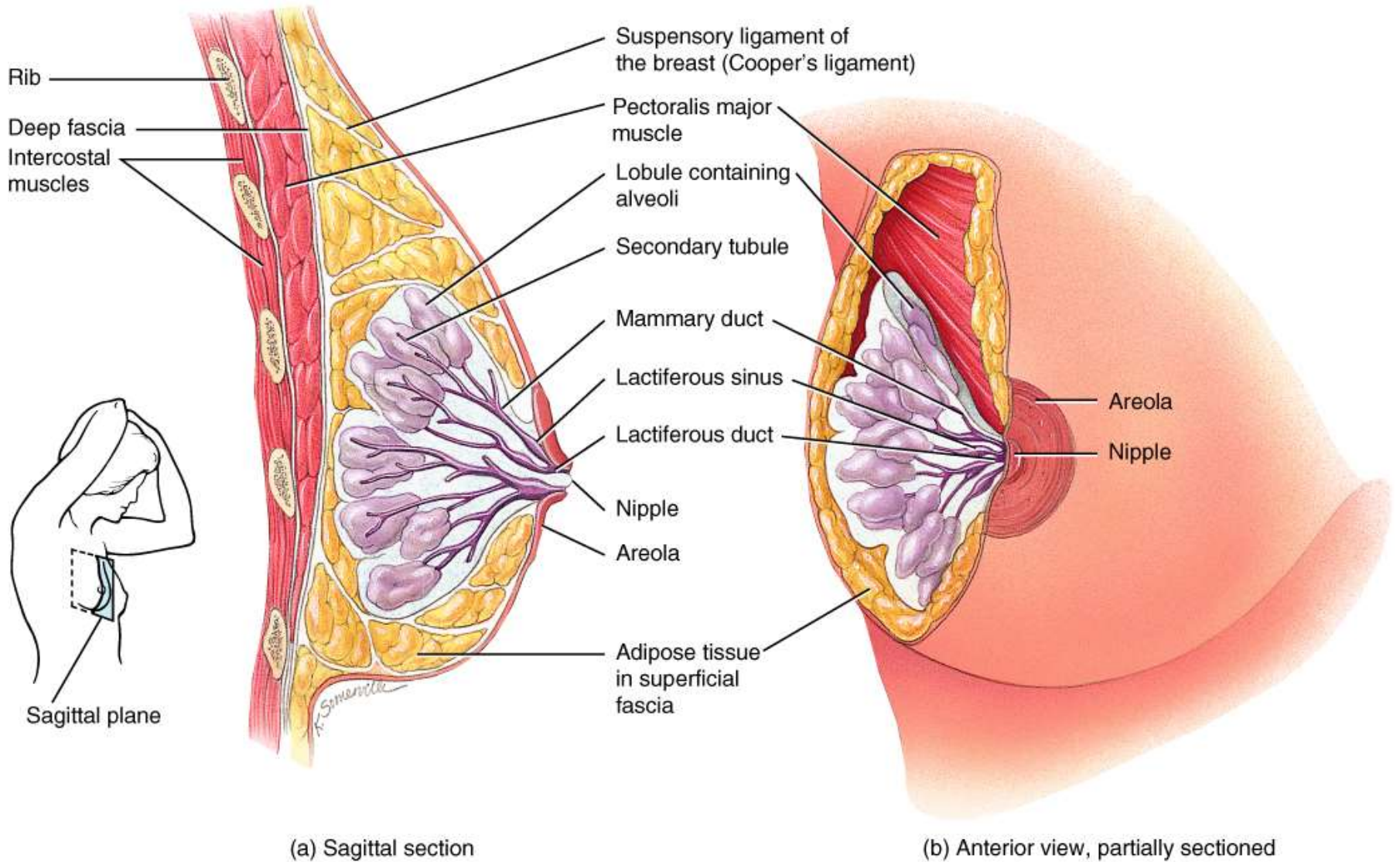
(a) Sources and functions of hormones

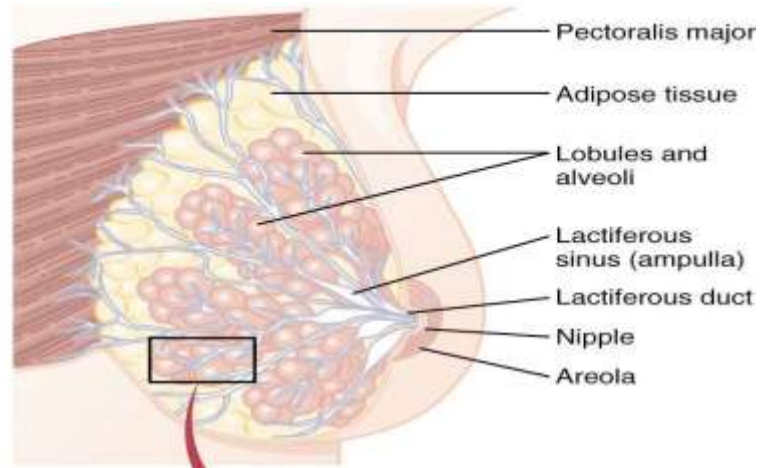
Maternal-feto-placental steroid hormone synthesis



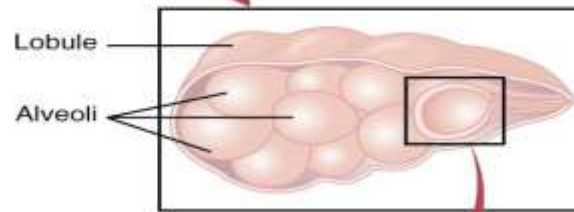
Lactation

Fig. 28.24

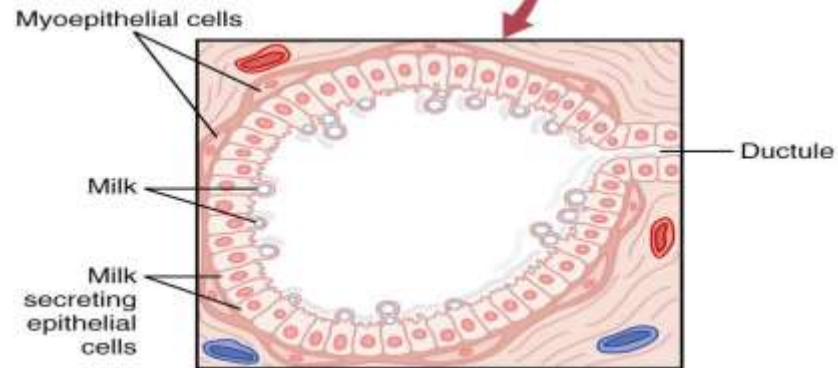




A



B



C

Regulation of Prolactin secretion

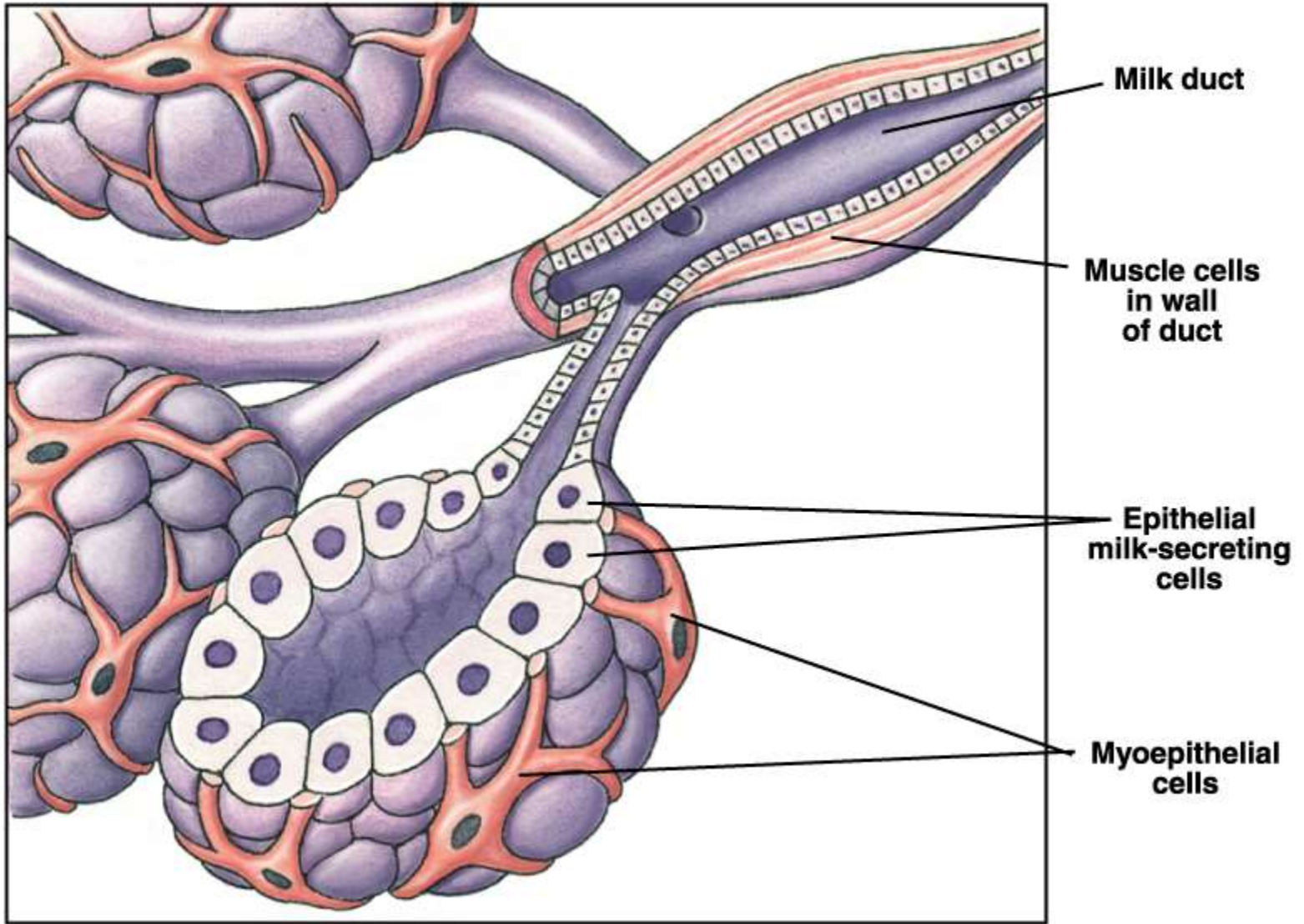
Stimulation

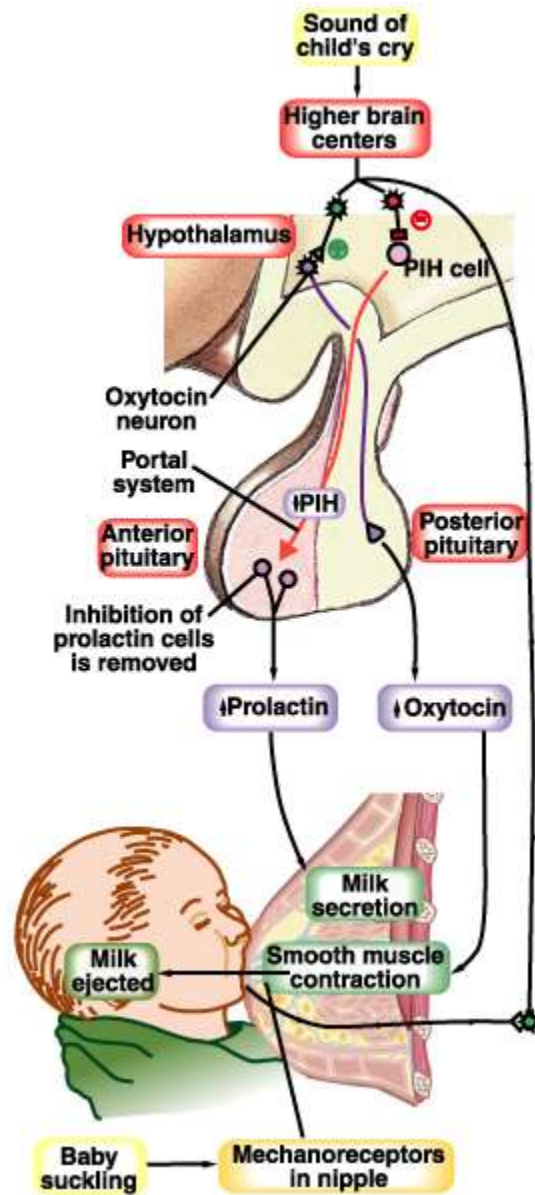
Pregnancy
Estrogen
Nursing-breast manipulation
Sleep
Stress
TRH
Dopamine antagonist

Inhibition

Dopamine
Dopamine agonist
Somatostatin
GnRH associated peptide
Prolactin

- 1. Growth and development of the mammary glands - primarily**
- 2. Milk production - requires prolactin, insulin and glucocorticoids**
- 3. Neuroendocrine mechanisms - sucking causes prolactin and oxytocin release**
- 4. Milk let-down reflex - necessary for the infant to obtain milk**
- 5. Control of prolactin secretion - suckling releases prolactin, the more the infant is nursed, the more milk is produced**
- 6. Lactation and resumption of ovarian cycles**





Puberty: transition from quiescent reproductive endocrine system (inability to reproduce) to state of reproductive function (ability to reproduce) – begins with pulsatile GnRH/LH secretion during REM sleep

What determines age at puberty:

genetics

nutrition

geographic location

exposure to light

body composition, fat deposition

exercise

Menarche has been occurring **earlier** in past few decades in US and Europe

Distance from equator, higher altitudes

Puberty

Range of onset: 9-14 years of age

Completion of pubertal development: 2-4.5 yr

1st sign: enlargement of testes to greater than 2.5 cm—growth due to increase in size of seminiferous tubules, Leydig cells

Androgens from testes are driving force for secondary sex characteristics – adrenal testosterone also plays a role

Menopause- Andropause

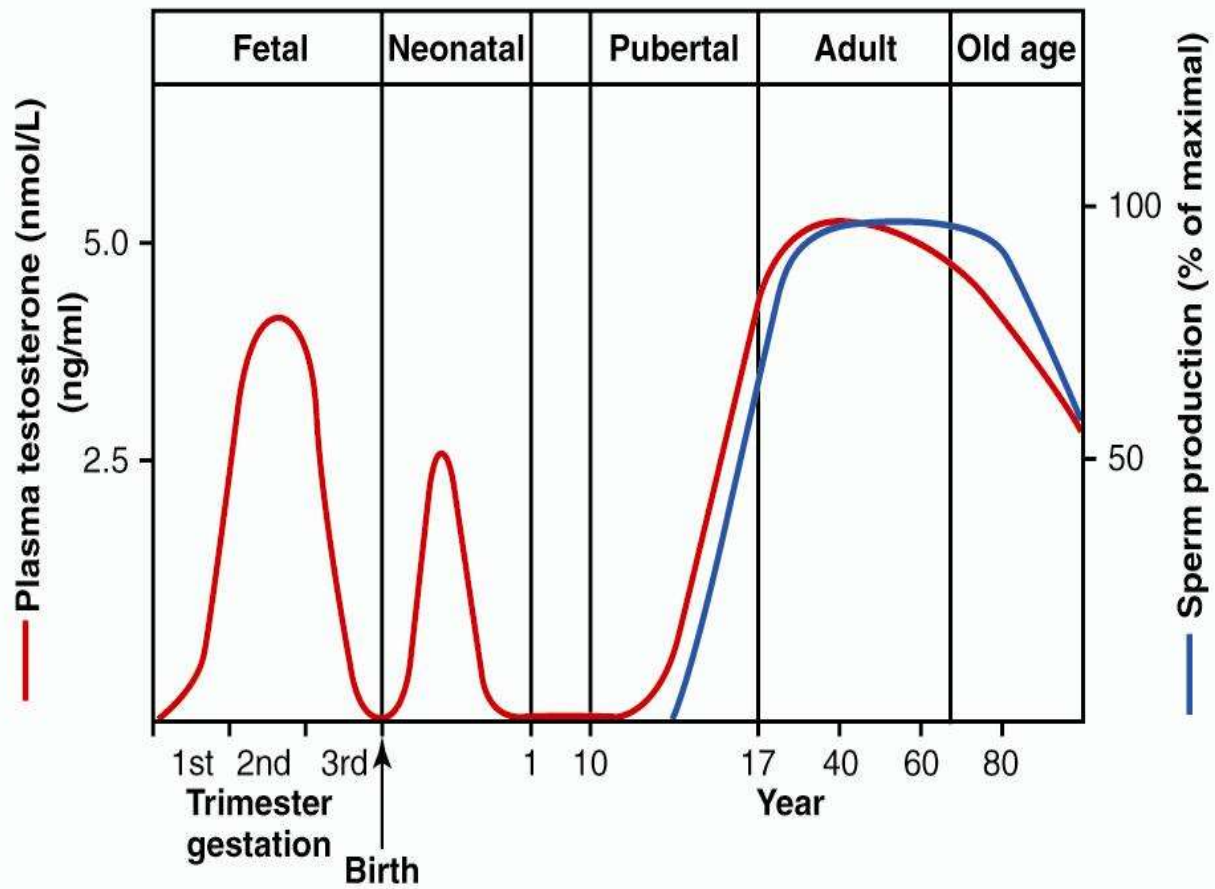


Figure 80-9; Guyton & Hall

Menopause

Defn: obsolescence of ovaries, no estradiol production, ova only occasional secondary follicle, few primary follicles
Occurs at \approx 50 yr of age (average)

Due to reduction in estrogen, low levels of inhibin, no negative feedback of LH and FSH; therefore, high levels LH and FSH

Can occur naturally, due to surgery or as a result of chemotherapy

Ovarian Aging

- ❖ Physiologic
- ❖ Premature



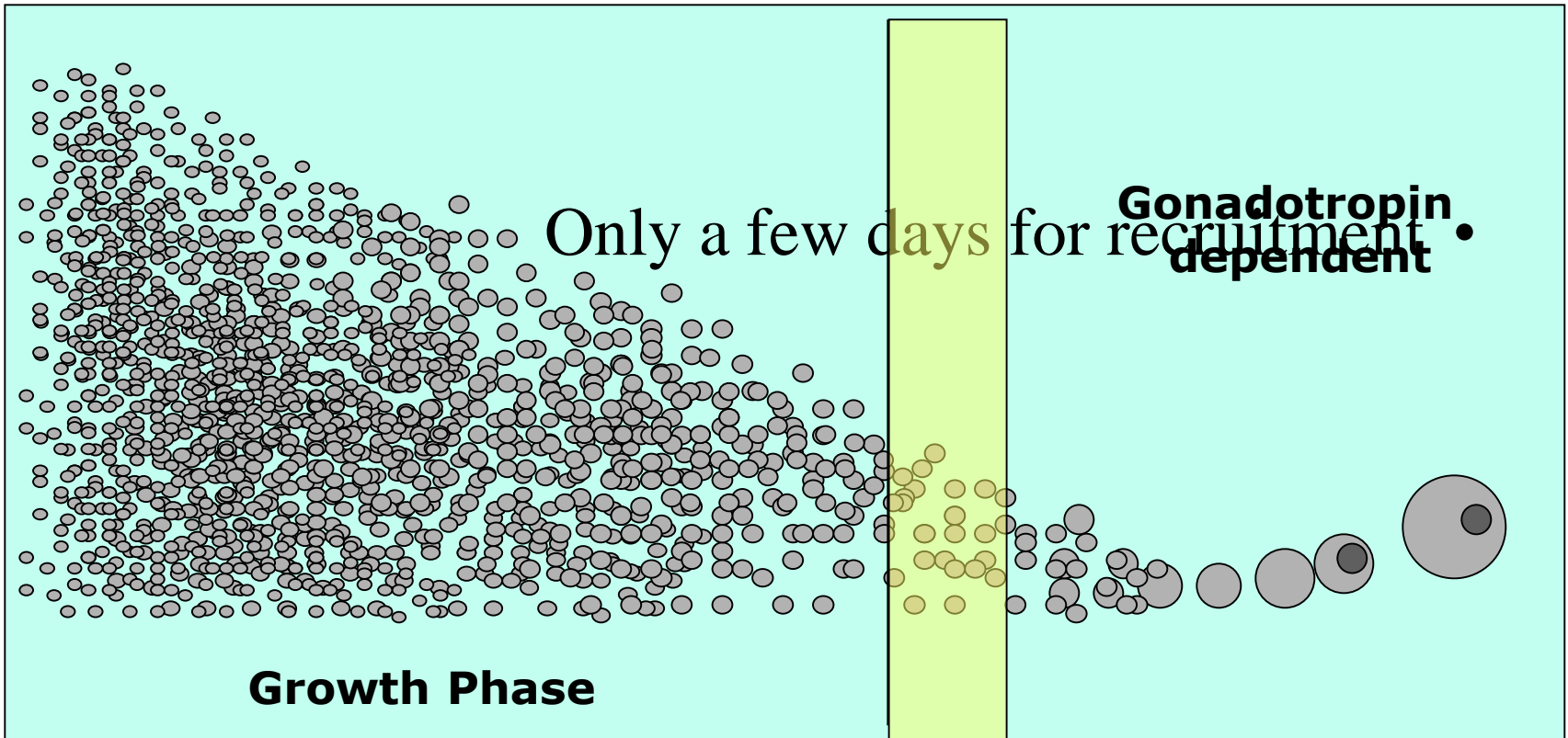
RECRUITMENT AND MATURATION IS
AFFECTED BY AGE



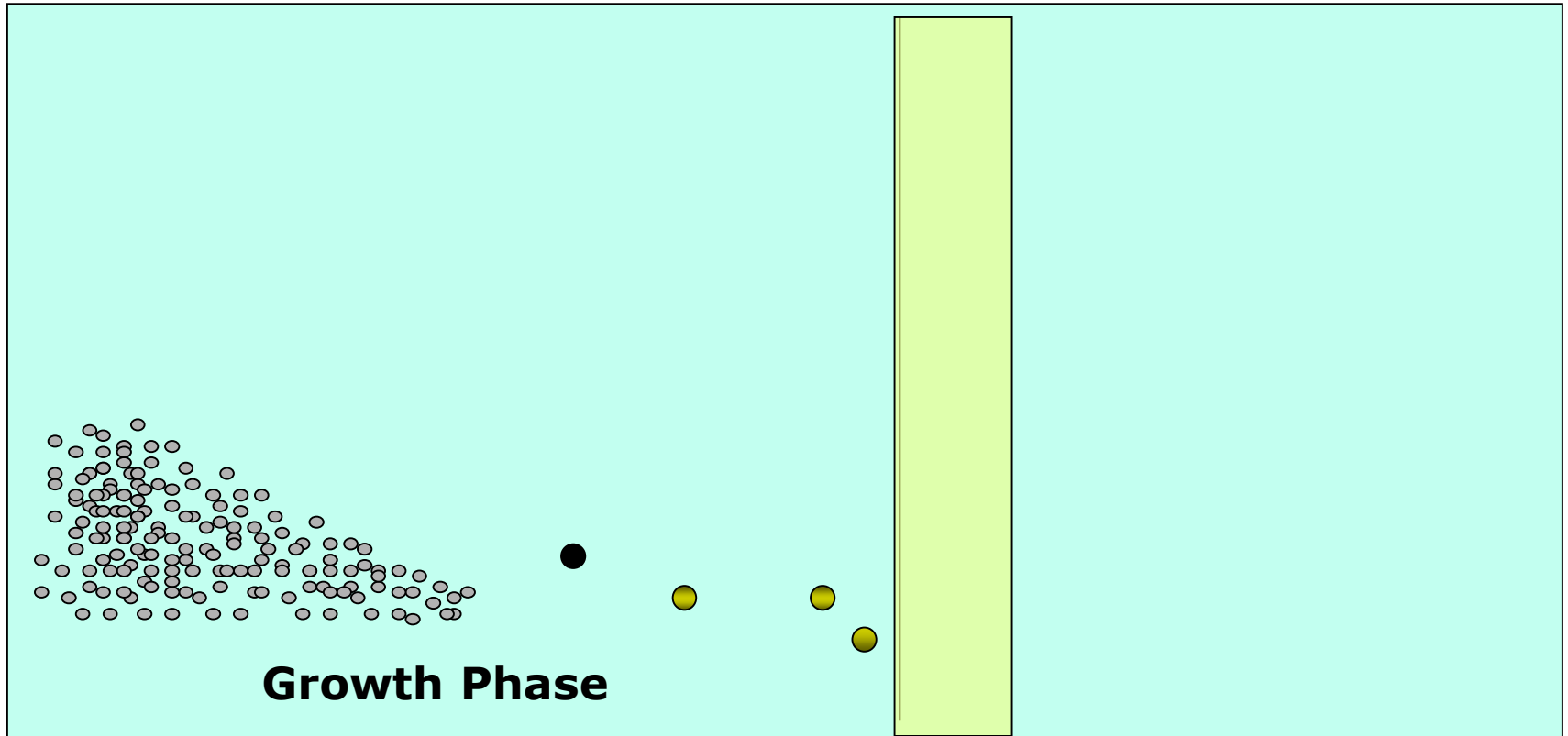
FEMALE FERTILITY DECLINES



Follicle Growth

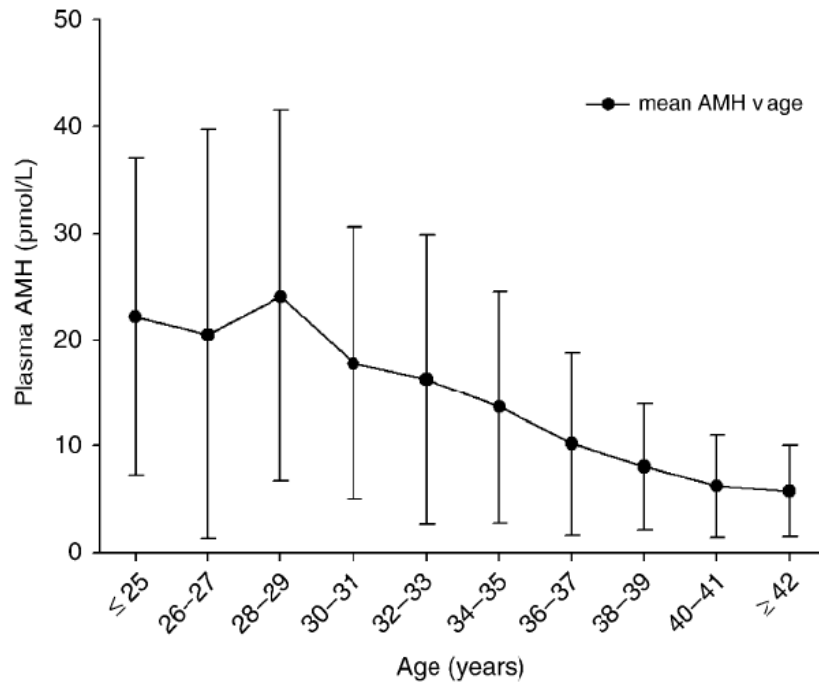


Follicle Growth



AMH

Termellen KP et al: Australian NZ J Obstet Gynecol 2005; 45:20-24



**AMH decreases
with age**

Figure 1 Early follicular phase (day 3-5) anti-müllerian hormone (AMH) over the reproductive age range. Mean \pm standard deviation plotted.

Physiological Age-Related Fertility Curve (Range) and Parallel Curves Shifted towards Younger Age and Suggestive of POA

